



顺义区 2020 届初三第一次统一练习

英语试卷

学校 \_\_\_\_\_ 姓名 \_\_\_\_\_ 准考证号 \_\_\_\_\_

考生须知	1.本试卷共 10 页共五道大题, 39 道小题, 满分 60 分, 考试时间 90 分钟。 2.在试卷和答题卡上准确填写姓名、准考证号、考场号和座位号。 3.试题答案一律填涂或书写在答题卡上, 在试卷上作答无效。 4.在答题卡上, 选择题用 2B 铅笔作答, 其他试题用黑色字迹签字笔作答。 5.考试结束, 请将本试卷和答题卡一并交回。
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知识运用(共 14 分)

一、单项填空(共 6 分, 每小题 0.5 分)

从下面各题所给的 A、B、C、D 四个选项中, 选择可以填入空白处的最佳选项。

1. My mother is a nurse, \_\_\_\_\_ is very kind.  
A. He                      B. She                      C. They                      D. It
2. David is going to buy a T-shirt for his father \_\_\_\_\_ Father's Day.  
A. at                      B. in                      C. on                      D. for
3. ---- \_\_\_\_\_ do your parents usually go to work, Jack?  
----By bus.  
A. When                      B. Where                      C. Why                      D. How
4. ----Peter, would you like to go shopping with me?  
----I'd like to, \_\_\_\_\_ I have to finish my homework first.  
A. or                      B. and                      C. so                      D. but
5. ----Dad, \_\_\_\_\_ you make a kite for me?  
----Of course I can.  
A. can                      B. must                      C. should                      D. need
6. ----Which season do you like \_\_\_\_\_, spring or autumn?  
----Spring.  
A. well                      B. better                      C. best                      D. the best
7. ----What do you usually do on weekends?  
---- I usually \_\_\_\_\_ my grandparents.  
A. visit                      B. visited                      C. will visit                      D. am visiting
8. ----Where is Lily, Mum?  
----She \_\_\_\_\_ the flowers in the garden.  
A. water                      B. waters                      C. is watering                      D. has watered



9. We \_\_\_\_\_ online classes on February 17 because of COVID-19.  
A. had                      B. have                      C. will have                      D. are having
10. ----Do you know Mr. Smith?  
----Yes. I \_\_\_\_\_ him since 2017.  
A. know                      B. knew                      C. have known                      D. will know
11. The environment in my hometown is improving because many trees \_\_\_\_\_ every year.  
A. plant                      B. are planted                      C. planted                      D. were planted
12. ----Excuse me, could you tell me \_\_\_\_\_.  
----Sure. Go down the street, and you can find it at the second crossing.  
A. where is the supermarket                      B. where was the supermarket  
C. where the supermarket is                      D. where the supermarket was

## 二、完形填空(共 8 分, 每小题 1 分)

阅读下面的短文, 掌握其大意, 然后从短文后各题所给的 A、B、C、D 四个选项中, 选择最佳选项。

### Changing Makes You More Confident

I used to hate being called upon in class mainly because I didn't like attention drawn to myself. And unless otherwise assigned (指定) a seat by the teacher, I always   13   to sit at the back of the classroom.

All this changed after I joined a sports team. It began when a teacher suggested I try out for the basketball team. At first I thought it was a   14   idea because I didn't have a good sense of balance, nor did I have the   15   to keep pace with the others on the team and they would laugh at me. But for the teacher who kept insisting on my "going for it", I wouldn't have decided to give it a try.

When I first started   16   the practice sessions, I didn't even know the rules of the game, much less what I was doing. Sometimes I'd get confused and take a shot at the wrong   17   ---- which made me feel really stupid. Fortunately, I wasn't the only one "new" at the game, so I decided to focus on learning the game, do my best at each practice session, and not be too hard on myself for the things I didn't know "just yet".

I practiced and practiced. Soon I knew the   18   and the "moves". Being part of a team was fun and motivating (激励, 动力). With time, I learned how to play and made friends in the process-- friends who respected my efforts to work hard and be a team player. I never had so much fun!

With my improved self-confidence comes more   19   from teachers and classmates. I have gone from "  20  " in the back of the classroom and not wanting



to call attention to myself, to raising my hand---even when I sometimes wasn't 100 percent sure. I had the right answer. Now I have more self-confidence in myself.

13. A. hoped      B. agreed      C. meant      D. chose  
14. A. good      B. crazy      C. common      D. bright  
15. A. ability      B. night      C. chance      D. patience  
16. A. enjoying      B. preparing      C. attending      D. watching  
17. A. direction      B. decision      C. competition      D. discussion  
18. A. steps      B. rules      C. orders      D. games  
19. A. praise      B. advice      C. comfort      D. courage  
20. A. dreaming      B. talking      C. fighting      D. hiding

### 阅读理解(共 36 分)

三、阅读下列短文，根据短文内容，从短文后各题所给的 A、B、C、D 四个选项中，选择最佳选项。(共 26 分，每小题 2 分)

#### A

#### Best Ways to Improve Online Experience

##### **Zhao Yuchen, Beijing**

To me, the biggest headache about studying online is my poor internet connection. During one online class, I couldn't hear my English teacher's voice and I had to reconnect. It wasted lots of time. Since then, I have checked my network before class every day and asked other family members not to use the internet while I'm in class.

##### **Qiu Ziyin, Shenzhen**

During the first day of studying online, I was excited and listened carefully. But I soon realized that my self-discipline (自律) was weak. I've set screen time for all of my electronic devices. At night, I do preview (预习) work for the next day instead of playing with my mobile phone.

##### **Zhao Jiawen, Shanghai**

It's important to know how to choose wisely when we pick online courses. For example, I had difficulty understanding certain English grammar points, so I searched for key words on our national cloud learning platform and watched several videos from teachers across China. It's good for us to get different teachers.



### Zhang Penghui, Heilongjiang

Online learning takes strong self-discipline and willpower. There are lots of distractions (分心) while studying at home. My mom likes to offer me snacks and drinks, which sometimes distracts me from listening during my classes. A quiet room and clean desk can help us stay focused.

21. Who does preview work for the next day a night?
- A. Zhao Yuchen.                      B. Qiu Ziyin.  
C. Zhao Jiawen.                      D. Zhang Penghui.
22. Zhao Yuchen \_\_\_\_\_ while having class online.
- A. has asked other family members not to use the internet  
B. watches several video from teachers  
C. likes to have snacks and drinks  
D. plays with the mobile phone
23. Zhang Penghui thinks that \_\_\_\_\_.
- A. students' self discipline is weak  
B. it's good for students to get different teachers from China  
C. a quiet room and clean desk can help students stay focused  
D. the biggest problem about studying online is the poor internet connection

### B

#### Love on the Phone Line

Most of us want to know what we mean to those who mean everything to us, but how do we know if we don't tell each other? I want to share an experience of mine to tell you when you really love someone, tell them directly.

When I was growing up, I never heard the words "I love you" from my father. If your father never says them to you when you are a child, it gets more and more difficult for him to say those words as you get older. In fact, I never said those words to him, either.

A few years ago, I decided to make the first move. After some thought, I called my father on the phone and said: "Dad, I love you!" There was a moment of silence at the other end of the line. "Well, same back at you!" he replied quietly.

"Dad, I know you love me. When you're ready, you'll say it, too," I said with a smile. Then I hang up the phone. But fifteen minutes later, my mother called and asked if everything was "OK", She seemed nervous. "Your father seems to have something to say after answering your call". I didn't tell my mother about the call. I



just told her it was a secret between us.

A few weeks later, Dad called and ended our phone conversation with the words: "Son, I love you," I was at work during this conversation and tears came to my eyes as I finally "heard" the love. This special moment took our father-son relationship to a new level. Later, we got used to saying "I love you" to each other.

I think if I had not taken the first step, I would have never heard the love from my father.

24. What did the writer do when he decided to show love to his father?

- A. He spoke out his love to his father on the phone.
- B. He told her mother about his love to his father.
- C. He bought some flowers to show love.
- D. He made a love card for his father.

25. How did the writer's mother feel when she called him?

- A. Happy
- B. Exited.
- C. Nervous.
- D. Confident.

26. According to the passage, the writer wants to tell us that it's necessary\_\_\_\_\_.

- A. to speak out our love
- B. to call our parents
- C. to go home often
- D. to keep love secret

### C

We take showers and use the toilet every day to get rid of badly waste. Our brains also need to take a hath every day. How can they do it?

A 2013 study found the answer. Researchers at the LS University of Rochester studied the brains of mice and discovered that they cleaned themselves while the mice slept. A kind of fluid in the brain, called cerebral spinal fluid (CSF, 脑脊液), was found to increase dramatically (显著地) during sleep, washing away waste proteins that had been building up between brain cells in waking hours.

"This study shows that the brain has different functional stales when asleep and when awake," Maiken Nedergaard, the lead researcher, told *NBC News*. It also explains why we can't seem to think clearly after a sleepless night while a good night's sleep leaves us feeling sharp and refreshed.

Now a new study, published on Oct 31 in *Science*, digs a little deeper into our brains' self-cleaning procedure. Instead of mice, this time humans were the test



subjects.

Researchers at Boston University, US, monitored (监测) the brain waves of 13 healthy adults who were sleeping, using accelerated MRI, which is capable of recording faster changes inside the brain than a regular MRI machine. They found that every 20 seconds, blood flowed out of the brain, making room for a large amount of CSF to come in and “clean”. This cycle coincided with (与……一致) the rhythm of the brain’s slow waves—an electrical activity that happens when we’re in deep sleep.

It’s still unknown how these brain activities are connected. But the mere fact that they are connected is exciting enough, since it allows researchers to piece together (拼凑出) possible new explanations for misunderstood diseases.

For example, slow-wave sleep has been proven to play a role in strengthening our memories. This may explain why people with Alzheimer’s often have fewer and weaker slow brainwaves. Based on this new study, there could be one more explanation for diseased brains: They are not clean.

Nedergaard, leader of the 2013 study, is also excited about the new findings. “Maybe the most important take-home message is that sleep is a serious thing, “she told *Scientific American*. “You really need to sleep to keep a healthy brain because it links electrical activity to a practical ‘housekeeping’ function.”

27. When the researchers studied the brains of mice, they found \_\_\_\_\_.

- A. CSF in their brains went down when the mice slept
- B. CSF carried away waste proteins in their brain during sleep
- C. more waste proteins were produced in their brains when asleep
- D. the more CSF was in their brains, the fewer waste proteins were

28. What did the researchers discover when they monitored human brain waves?

- A. The rhythm of the brain was slower than that of CSF
- B. The brains worked more slowly when asleep.
- C. Brains were cleaned when blood flowed out.
- D. It took 20 seconds for CSF to clean brains,

29. Which of the following would be the best title for the passage?

- A. Connecting Brain Activities
- B. Cleaning in Your Dreams
- C Having a Good Sleep
- D. Explaining Diseases



## D

Each country has its own secret to happiness. If “pyt”, which means “don’t worry about it and stuff happens”, explains the relaxed attitude of Danish people, “niksen” will reveal how Dutch people combat (对抗) stress and burnout in a fast-paced lifestyle.

The term “niksen” origins from the Dutch word “niks”, which refers to “nothing”. Mindfulness, another welcome subject to help people have a peaceful mind. But unlike mindfulness, nixsen is not about concentrating on the present moment. It’s about letting yourself do nothing, and allowing your mind to run free without expectation. In practice, this means “hanging around, looking at your surroundings, or listening to music as long as it’s without purpose,” according to *Time Magazine*.

Nixsen sounds contrary (矛盾的) to the advice we were all given as kids. Nowadays, we’re constantly told to stay busy and work harder than everyone else. But nixsen opposes (反对) that mentality. It offers the chance to “deliciously do nothing”, as Carolien Hamming, a coach at CSR Centrum, an organization devoted to fighting stress and burnout in the Netherlands, told *Time*. She thinks that nixsen is essential (重要的) to staying healthy, since it’s a form of mental relaxation and healing. Just as a wild animal lies in wait for their prey, nixsen seems to be a natural state of being.

For some people, nixsen can mean more than just stress reduction (减压). It’s also a way to imagine new ideas or plans. As an early adopter of nixsen, Jenny Holden, a communications expert in the UK, adds it to her daily lunch breaks. “Within 10 minutes of doing nothing--just staring and listening to myself --my head began to clear and sort out my work and home to-do lists," she told the MetroUK.

Above all, nixsen is a suggestion for balancing work and rest. As Dutch-born writer Oglá Mecking wrote in *US-based Whooly Magazine*, nixsen is the “**thorough** enjoyment of life’s pauses”.

Everyone is encouraged to embrace your nixsen moments. They revitalize (使恢复元气) you and give you the strength needed to face everyday challenges.



30. What does nixsen mean?
- A. Living in the moment.                      B. Leading a healthy lifestyle
- C. Using your wildest imagination.        D. Being free and doing nothing
31. The writer mentions Jenny Holden in Paragraph 4 to show \_\_\_\_\_.
- A. how nixsen improves one's mental health
- B. nixsen is closely related to stress reduction
- C. nixsen can help people come up with new thought
- D. nixsen can offer the chance to do something more important
32. The word "**thorough**" in Paragraph 5 probably means "\_\_\_\_\_".
- A. long                      B. full                      C. fast                      D. quiet
33. What is the passage mainly about?
- A. An introduction to the Dutch lifestyle.
- B. Suggestions on how to balance work and rest
- C. The importance of allowing time to pause life.
- D. An explanation of some Danish words about life attitudes.

四、阅读短文，根据短文内容回答问题。(共 10 分，每小题 2 分)

Most musicians agree that the best violins were first made in Italy. They were made in Cremona, Italy, about 200 years ago. These violins sound better than any others. They even sound better than violins made today. Violin makers and scientists try to make instruments like the old Italian violins. But they aren't the same. Musicians still prefer the old ones. No one really knows why these old Italian violins are so special, but many people think they have an answer.



Some people think it is the age of the violins. They say that today's violins will also sound wonderful someday. But there is a problem here. Not all old violins sound wonderful. Only those from Cremona are special. So age cannot be the answer. There must be something different about Cremona or those Italian violin makers.

Other people think the secret to those violins is in the wood. The wood of the violin is very important. It must be from certain kinds of trees. It must not be too young or too old. Perhaps the violin makers of Cremona knew something special about wood





for violins.

But the kind of wood may not be so important. It may be more important to cut the wood in a special way. Wood for a violin must be cut very carefully. It has to be the right size and shape. The smallest difference will change the sound of the violin. Musicians sometimes think that this was the secret of the Italians. Maybe they understood more than we do about how to cut the wood.

Size and shape may not be the answer either. Scientists measured these old violins very carefully. They can make new ones that are exactly the same size and shape. But the new violins still do not sound as good as the old one. Some scientists think the secret may be the varnish, which covers the wood of the violin and makes it look shiny. It also helps the sound of the instrument. No one knows what the Italian violin makers used in their varnish. So no one can make the same varnish today.

There may never be other violins like the violins of Cremona. Their secret may be lost forever. Young musicians today hope: this is not true. They need fine violins. But there aren't very many of the old violins left. Also, the old violins are very expensive. Recently, a famous old Italian violin was sold for about US \$300, 000!

34. When and where were the best violins made?

35. How many possible reasons about the old Italian violins does the writer mention?

36. Does anyone know what the Italian violin makers used in their varnish?

37. How much was the famous old Italian violin?

38. What is the passage mainly about?

## 书面表达(共 10 分)

### 五、文段表达(10 分)

39. 从下面两个题目中任选一题，根据中文和英文提示，完成一篇不少于 50 词的文段写作。文中已给出内容不计入总词数。所给提示词语仅供选用。请不要写出你的校名和姓名。

#### 题目①



假如你是李华，你们学校正在开展“防病毒，保健康”宣传活动，倡议大家制作关于防病毒，保健康教育的主题海报，你们班交换生 Peter 给你发邮件询问相关事情。请用英语回复一封邮件，告诉他海报上交的时间，并分享你设计海报的一些想法。

提示词语: design, novel coronavirus (新型冠状病毒), mask, careful, keep, picture

提示问题: ●When should you hand in the poster?

●What would you like to share with Peter about designing the poster?

Dear Peter,

I'm glad to receive your email. \_\_\_\_\_

\_\_\_\_\_

If there is anything more that I can help with, please let me know.

Yours,

Li Hua

### 题目②

年初，一场突如其来的疫情让全国人民从那些最美逆行者身上，再次见证了什么是担当。担当是敢于承担责任，关键时刻敢挑重担。

某英文网站正在开展以“担当”为主题的征文活动。假如你是李华，请用英文写一篇短文投稿，谈谈生活中你做过什么勇于担当的事情，以及这样做的意义和感受。

提示词语: be brave to be responsible (勇于担当), take on, epidemic (疫情)

提示问题: ●What do you do in your daily life?

●Why do you do so?

It's one of our traditional virtues to be brave to be responsible. \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_