



一、单项填空 (16 小题, 每小题 0.5 分, 共 8 分)

- () 1. Amy and I watched a sad movie yesterday. It made _____ cry.
A. we B. us C. ours D. our
- () 2. _____ September 11, 2001, I woke up at around 10 a.m. and realized that my alarm had never gone off.
A. On B. For C. At D. In
- () 3. --- _____ do you play basketball? --- Twice a week.
A. How many B. How much C. How often D. How long
- () 4. There are _____ wonderful places to visit in Australia. I am sure you will have a good time!
A. much B. many C. few D. little
- () 5. Overseas study can help you improve your English, _____ it is quite expensive to live in another country.
A. so B. or C. but D. because
- () 6. In order to perform well in the English Speech Contest, I worked even _____ than before.
A. harder B. hardest C. hard D. as hard as
- () 7. Which country is _____, China, America or Canada?
A. large B. larger C. largest D. the largest
- () 8. Teenagers _____ learn to communicate with their parents. It is no use shouting back or keeping silent.
A. might B. should C. may D. would
- () 9. I used to hate climbing mountains, but now I _____ climbing every Sunday.
A. went B. has gone C. going D. go
- () 10. --- What were you doing at 9 p.m. yesterday? --- I _____ an article about health.
A. read B. have read C. was reading D. am reading
- () 11. Alice is my best friend. We _____ each other since we were very young.
A. have known B. know C. had known D. knew
- () 12. Look! Mark _____ the flowers in the garden.
A. was watering B. is watering C. waters D. watered
- () 13. I think books _____ in the future.
A. was replaced B. is replaced C. will replace D. will be replaced
- () 14. If our government develops laws to protect the sharks, the number of sharks _____.
A. increases B. has increased C. increased D. will increase
- () 15. ---Could you tell me _____? ---Sorry, I am new here.
A. where the post office is B. where is the post office
C. where the post office was D. where was the post office
- () 16. --- Do you still remember _____ last April Fool's Day? --- Yes. We played jokes on Tony.
A. what we do B. what do we do C. what we did D. what did we do

二、方框选短语（16小题，每小题0.5分，共8分）从方框中选择合适的短语完成句子，短语不需变形。

A. set out	B. divided into	C. connect...with	D. play a part in
E. are strict with	F. show up	G. let...down	H. stay in touch with

- ()17. The students are _____ four groups in the competition.
 ()18. It began to rain when we were about to _____. So we canceled the trip.
 ()19. Everyone should _____ saving the earth.
 ()20. You will_____ your parents _____ if you make the same mistake again and again.
 ()21. He was ill, so he didn't _____ at the party.
 ()22. You should _____ what you need to learn _____ something interesting.
 ()23. My parents _____ me, but I know they love me very much.
 ()24. After graduation, I will still _____ my teachers and friends in high school.

A. stands for	B. depend on	C. be surprised at	D. suffer from
E. make an effort to	F. have nothing against	G. take action	H. regretted playing

- ()25. I got bad grades last term and I really _____ with the mobile phone after class.
 ()26. He is very honest. He is a person that you can _____.
 ()27. BNDS _____ Beijing National Day School.
 ()28. Your parents will _____ how much progress you have made and they will be proud of you.
 ()29. Liu Yu's parents _____ running but they think he should spend more time on schoolwork.
 ()30. Let's_____ and protect the wild animals together.
 ()31. You should_____ deal with the problem by yourself.
 ()32. A few people stay up too late and they sometimes _____ headache, which is bad for their health.

三、完型填空（8小题，每小题1分，共8分）

I had to read *The Secret* several times in order to get and understand the core meaning of the book. I said to myself that ___33___ what the book said was true, I was going to give it my very best. When looking back at my past, I noticed that I had always been ___34___ by negative thoughts with my subconscious mind (潜意识) and not really thinking about the results of those.

I had taken an exam three times to get admission(录取) in the field I was going to ___35___. However, after meeting with failures many times, I felt hopeless, upset and ___36___. I didn't know what I should do. I had asked my friends for help, but their ___37___ didn't help me, either. One day I came across *The Secret* and borrowed it at once when I borrowed other books from the library. After I read *The Secret* several times and practiced it a lot with small things, ___38___ I learned its meaning bit by bit. I am not an expert yet now, so I still study it every day. I value the book and the author. Without it, I would not have ___39___ what I had always desired. I did not get the top score, but I did get progress in my study! I am now going to get top marks in this study, which is my new goal.

It was my luck that eventually brought this book to me and it is the book that lets my effort ___40___ off. I strongly believe that I can achieve more with it in the future.


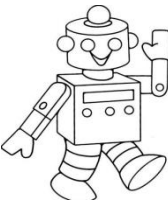


- ()33. A. because B. unless C. whether D. if
 ()34. A. tested B. disappointed C. troubled D. encouraged
 ()35. A. study B. discuss C. live D. apply
 ()36. A. unfair B. annoyed C. lost D. unclear
 ()37. A. skills B. suggestions C. calls D. actions
 ()38. A. correctly B. especially C. surely D. gradually
 ()39. A. discovered B. achieved C. missed D. dropped
 ()40. A. pay B. get C. give D. turn



四、阅读理解（13 小题，每小题 2 分，共 26 分）

A

AI (人工智能) makes our lives easier and better. Let's see the amazing AI.

	<p style="text-align: center;">Popular AI artist</p> <p>This beautiful painting was at an auction (拍卖) in 2018. It was sold for about 3,000,000 yuan! But it is not a work by a famous painter, such as Vincent van Gogh. It was painted by an AI artist. Three Frenchmen created the AI artist in 2017.</p>
	<p style="text-align: center;">Your close friend</p> <p>Hi, everyone. I'm Xiaoice, a chatbot (聊天机器人). I was "born" in 2014. I speak like a teenager. If you feel lonely, you can talk with me. I'm good at singing and telling stories. I want to be your friend!</p>
	<p style="text-align: center;">World's first AI presenter</p> <p>Hey, look! The famous Chinese presenter Qiu Hao is reporting the news for us. But, is "he" really Qiu Hao? The answer is "no". This is the world's first AI presenter. It was invented in 2018. It looks and speaks just like a real person.</p>
	<p style="text-align: center;">Cool driverless bus</p> <p>A bus door opens and you get on. Wait, where is the driver? Here is a new kind of driverless bus called Apolong. It was produced in 2018. It can seat 14 people and doesn't need a driver. The bus follows traffic rules.</p>

- ()41. _____ created the AI artist.
 A. Three Frenchmen B. A teenager C. The Chinese presenter D. Vincent van Gogh
- ()42. Both Qiu Hao and Xiaoice can _____.
 A. swim B. paint C. speak D. drive
- ()43. The fact about Apolong is that _____.
 A. there is a driver in it B. it follows traffic rules
 C. there are 24 seats in it D. the door is opened by the passenger



B

Growing a Family Business

Every Saturday and Sunday this fall, while other kids are sleeping in or preparing for a soccer game, 11-year-old Phillip will be up at 5 a.m. sweeping floors at his family's orchard (果园) --- Masker Orchards, which is one of the largest pick-it-yourself apple orchards in the New York area.

On a good weekend, there will be more than 800 customers. One of Phillip's jobs is to count the items they bought, give customers a total, and take their money. That's a lot of apples --- and a lot of math! For his hard work, Philip are paid \$ 15 per hour. After working there for seven years, Phillip has saved \$ 3,000. He's planning to use it to buy a car one day, and to help pay for college.

Having a family business means much more than making money. It also means making sacrifices (牺牲).

"Growing up was good and bad," says Phillip, "I'm learning how to run a business, and I'm learning what hard work is really all about." He admits, though, that some mornings, when his alarm clock goes off in the early morning, he'd rather be sleeping in or playing baseball with friends. "But I'm learning to do things that I will need for the rest of my life," he says, "And I'm spending time with my family. I love it."

- ()44. Phillip gets up early every weekend to _____.
A. finish his homework
B. do the work for his family
C. prepare for a soccer game
D. go for a run in the morning
- ()45. What does Phillip do on a good weekend in Masker?
A. To plant some apple trees.
B. To work on math problems.
C. To play baseball with friends.
D. To count apples and take the money.
- ()46. What can we learn from this passage?
A. Getting something probably means giving up something.
B. It's necessary to make money as early as possible.
C. Growing up means doing what you want to do.
D. There is nothing more important than parents.

C

Is there anything that you do to cheer yourself up and "heal" (治愈) your mind when you are feeling down? Many of us have our own ways to make ourselves feel better. This is referred to as "self-care".

This idea originated in Japan. It refers to any activity that can soothe (抚慰) one's nerves, clear one's mind, and comfort a troubled heart. It was first used to describe the music of Japanese songwriter Ryuichi Sakamoto in 1999.

Self-care is now booming in China as well. One of the most popular activities is "healing travel". According to Caissa Touristic, a Beijing-based travel agency, more Chinese tourists are going on meditation (冥想) or yoga trips in places like Japan, Bali and India.

By taking these trips, people can learn more about local culture and the way people in these countries live. Without a tour guide or detailed plan, they allow their bodies and minds to relax and truly **savour** the peaceful moments when they forget about daily stresses and noises.

Having a pet can also help to improve our mental health. Research has shown that pets and humans can heal each other. Strong human-to-animal bonds (纽带) make both pets and their owners happier and healthier. Chinese dog and cat owners spent over 5, 000 yuan per pet on average in 2018. China's pet industry now has a value of over 170 billion yuan.

More people are seeking out self-care activities simply because they can finally afford to, particularly China's growing middle class. With fewer financial (财务的) worries, they can slow down and take a closer look at their own inner world .

- ()47. What is referred to as "self-care"?
A. a kind of peaceful music
B. activities to make yourself feel better
C. ways to keep your body healthy
D. trips that comfort a troubled heart



- ()48. The word “**savour**” in paragraph 4 probably means _____.
- A. treasure B. experience C. enjoy D. keep
- ()49. Which of the following is true according to the passage?
- A. Ryuichi Sakamoto, the Japanese songwriter, created the idea of “self-care”.
- B. Having strong bonds with pets will not make the owners mentally healthy.
- C. The middle class can take a closer look at their mental world by joining healing activities.
- D. People can feel healed during “healing travel” because they can visit more countries.

D

The World Health Organization recently said that it planned to add gaming disorder(游戏成瘾) to its new list of disease classifications, angering the gaming industry but pleasing doctors who hope it may make treatment more easily available.

Some US experts said it would make little difference when it comes to helping people with the disorder, although others said it would bring attention to a disorder that people sometimes don't recognize.

Many of us enjoy video games, but does playing our favorite game for a couple of hours every night mean we're suffering from gaming disorder? Not according to the WHO.

The symptoms(症状) listed by the WHO include a lack of control over gaming, treating gaming more seriously than other life interests and daily activities, and continuing to play games despite the negative consequences that playing them might have.

“The behavior pattern is enough to result in significant damage to one's personal, family, or social life.” the WHO said.

Meanwhile, Douglas Gentile of Iowa State University has carried out influential research into gaming addiction in young people. “I and many others had assumed that gaming is not really a problem but is a symptom of other problems,” he told NBC News. Many had thought it was simply a failure of self-control. To see if it was, Gentile's team studied a group of children who had been gaming for several years. “We found that when kids became addicted(成瘾的), their anxiety increased ... and their grades decreased,” Gentile said. “When kids were able to back off from gaming, their symptoms disappeared,” he added.

Gentile thinks medical organizations should pay attention to the WHO's proposal(提议). “This isn't an issue of opinion; it's an issue of science,” he said. “This is a major scientific and medical organization. They don't do things lightly and without reason.”

Dr. Petros Levounis, a chair of psychiatry at the New Jersey Medical School at Rutgers University, said that he hoped the WHO's proposal would lead to more research into obsessive(过度的) behavior among all types of people.

“Now, there is renewed interest and excitement,” he said. So some experts are in favor of WHO's plan.

- ()50. Which of the following is a sign of gaming disorder according to the WHO?
- A. Putting games before everything else. B. Playing games for several hours every night.
- C. Having no hobbies but playing games. D. Keeping playing until winning the games.
- ()51. Why is Gentile's research mentioned in paragraph 6 and 7?
- A. To show the effect of gaming disorder.
- B. To explain the cause of gaming addiction.
- C. To show the reasons behind the WHO's decision.
- D. To introduce the study that influenced the WHO's proposal.
- ()52. What did Levounis think of the WHO's decision?
- A. It would encourage new cures for gaming disorder.
- B. It needed further research to make it more convincing.
- C. It would do little to help people with gaming addiction.
- D. It would encourage studies about diseases similar to gaming disorder.



- ()53. What's the article mainly about?
- A. The benefits of treating gaming as a disease.
 - B. New research findings about gaming disorder.
 - C. The WHO making a proposal on gaming disorder.
 - D. The discussions about treating gaming disorder as a disease.

五、阅读短文，根据短文内容回答问题。（5 小题，每小题 2 分，共 10 分）

Making a difference

When a couple of teenagers started an organization in 2015 to collect toiletries(洗漱用品) for those in need, they had no experience in the field.

Even though they didn't have the experience, they really made a positive impact. Toothbrush, their nonprofit organization, has donated personal care products—worth more than \$65,000 (457,000yuan)—to local food banks and homeless shelters.

The idea to start the organization came one morning when Joshua Farahzad, 17 at the time, was brushing his teeth. He thought about the value of ordinary items like the toothbrush he held in his hand.

“There's nothing extraordinary about it,” Farahzad said in a recent interview. “But a toothbrush is something that has a lot of health impact. Poor oral hygiene(卫生) leads to all sorts of problems.”

Farahzad then went to talk to his friend Hugh Ferguson, now 20. “We were itching to do something,” Farahzad said.

So they began calling a few local food banks. They learned that the food banks would sometimes have plenty of food to last for months, but they would run out of toiletries, like toothbrushes, toothpaste and diapers(尿布). The problem needed attention.

That's when the two teenagers found their opportunity.

The two students started walking down the streets and calling for the donation of toothbrushes and other supplies, and then gave them to local shelters and food banks.

What they did was very meaningful. In addition to helping others, they also learned from the missions(任务).“We gained a lot of confidence...by standing outside the stores and having to approach people and approaching them with confidence and a smile,” Farahzad said. “If you don't organize activities and stand outside the stores, no one else will do it.”

In the past few years, hundreds of students have joined the organization to volunteer. They are doing something small but what they do can make a big difference in someone's life.

54. Did the two teenagers have such experience before they started the organization?

55. According to the story, why was the organization started?

56. What do the food banks often run out of, food or toiletries?

57. How many students have joined the organization in the past few years?

58. Why were the missions meaningful to the two teenagers?

