

2023 北京海淀高一（上）期末

英 语

考生须知

- 1.本试卷共 8 页，共四部分，64 道小题。满分 100 分。考试时间 90 分钟。
- 2.在试卷和答题纸上准确填写学校名称、班级名称、姓名。
- 3.答案一律填涂或书写在答题纸上，在试卷上作答无效。
- 4.在答题纸上，选择题用 2B 铅笔作答，其余题用黑色字迹签字笔作答。
- 5.考试结束，请将本试卷和答题纸一并交回。



第一部分：听力理解(共三节，20 分)

第一节(共 5 小题;每小题 1 分，共 5 分)

听下面 5 段对话。每段对话后有一道小题，从每题所给的 A、B、C 三个选项中选出最佳选项。听完每段对话后，你将有 10 秒钟的时间来回答有关小题和阅读下一小题。每段对话你将听一遍。

1. Where is the man going?
A. To the bank. B. To the hospital. C. To the post office.
2. What are the two speakers talking about?
A. Online reading. B. Frozen hands. C. The weather.
3. What is the possible relationship between the two speakers?
A. Classmates. B. Teacher and student. C. Father and daughter.
4. What will the man probably do?
A. Give up exercise. B. Go on a diet. C. Join the game.
5. When does the woman need to get her book?
A. On Wednesday. B. On Thursday. C. On Friday.

第二节(共 10 小题;每小题 1 分，共 10 分)

听下面 4 段对话。每段对话后有几道小题，从每题所给的 A、B、C 三个选项中选出最佳选项。听每段对话前，你将有 5 秒钟的时间阅读每小题。听完后，每小题将给出 5 秒钟的作答时间。每段对话你将听两遍。

听第 6 段材料，回答第 6 至 7 小题。

6. What is the woman doing?
A. Calling to return her TV.
B. Receiving after-sales service.
C. Describing her life without TV.
7. Why is the examination free of charge?

- A. Because the picture is sharp.
- B. Because her TV is newly bought.
- C. Because the examination won't take long.

听第 7 段材料，回答第 8 至 9 小题。

8. Where does the conversation take place?
- A. On the phone. B. In a gym. C. At Mike's home.
9. Why won't the woman watch the Chicago Open?
- A. Because she is not interested in it.
 - B. Because she will be having her vacation.
 - C. Because she will be on business abroad.



听第 8 段材料，回答第 10 至 12 小题。

10. What makes the new mobile phone popular?
- A. The screen and power. B. The size and battery. C. The color and shape.
11. Why is the new product a bit difficult to use?
- A. The screen is small. B. The keys are dark. C. The design is complicated.
12. What is the man doing?
- A. Making a complaint. B. Making comments. C. Giving recommendation.

听第 9 段材料，回答第 13 至 15 小题。

13. How will the man go to New York City?
- A. By train. B. By plane. C. By bus.
14. Where does the woman plan to go during her vacation?
- A. To the museums. B. To the seaside. C. To the parks.
15. What can we know from the conversation?
- A. The two speakers have been working really hard.
 - B. The woman deserves to relax more than the man.
 - C. The man will have much more fun than the woman.

第三节(共 5 小题;每小题 1 分, 共 5 分)

听下面一段独白，完成第 16 至 20 五道小题，每小题仅填写一个词。听独白前，你将有 20 秒钟的时间阅读试题，听完后你将有 60 秒钟的作答时间。这段独白你将听两遍。

Steps to make a perfect pumpkin lantern	
Choose the right pumpkin	●Get a large, fresh pumpkin with a <u>16</u> bottom
Cut and clean out the pumpkin	●Cut a big hole in the top ●Cut at an angle to <u>17</u> the cut piece falling into the pumpkin ●Take out the <u>18</u> inside of the pumpkin with a big spoon
<u>19</u> the design	●Draw a face directly on the pumpkin and cut it out or draw your idea on paper and

	use a fork to make holes along the lines
Light the carved pumpkin	•Light a <u>20</u> and place it inside the pumpkin

第二部分：知识运用(共两节，33分)

第一节(共18小题，23分)

阅读下面的短文，掌握其大意，从方框中选择适当的词或词组填空。

meeting, digital identities, concerns, a risk, a selection of, in a positive light, creativity, experiment with

Avatars are 1 that you use to represent yourself online. You can choose an avatar from 2 ready-made images, or create your own images. Although avatars haven't been around for long, they are widely used.

Avatars let you express yourself and give you room for 3. People usually make their avatars look better than they do in real life. They also 4 things like different hairstyles—which says a lot about what they want to look like. But the use of avatars has also caused a few 5. Some users worry that they are spending too much time in virtual worlds that they are becoming afraid of 6 people in the real world. The use of several avatars can also be 7, as people can use avatars to cheat others online. However, many people see avatars 8. They look forward to a time when their avatar will act like a real person and travel around bigger, more exciting virtual worlds.

阅读下面的短文，掌握其大意，从每题所给的 A、B、C、D 四个选项中选出最佳选项。(共10小题;每小题1.5分，共15分)

Sam was a motherless boy who lived with his father Curtis. To Sam, his father was his hero and the only soul with whom he felt 9 and connected in the world. Though uneducated and poor, Curtis recognized and cultivated his son's 10 in words like it was the most important thing in the world. He would take Sam to the public library every day.

When fate suddenly took Curtis away from Sam, the kid became homeless and withdrawn from everyone and everything. He even couldn't read a single page without 11 at every sentence. So he turned to writing instead. And within two months, the boy used up six notebooks to write his thoughts in notes and poetry.

One day, Mr. Murray, a father of two boys, 12 Sam sitting outside a cafe, gripping his stomach in hunger, tears streaming down his face. He took Sam home, 13 him, and tucked him up in bed. Then he looked through Sam's bag, hoping to find some number he could call. Instead, he found Sam's diary. He read through page after page of what the 11-year-old had been going through, trying to cry in 14.

When Sam woke up, he found his books 15 arranged on a shelf, his clothes put away in a laundry bag, and the picture of his father put in a beautiful frame and placed on the study table.

"This is your home. You can have all the books you want. I will drive you to and from school every day with my boys. Nothing will stop you from pursuing your dreams," Mr. Murray said, accepting Sam's 16 hug.

From that day on Sam's life was never the same. Reading and writing never got apart from him. He became outgoing and 17 a confident personality. With the love and support of Mr. Murray, he followed his heart and studied 18 in university. By the time Sam was 30, he was the owner of a successful publishing

house.

- | | | | |
|--------------------|---------------|-----------------|------------------|
| 9. A. safe | B. stressed | C. excited | D. anxious |
| 10. A. inspiration | B. interest | C. habit | D. imagination |
| 11. A. showing off | B. giving up | C. calming down | D. breaking down |
| 12. A. kept | B. felt | C. spotted | D. prevented |
| 13. A. fed | B. taught | C. dragged | D. pleased |
| 14. A. horror | B. silence | C. relief | D. desperation |
| 15. A. neatly | B. hurriedly | C. wisely | D. naturally |
| 16. A. polite | B. tearful | C. welcoming | D. comforting |
| 17. A. replaced | B. described | C. developed | D. strengthened |
| 18. A. science | B. gymnastics | C. education | D. literature |

第二节(共 10 小题;每小题 1 分, 共 10 分)

A

阅读下面短文, 根据短文内容填空。在未给出提示词的空白处仅填写 1 个恰当的单词, 在给出提示词的空白处用括号内所给词的正确形式填空。

A man decided to make a video to spread joy in the city. So he transported a giant bed around town and encouraged his fellow citizens 19 (jump) on it, then watched with satisfaction as large numbers of people did so. Soon, some more competitive people started to see which one of their friends could jump the highest. At first, he was 20 (worry) about getting a negative response. However, after trying it, most people said it was great fun and that they 21 (do) it again!

B

阅读下面短文, 根据短文内容填空。在未给出提示词的空白处仅填写 1 个恰当的单词, 在给出提示词的空白处用括号内所给词的正确形式填空。

You would probably recognize Albert Einstein from his photos. Yes, he was the guy with the crazy hair! But he also had some great ideas. He was more than just a scientist. He was a genius 22 changed our lives. He made some of the greatest scientific 23 (discovery). Einstein's work was and still is valuable to the world. This is one of the reasons why he eventually 24 (win) the Nobel Prize in Physics. And he 25 (name) "Person of the Century" by TIME Magazine in 1999.

C

阅读下面短文, 根据短文内容填空。在未给出提示词的空白处仅填写 1 个恰当的单词, 在给出提示词的空白处用括号内所给词的正确形式填空。

AI can make everyday life convenient and 26 (enjoy), improving our health and standard of living. Nowadays AI-enabled fitness apps 27 (become) more popular, increasing the number of AI choices for workouts at home. You can not only set a daily steps goal with encouragement reminders on your smart watch, but you can ride through the countryside 28 a smart bike from your garage or have a personal trainer on your living room TV.

第三部分: 阅读理解(共 22 分)

阅读下列短文, 从每题所给的 A、B、C、D 四个选项中, 选出最佳选项。(共 11 小题;每小题

2分, 共22分)

A

Sport is a billion-dollar industry with people all across the globe being crazy for different sports, so it is an excellent idea for businesses to invest in a sports app. If you have trouble in finding what kind of sports app to create for your startup, do not worry, we have a few ideas for you.

Fantasy Sports Apps

The fantasy apps users can form virtual teams of real players, and these teams compete based on the performance of real players in actual games. The fantasy app workflow is quite simple: choose the match, and after login, users can select a match of their liking. The fantasy apps allow sports lovers to virtually participate in the game to create their teams, giving them the feel of contributing to the actual game they like. This is why Fantasy Sports apps are greatly popular among their fans.

Live Streaming Apps

Despite the fact that live streaming is often a part of Sports News apps, there are also sports apps only based on live streaming. Live Streaming apps allow the users to watch anything regarding their favorite teams, leagues, sports, whether it is actual games or vlogs anytime, anywhere, without delay. These apps have so many followers that they are potential hot-selling apps. These apps often add a live chat feature to make them more engaging for the users, which allows the viewers to communicate with each other and the athletes.

Sports Event Booking Apps

The event booking apps have features like a schedule, information about organizers, information regarding teams, ticket booking, and pre-ordering. They are greatly helpful in organizing sports events as they allow users to buy online tickets, order food & drinks, and participate in group activities. Highly useful for the event organizers, these event booking apps offer detailed information about events and the users can share their experience with others on social media.

Do you want to create your own sports mobile app? Hire a mobile app development company that specializes in creating mobile apps and can turn your creative money-making app ideas into reality.

29. The Fantasy Sports apps are popular because the users can _____.

- A. compete against their favorite teams
- B. participate in actual games
- C. improve the performance of real teams
- D. feel more involved in the games

30. What makes Live Streaming apps more engaging?

- A. They can become hot-selling products.
- B. Their users can watch games on the spot.
- C. Their users can share experience on social media.
- D. They feature real-time communication for viewers.

31. Which section of a website is the passage most likely to be taken from?

- A. Culture.
- B. Business.
- C. Entertainment.
- D. Health care.



B

When I was a young girl in 8th grade my classmates told me how they met new friends and even chatted with

celebrities on the Internet. I was intrigued and wanted to experience these exciting things. I opened an online account; this was the beginning of my journey through the virtual world. As time went by, I became accustomed to checking social media more frequently. I buried myself in social media, chatting with friends and sharing my life with them. Social media was a source of happiness and more so, it brought a sense of satisfaction, pain, and frustration.

My newfound interest started interfering (干扰) with my schoolwork. Instead of checking my school notes in time as usual, I checked social media more often to see what was happening with my friends' lives. But I later discovered that by becoming more aware of other people's lives, I became less in tune with myself. I was more focused on the illusions social media presented than the realities of my life. Thus, I started to sense depression, jealousy and hatred as a result of comparing my life with others. And I became much like what the people in the virtual world expected of me.

Luckily, my phone went missing and my mother refused to get me a new one. I felt sad and lonely. However, her refusal led to something more meaningful to my life. Within a month, I became less concerned about other people's lives and more concerned about my courses. And I had more time to study and sleep.

Lack of social media also made me realize that social media had been interfering with my study habits and my private life. For example, I had no privacy. Anyone who had access to my social media profiles could easily find out where I lived. Moreover, I sometimes spent 15 hours browsing through social media without doing anything productive.

After examining my use of social media, I decided not to entirely quit social media, but to change the way I use them. I unfollowed sites that didn't contribute to positive or educative aspects of my life. I only use social media to spread positive messages and connect with others. Social media is not inherently bad, but it becomes terrible when we are addicted to it.

32. After creating an online account, the author _____.

- A. became less in harmony with herself
- B. showed no concern for her school work
- C. lived a more exciting and satisfying life
- D. cared more about others and felt happier

33. Lack of social media made the author _____.

- A. develop new hobbies
- B. focus more on her studies
- C. forget how to access her account
- D. unfollow sites connected with her life

34. The author might agree that social media _____.

- A. ruins people's life and should be quit
- B. broadens people's views of the world
- C. challenges people's self-control ability
- D. plays a primary role in people's life

35. What is the passage mainly about?

- A. A struggle in the days without phones.
- B. Ways to get rid of social media addiction.



- C. A personal experience with the virtual world.
- D. Drawbacks of social media outweigh benefits.

C

Do the endless stream of messages and the thought of replying to unopened texts give you anxiety? Can the group chat feel so overwhelming that you want to throw your phone out of the window? Texting anxiety is a real thing, and more common than you'd think.

In the last 25 years, texting has changed the way we communicate greatly. And many would argue, not for the better. The average person in 2022 checks their phone 262 times a day, up from a daily average of 80 in 2016. Overwhelmed, many end up consciously or unconsciously opting out, stopping responding to loved ones and friends. Unfortunately, not everyone will be understanding.

Leah Aguirre, a psychotherapist explains that text conversations are usually a source of anxiety as they come with a lot of uncertainty. "We can't predict how someone will respond, if they will respond, or how quickly they will respond. We can't control other people's actions or behavior or how they think and interpret (解读) things, and for people that are already prone to anxiety this can be hard to cope with."

Aguirre says this is reflected in a physical reaction, tightness in the chest, tensions, or increased heart rate. You also may feel a little more on edge or short with others, compulsively check your phone or have obsessive and intrusive thoughts about the text conversation. Simply hearing a notification (通知), if our phone is out of reach, causes the brain chemicals associated with stress to spike.

As well as the personal effects, text anxiety can put a strain on your relationships with friends and loved ones. A 2018 study found that romantic partnerships and friendships are far more successful when you and the other person have a similar texting style. If both parties are quick responders, the relationship is less likely to hit the rocks. Similarly, if all parties are happy to go hours, days, even weeks between responses, then everyone is happy.

Establishing a texting schedule with people you interact with frequently is one way of reducing some of the stress if you have different texting styles. Aguirre suggests limiting the amount of time you are on your phone also helps with the anxiety. "By cancelling or reducing how much contact you have with the source of anxiety, you'll feel some relief," she says.

"You can give yourself a pep talk, tell yourself that you are okay and that you have no control over another person's response or behavior. Remind yourself that this is just a phone or a text message and that, big picture, you are okay and will be okay."

36. The purpose of Paragraph 2 is to _____.

- A. demonstrate the level of texting anxiety
- B. stress the importance of communication
- C. analyze the cause of troubled relationships
- D. introduce the increasing use of cell phones

37. What does the underlined phrase "on edge" in Paragraph 4 probably mean?

- A. Frightened.
- B. Interested.
- C. Excited.
- D. Nervous.

38. What can we infer from the passage?

- A. Putting phones on "silence" mode increases anxiety.
- B. We should ask our partners to change their texting styles.

- C. Creating a texting plan with others helps reduce text anxiety.
D. Texting anxiety is often caused by the time taken to answer the texts.

39. What would be the best title for the passage?

- A. A texting schedule: The final way out
B. Texting anxiety: Problems and solutions
C. Text conversations: Strengths and weaknesses
D. A new perspective: How much texting is too much



第四部分：书面表达(共两节，25分)

第一节(共4小题;第60-62小题每题2分，第63小题4分，共10分)

阅读下面的短文，根据题目要求用英文回答问题。

We all have our eye on the prize. That one big target that drives you to get up every day. For some, it's a number, such as scores, pay rise or number of profits, etc. For others, it's a qualitative goal like being happy and content every day. The thing about having the ultimate goal in mind is that you have to make stops along the way, whether you like it or not. And the smaller prize isn't any less important than the ultimate prize because you have to pass it along the way.

Celebrating the small victories gives you a sense of achievement. It can take years to get to the end goal and you have to set milestones for yourself, so you can both check your progress and celebrate that you are one step closer to your ultimate goal.

The path to your success will shape who you are. How you deal with setbacks and leaps forward influences how you see yourself and how others see you. Also, once you are close to your ultimate goal, the path you took is your personal history. Better to mark it with a series of celebrations than a dull storyline.

Breaking overall goals into smaller milestones makes the journey seem more manageable. If you task yourself with a marathon overnight, it seems like a lofty goal—plus, how do you get there? However, saying you want to start from 3km is a little more manageable and measurable. That way, if the first milestone isn't met, then you can adjust your approach for the second quarter.

So if it's so important to celebrate the small victories, then how do you get there? You should start out with your overall ultimate goal in mind and work backwards to determine what milestones you want to hit and when. Here are a few things to keep in mind when setting your milestones. List them clearly. If your milestones are vague, how will you know when you have reached them? Set quantitative goals and stick to them. Quantitative is much easier to track than qualitative, which can be subjective. And remember to track your progress. If a milestone isn't met, figure out why and adjust your approach.

So what are you waiting for? It's time to celebrate!

40. Why is the smaller prize as important as the ultimate prize?

41. What are the reasons for celebrating small victories?

42. Please decide which part of the following statement is false, then underline it and explain why.

➤ In order to achieve ultimate goals, we should set qualitative goals along the way when setting milestones.

43. How will you celebrate small wins? Explain why. (In about 40 words)

第二节(15分)

44. 假设你是红星中学高一学生李华。你的英国笔友 Jim 作为学校跨文化社团负责人，正在筹划“快乐中国年”活动，他发来邮件咨询相关事宜。请你给他回复邮件，内容包括：

1.推荐活动并说明原因；

2.提醒注意事项。

注意：1.词数 100 左右；

2.开头和结尾已给出，不计入总词数。

Dear Jim,

Yours,
Li Hua

参考答案

第二部分：知识运用(共两节，33分)

第一节(共18小题，23分)

【答案】1. digital identities

2. a selection of

3. creativity

4. experiment with

5. concerns

6. meeting 7. a risk

8. in a positive light



【解析】

【导语】这是一篇说明文。文章介绍了什么是虚拟化身，虚拟化身的应用以及风险。

【1题详解】

考查名词短语。句意：虚拟化身是你在网上用来代表自己的数字身份。分析句子可知，空格处为定语从句的先行词，“digital identities”数字身份，符合句意。故填 digital identities。

【2题详解】

考查介词短语。句意：你可以从一些现成的图片中选择一个头像，或者创建你自己的图片。分析句子可知，空格处的词用来修饰“ready-made images”，“a selection of”一批，一些，符合句意。故填 a selection of。

【3题详解】

考查名词。句意：虚拟化身让你表达自己，给你创造的空间。分析句子可知，空格处为名词作介词 for 的宾语，“creativity”创造，符合句意。故填 creativity。

【4题详解】

考查动词短语。句意：她们还会尝试不同的发型——这很大程度上说明了她们想要的样子。分析句子可知，空格处为句子的谓语动词，“experiment with”试验，符合句意。故填 experiment with。

【5题详解】

考查名词。句意：但是虚拟形象的使用也引起了一些担忧。由 a few 可知，空格处为可数名词复数形式作宾语，“concerns”担忧，符合句意。故填 concerns。

【6题详解】

考查动名词。句意：一些用户担心他们在虚拟世界中花费了太多时间，以至于他们开始害怕在现实世界中与人见面。分析句子可知，空格处为动名词作介词 of 的宾语，“meeting”遇见，符合句意。故填 meeting。

【7题详解】

考查名词。句意：同时使用多个虚拟形象也是一种风险，因为人们可以使用虚拟形象在网上欺骗他人。分析句子可知，空格处为句子的表语，“a risk”一种风险，符合句意。故填 a risk。

【8 题详解】

考查介词短语。句意：然而，许多人对虚拟形象持积极态度。分析句子可知，空格处的词用来修饰动词“see”，介词短语“in a positive light”从积极角度，作状语，符合句意。故填 in a positive light。

阅读下面的短文，掌握其大意，从每题所给的 A、B、C、D 四个选项中选出最佳选项。(共 10 小题;每小题 1.5 分，共 15 分)

【答案】9. A 10. B 11. D 12. C 13. A 14. B 15. A 16. B 17. C 18. D

【解析】

【导语】本文是一篇记叙文，讲述的是失去双亲的男孩山姆在好心人默里的帮助和呵护下成为更好的自己，也取得了事业上的成功。

【9 题详解】

考查形容词词义辨析。句意：对山姆来说，父亲就是他的英雄，也是这个世界上唯一让他感到安全、有羁绊的人。A. safe 安全的；B. stressed 焦虑不安的；C. excited 兴奋的；D. anxious 焦急的。由上文“his father was his hero”提到山姆的父亲是山姆的英雄可知，父亲能够让山姆感到安全。故选 A 项。

【10 题详解】

考查名词词义辨析。句意：尽管柯蒂斯没有文化，也很穷，但他懂得去培养他儿子对文字的兴趣，仿佛文字就是世界上最重要的事物。A. inspiration 灵感；B. interest 兴趣；C. habit 习惯；D. imagination 想象力。one's interest in sth.意为“对……的兴趣”；a habit of sth.意为“……的习惯”。由设空处后面的介词“in”以及语意可知，此处是指柯蒂斯培养儿子对文字的兴趣。故选 B 项。

【11 题详解】

考查动词短语辨析。句意：甚至他要是不把每个句子都作拆分，就会连一页都看不懂。A. showing off 炫耀；B. giving up 放弃；C. calming down 冷静下来；D. breaking down 分解，拆分。由上文“When fate suddenly took Curtis away from Sam, the kid became homeless and withdrawn from everyone and everything.”提到由于山姆的父亲去世了，山姆变得无家可归，脱离外界可知，当时山姆很难看得进书，需要把每个句子作拆分才读得懂。故选 D 项。

【12 题详解】

考查动词词义辨析。句意：一天，两个孩子的父亲默里先生发现山姆坐在咖啡屋外面，饿着肚子，泪流满面。A. kept 保持；B. felt 感受；C. spotted 发现；D. prevented 防止。结合语意与下文“He took Sam home”（他带山姆回家）可知，此处是指默里一家发现了山姆饿着肚子坐在咖啡屋外。故选 C 项。

【13 题详解】

考查动词词义辨析。句意：他带山姆回家，给他食物，哄他睡觉。A. fed 喂食；B. taught 教授；C. dragged 拖，拉；D. pleased 使高兴。由上文“gripping his stomach in hunger”提到无家可归的山姆肚子很饿可知，默里带山姆回家后会给他食物。故选 A 项。

【14 题详解】

考查名词词义辨析。句意：他一页一页地读着这个 11 岁孩子的遭遇，尽量不哭出声来。A. horror 恐惧；B. silence 沉默；C. relief 宽慰；D. desperation 绝望。结合语意，默里读着山姆写的日记，为山姆的遭遇所动

容，且由设空处前的“trying to”可以推知，默里哭的时候想要尽量不哭出声来。故选 B 项。

【15 题详解】

考查副词词义辨析。句意：山姆醒来后，发现自己的书整洁地放在书架上，自己的衣服放在洗衣袋里，他父亲的照片也装进了一个漂亮的相框里，放在书桌上。A. neatly 整洁地；B. hurriedly 匆忙地；C. wisely 明智地；D. naturally 自然地。结合语意，由下文“his clothes put away in a laundry bag, and the picture of his father put in a beautiful frame and placed on the study table”提到山姆的衣服放进洗衣袋里，父亲的照片也装好在书桌上可知，他的东西被默里处理得很好，所以他的书也应该会被整洁地放在书架上。故选 A 项。

【16 题详解】

考查形容词词义辨析。句意：“这是你的家。你想要什么书就有什么书。我会每天开车载你和我的孩子们一起去上下学。任何东西都阻挡不了你去追求你的梦想。”默里说。山姆含泪给了他一个拥抱。A. polite 礼貌的；B. tearful 含泪的；C. welcoming（对来访或到达的人）欢迎的，热情友好的；D. comforting 令人欣慰的。结合语意，默里对山姆说的话让山姆很感动，所以山姆含泪相拥，作为回应。故选 B 项。

【17 题详解】

考查动词词义辨析。句意：他变得外向，个性自信。A. replaced 替代；B. described 描述；C. developed 发展，养成；D. strengthened 增强。结合语意，由“He became outgoing”可知山姆后来变得外向起来，由此推知，他也培养了自信的个性。故选 C 项。

【18 题详解】

考查名词词义辨析。句意：他遵从内心，在大学修读文学。A. science 科学；B. gymnastics 体育；C. education 教育；D. literature 文学。由上文“So he turned to writing instead. And within two months, the boy used up six notebooks to write his thoughts in notes and poetry.”提到山姆写作，把自己的想法写成笔记或是诗歌，由此推知，他遵从内心，修读的应该是文学。故选 D 项。

第二节(共 10 小题;每小题 1 分, 共 10 分)

【答案】 19. to jump

20. worried

21. would do

【解析】

【导语】 这是一篇记叙文，叙述了一名男子决定制作一段视频，在这座城市传播欢乐的故事。

【19 题详解】

考查固定句式。句意：于是，他把一张巨大的床搬到镇上各处，鼓励他的同胞跳上去，然后满意地看着大量的人这样做。“encourage sb to do sth”为固定句式，意为“鼓励某人做某事”。故填 to jump。

【20 题详解】

考查形容词短语。句意：起初，他担心得到一个负面的回应。“be worried about”为形容词短语，意为“担心某事”，其中 worried 为形容词。故填 worried。

【21 题详解】

考查动词时态。句意：然而，在尝试之后，大多数人都说这很有趣，他们表示会再次尝试！文中最后一句

话 “However, after trying it, most people said it was great fun and that they 3_(do) it again!”，其中主语是 most people，谓语动词是 said，谓语动词后是由 and 连接的两个宾语从句，and 之前的宾语从句时态是过去时态，and 之后的宾语从句也应该用过去相对应时态。结合句意，大众会说会再次尝试这件事，表明这件事还没做，所以应该用过去将来时态。故填 would do。

【答案】22. who##that

23. discoveries

24. won 25. was named

【解析】

【导语】这是一篇说明文。文章简要介绍了爱因斯坦。

【22 题详解】

考查定语从句关系词。句意：他是个改变我们生活的天才。分析句子可知，空处引导限制性定语从句，先行词 genius 指人，关系词在从句作主语，所以用关系代词 who 或者 that 引导该从句。故填 who/that。

【23 题详解】

考查名词复数。句意：他做出了一些最伟大的科学发现。根据空前的 some of 和形容词 scientific 可知，空处填名词复数。故填 discoveries。

【24 题详解】

考查时态。句意：这也是他最终获得诺贝尔物理学奖的原因之一。分析句子可知，why 引导的限制性定语从句中缺谓语，结合句意和常识，爱因斯坦赢得诺贝尔物理学奖是过去发生的事，所以从句谓语用一般过去时。故填 won。

【25 题详解】

考查时态和语态。句意：1999 年，他被《时代》杂志评为“世纪人物”。分析句子可知，本句缺谓语，且主语 he，第三人称单数，与谓语动词 name “命名”之间是被动关系，再结合时间状语 in 1999 可知，谓语用一般过去时的被动语态。故填 was named。

【答案】26. enjoyable

27. have become 28. on

【解析】

【导语】本文是一篇说明文，介绍人工智能能够给人们日常生活带来哪些便利与乐趣。

【26 题详解】

考查形容词。句意：人工智能可以让日常生活变得便利与愉快，让我们更加健康，生活标准也能得到提高。make sb./sth. adj.意为“使某人或某事怎么样”，其中 sb.或 sth.作宾语，形容词作宾语补足语。此处应填形容词 enjoyable，充当宾语补足语。故填 enjoyable。

【27 题详解】

考查动词时态和主谓一致。句意：如今，人工智能健身软件越来越受人欢迎，提供了更多在家锻炼的选择。结合时间状语 Nowadays，此处谓语应用现在完成时，又因为主语 apps 是复数形式，所以谓语也应用复数形式，保持主谓一致。故填 have become。

【28 题详解】

考查介词。句意：你不仅可以在智能手表上设定每日步数目标，设置鼓励提醒，还可以骑智能自行车从车库一直穿过乡村，或者在客厅电视上配备私人教练。“ride on a bike”是固定搭配，意为“骑自行车”。故填 on。

第三部分：阅读理解(共 22 分)

【答案】29. D 30. D 31. B

【解析】

【导语】本文是一篇应用文。文章给想要创立公司的人推荐了几个可以开发的体育应用程序。

【29 题详解】

细节理解题。根据 **Fantasy Sports Apps** 部分 “The fantasy apps allow sports lovers to virtually participate in the game to create their teams, giving them the feel of contributing to the actual game they like. This is why Fantasy Sports apps are greatly popular among their fans.”（虚拟比赛应用程序允许体育爱好者虚拟地参与游戏，创建自己的团队，让他们感觉到为自己喜欢的实际游戏做出贡献。这就是为什么虚拟体育应用程序在他们的粉丝中非常受欢迎。）可知，虚拟比赛应用程序很受欢迎是因为用户感觉更多地参与到了游戏中。故选 D 项。

【30 题详解】

细节理解题。根据 **Live Streaming Apps** 部分 “These apps often add a live chat feature to make them more engaging for the users, which allows the viewers to communicate with each other and the athletes.”（这些应用程序通常会添加实时聊天功能，让用户更感兴趣，这使得观众可以相互交流，也可以与运动员交流。）可知，为观众提供实时交流功能使直播应用程序更具吸引力。故选 D 项。

【31 题详解】

推理判断题。根据第一段 “Sport is a billion-dollar industry with people all across the globe being crazy for different sports, so it is an excellent idea for businesses to invest in a sports app. If you have trouble in finding what kind of sports app to create for your startup, do not worry, we have a few ideas for you.”（体育是一个价值数十亿美元的产业，全球各地的人们都为不同的运动而疯狂，所以对企业来说，投资体育应用程序是一个很好的主意。如果你在为你的初创公司开发什么样的体育应用程序方面遇到困难，不要担心，我们有一些想法可以给你。）和最后一段 “Do you want to create your own sports mobile app? Hire a mobile app development company that specializes in creating mobile apps and can turn your creative money-making app ideas into reality.”（是否要创建自己的体育移动应用程序？聘请一家专门开发移动应用的移动应用开发公司，该公司可以将您的创意赚钱应用想法转化为现实。）可推知，本文是在给想要投资创立公司的人提供想法和思路，所以最可能来自网站的商业板块。故选 B 项。

【答案】32. A 33. B 34. C 35. C

【解析】

【导语】本文是一篇夹叙夹议文。讲述了一位八年级的女孩从沉迷于社交媒体失去自我到解脱回归正轨到理解社交媒体的真正意义并正确使用过程。

32 题详解】

细节理解题。根据第二段第二句 “But I later discovered that by becoming more aware of other people’s lives, I became less in tune with myself. (但后来我发现，通过更多地关注别人的生活，我变得越来越不适应自己。)” 可知，在创建了一个在线账号后，作者对自己越来越不能认同。故选 A。

【33 题详解】

细节理解题。根据第三段第三句 “Within a month, I became less concerned about other people’s lives and more concerned about my courses. (不到一个月，我就不再关心别人的生活，而是更关心我的课程。)” 可知，没有社交媒体使作者更专注于她的学习。故选 B。

【34 题详解】

推理判断题。根据最后一段最后一句 “Social media is not inherently bad, but it becomes terrible when we are addicted to it. (社交媒体本身并不坏，但当我们沉迷于它时，它就变得可怕了。)” 可知，社交媒体容易让人沉迷，考验人的自制力。故选 C。

【35 题详解】

主旨大意题。根据第一段第三句 “I opened an online account; this was the beginning of my journey through the virtual world. (我开了一个网上账户；这是我虚拟世界之旅的开始。)” 以及第三段首句 “Luckily, my phone went missing and my mother refused to get me a new one. (幸运的是，我的手机不见了，我妈妈拒绝给我买一个新的。)” 以及末段末句 “Social media is not inherently bad, but it becomes terrible when we are addicted to it. (社交媒体本身并不坏，但当我们沉迷于它时，它就变得可怕了。)” 可知，本文讲述了作者从沉迷于社交媒体到解脱到理解社交媒体的真正意义的过程。故选 C。

【答案】 36. A 37. D 38. C 39. B

【解析】

【导语】 这是一篇说明文。文章主要说明了手机带来的信息焦虑的危害及如何缓解这种焦虑。

【36 题详解】

推理判断题。根据第一段中的 “Texting anxiety is a real thing, and more common than you’d think. (手机信息焦虑确实存在，并且比你想象的普遍)” 可知，信息焦虑是一件普遍的事情。根据第二段中的 “The average person in 2022 checks their phone 262 times a day, up from a daily average of 80 in 2016. Overwhelmed, many end up consciously or unconsciously opting out, stopping responding to loved ones and friends. (2022 年，人均每天查看手机 262 次，而 2016 年的频率只有 80 次。很多人应接不暇，最终有意或无意地选择不回复亲友)” 可知，人们对手机的依赖程度越来越高，导致更大程度的焦虑，并选择开始无视手机信息。由此推知，第二段的目的是为了更具体的说明手机信息焦虑的程度。故选 A 项。

【37 题详解】

词句猜测题。根据划线词组上文 “Aguirre says this is reflected in a physical reaction, tightness in the chest, tensions, or increased heart rate. (Aguirre 表示，这种焦虑会体现在身体的反应中，胸部紧绷，紧张或是心率加快)” 说明这种焦虑会导致紧张的情绪。由此推知，划线词组 on edge 是 “紧张的” 意思。故选 D 项。

【38 题详解】

细节理解题。根据倒数第二段中的 “Establishing a texting schedule with people you interact with frequently is

one way of reducing some of the stress if you have different texting styles.(如果你和经常联系的人有着不同的发消息习惯，可以与他们建立一个消息时间表，这是减轻压力的途径之一)”可知，制定一个消息时间表有助于减轻压力。故选 C 项。

【39 题详解】

主旨大意题。根据第四段第一句 “Aguirre says this is reflected in a physical reaction, tightness in the chest, tensions, or increased heart rate. (Aguirre 表示，这种焦虑会体现在身体的反应中，胸部紧绷，紧张或是心率加快)” 及第五段第一句 “As well as the personal effects, text anxiety can put a strain on your relationships with friends and loved ones. (信息焦虑不仅会对个人产生影响，也会给你与亲友的关系带来负面影响)” 可知，信息焦虑有很多弊端；最后两段中的 “Establishing a texting schedule (建立消息时间表)”， “limiting the amount of time(限制时间)” 和 “You can give yourself a pep talk(给自己打气)” 等则给出了具体的解决方法。由此可知，本篇主要说明的是信息焦虑带来的问题及解决办法。Texting anxiety: Problems and solutions(信息焦虑：问题和解决方案)适合作本文最佳标题。故选 B 项。

第四部分：书面表达(共两节，25 分)

第一节(共 4 小题;第 60- -62 小题每题 2 分，第 63 小题 4 分，共 10 分)

【答案】40. Because you have to pass the smaller prize along the way.

41. Firstly, celebrating the small victories gives you a sense of achievement.

Secondly, the path to your success will shape who you are.

Thirdly, the path you took is your personal history, and it's better to mark it with a series of celebrations.

Fourthly, breaking overall goals into smaller milestones makes the journey seem more manageable.

42. >In order to achieve ultimate goals, we should set quantitative goals along the way when setting milestones.

According to the passage, we should set quantitative goals instead of qualitative goals because quantitative goals can be subjective and are easier to track.

43. I will share my small victories with people who can stand in my shoes. Sharing my achievements with them makes me feel encouraged to go further. Thus, I'm fully motivated to do better and hit the next milestone.

【解析】

【导语】这是一篇说明文。文章主要介绍了在实现自己的终极目标期间，我们可以通过庆祝自己的小目标的方式来帮助实现自己的终极目标。文章提到了庆祝小目标的原因如何实现自己的终极目标的方式。

40 题详解】

考查细节理解。根据第一段最后一句 “And the smaller prize isn't any less important than the ultimate prize because you have to pass it along the way.” (小奖品的重要性丝毫不亚于终极奖品，因为你必须一直传递下去。)可知，小奖品和终极奖品是同样的重要，因为你必须把它传递下去。故答案为：Because you have to pass the smaller prize along the way.

【41 题详解】

考查细节理解。根据第二段第一句 “Celebrating the small victories gives you a sense of achievement.” (庆祝小小的胜利会给你一种成就感。); 第三段第一句 “The path to your success will shape who you are.” (通往成功的道路将塑造你。); 第三段最后两句 “Also, once you are close to your ultimate goal, the path you took is

your personal history. Better to mark it with a series of celebrations than a dull storyline.”（此外，一旦你接近你的最终目标，你所走的道路就是你的个人历史。最好用一系列的庆祝活动来纪念它，而不是一个枯燥乏味的故事情节。）以及第四段第一句“Breaking overall goals into smaller milestones makes the journey seem more manageable.”（将总体目标分解成更小的里程碑，使旅程看起来更易于管理。）可知，庆祝小的胜利的原因可以归结为以上四点。故答案为：Firstly, celebrating the small victories gives you a sense of achievement. Secondly, the path to your success will shape who you are. Thirdly, the path you took is your personal history, and it's better to mark it with a series of celebrations. Fourthly, breaking overall goals into smaller milestones makes the journey seem more manageable.

【42 题详解】

考查细节理解。根据最后一段中“If your milestones are vague, how will you know when you have reached them? Set quantitative goals and stick to them. Quantitative is much easier to track than qualitative, which can be subjective.”（如果你的里程碑是模糊的，你怎么知道什么时候你已经达到了它们？设定量化目标并坚持下去。定量比定性更容易追踪，定性可能是主观的。）可知，为了实现自己的终极目标，我们应该设定量化目标并坚持下去而不是定性目标，因为定量比定性更容易追踪，定性可能是主观的。所以题中错误的地方是 qualitative，故答案为：>In order to achieve ultimate goals, we should set quantitative goals along the way when setting milestones. According to the passage, we should set quantitative goals instead of qualitative goals because quantitative goals can be subjective and are easier to track.

【43 题详解】

开放题。言之有理即可。通读全文可知，本文介绍了我们在实现自己 终极目标期间，可以通过庆祝自己的小的胜利来帮助最终实现自己的目标。对我而言，我会和能站在我这边的人分享我的小小胜利。因为与他们分享我的成就能使我感到鼓舞，同时让我走得更远。那样，我就会有动力做得更好，实现自己的下一个里程碑。故答案为：I will share my small victories with people who can stand in my shoes. Sharing my achievements with them makes me feel encouraged to go further. Thus, I'm fully motivated to do better and hit the next milestone.

第二节(15分)

44. 【答案】Dear Jim,

Learning you are going to launch an activity themed “Happy Chinese New Year”, I am more than delighted to recommend you a unique form of celebrating Lunar Chinese New Year.

You can invite our calligraphy teacher, Mr. Zhang, who will be responsible for instructing the participants to write the spring couplets, which express people's best wishes for the coming year. In doing so, not only are the participants exposed to one of the major Spring Festival traditions, but also can put their Chinese handwriting into practice. But bear in mind that Chinese characters should be written vertically and the writing tools are limited to Chinese brushes.

If you want to seek further help, don't hesitate to email me.

Yours,
Li Hua

【解析】

【详解】 1.词汇积累

举办；组织：hold→launch

接触；体验：experience→be exposed to

记住：remember→bear in mind that.....

寻求（帮助）：look for→seek

2.句式拓展

简单句变复合句

原句：I am more than delighted to recommend you a unique form of celebrating Lunar Chinese New Year.

拓展句：Since writing and sticking the spring couplets greatly add to the festive air, I am more than delighted to recommend you this unique form of celebrating Lunar Chinese New Year.

【点睛】 [高分句型 1] You can invite our calligraphy teacher, Mr. Zhang, who will be responsible for instructing the participants to write the spring couplets, which express people's best wishes for the coming year. (运用了由 who 和 which 引导的非限定性定语从句)

[高分句型 2] In doing so, not only are the participants exposed to one of the major Spring Festival traditions, but also can put their Chinese handwriting into practice. (运用了部分倒装)