



2022 北京朝阳初三（上）期末

英 语

2022.01

第一部分

本部分共 33 题，共 40 分。在每题列出的四个选项中，选出最符合题目要求的一项。

一、单项填空（每题 0.5 分，共 6 分）

从下面各题所给的 A、B、C、D 四个选项中，选择可以填入空白处的最佳选项。

1. An old woman is crossing the road. Let's go and help _____.
A. you B. him C. me D. her
2. Mark Twain wrote the Adventures of Tom Sawyer _____ 1876.
A. in B. on C. to D. at
3. — _____ is your flight number?
— CN797.
A. What B. How C. When D. Where
4. — Must I stay here to wait for Tony?
— No, you _____. You can go home now.
A. can't B. needn't C. mustn't D. shouldn't
5. _____ my parents were very worried about leaving me, they had to go away on business for a few days.
A. And B. Or C. Although D. So
6. Deng Yaping is one of _____ table tennis players in China.
A. good B. better C. best D. the best
7. — How was your last weekend?
— Great! We _____ a picnic by the lake.
A. have B. are having C. had D. will have
8. If I start doing my homework after dinner, I _____ it before I go to bed.
A. finish B. will finish C. finished D. have finished
9. — Where does your brother Mike live?
— In London. He _____ there since he was born.
A. is living B. has lived C. will live D. lived
10. — Betty, where is my grandma?
— She _____ in the park now.
A. danced B. dances C. is dancing D. has danced
11. The book _____ by young people all over the world today.
A. is loved B. was loved C. loves D. loved
12. — Can you tell me _____ in the Science Museum?
— Sure. I will fill a bag with sand.

- A. what you did B. what will you do C. what did you do D. what you will do

二、完形填空（每题 1 分，共 8 分）

阅读下面的短文，掌握其大意，然后从短文后各题所给的 A、B、C、D 四个选项中，选择最佳选项。

To Run

Both Cody and his mother like running, but for different reasons.

Cody runs very fast and he loves competitions. He takes part in races and enjoys ___13___. This is the main reason why he likes running. He also likes how exciting running is. He becomes excited when the starter shouts, "On your mark, get ready, go!" He can start at the right moment.

His mother likes the benefits of running. It helps her stay healthy and feel good because it makes her heart ___14___. She enjoys distance (远距离的) running. This means instead of trying to run fast, she tries to run ___15___. Usually, she runs more than a mile, and sometimes even five or six miles. She runs them nice and slow.

One Saturday the school held a 3-mile race. Students and parents were both ___16___ to run. Cody really wanted to race his mother. "Please, can we run together?" Cody was confident he would ___17___ his mother. But his mother just smiled.

So they went to the race. Cody started out running fast. After the first mile, he looked back to see his mother. He was way ahead of her. However, during the second mile, Cody ___18___. At the same time his mother was catching up. Now, she was passing him! Cody tried to catch up and ran really hard. But he could not keep it up. He was out of ___19___. Soon, his mother crossed the finish line. She looked back to see Cody. He was coming along slowly. "Don't give up!" she encouraged him. Cody heard her and smiled. He ___20___ for the finish line and made it.

Cody hugged his mother and said, "Will you teach me to run like you?" His mother smiled and said, "Of course. "

- | | | | |
|------------------|-------------|----------------|-------------------|
| 13. A. testing | B. training | C. winning | D. studying |
| 14. A. big | B. strong | C. happy | D. relaxed |
| 15. A. far | B. hard | C. easily | D. rapidly |
| 16. A. noticed | B. warned | C. ordered | D. invited |
| 17. A. beat | B. help | C. comfort | D. fight |
| 18. A. fell down | B. sped up | C. slowed down | D. pushed forward |
| 19. A. touch | B. breath | C. control | D. trouble |
| 20. A. looked | B. cared | C. waited | D. headed |





三、阅读理解（每题 2 分，共 26 分）

阅读下列短文，根据短文内容，从短文后各题所给的 A、B、C、D 四个选项中，选择最佳选项。

A

On February 4, 2022, the Winter Olympic Games will be held in Beijing, making it the first city to host (主办) both the Summer Olympics and Winter Olympics. The venues (场馆) for the Winter Games in 2022 have been divided into three areas: Beijing, Yanqing, and Zhangjiakou. Let's take a look at some competition stadiums.



 <p>The National Stadium</p>	<p>Also known as "The Bird's Nest", this stadium hosted the Opening and Closing Ceremonies (仪式) of the 2008 Beijing Olympics. And the Bird's Nest will once again be the place of Opening and Closing Ceremonies of the, Winter Olympic Games.</p>
 <p>The Ice Cube</p>	<p>For the Winter Olympics, the Water Cube has been changed into the "the Ice Cube" for the curling (冰壶) competition. Following the 2022 Games, the stadium will continue to be used for both winter and summer sports, changing between the two, depending on the season.</p>
 <p>Capital Indoor Stadium</p>	<p>Capital Indoor Stadium was built in 1968. It has held several important sporting events. During the Winter Olympics, Capital Indoor Stadium will host the figure skating (花样滑冰) and short track speed skating competitions.</p>
 <p>Wukesong Sports Center</p>	<p>Wukesong Sports Center is very large. It can hold 18,000 people. It will serve as the main indoor stadium for ice hockey (冰球) at the 2022 Winter Games together with the National Indoor Stadium.</p>

21. _____ will host the Opening and Closing Ceremonies of the Winter Olympic Games.

- A. The Ice Cube B. Capital Indoor Stadium
C. The National Stadium D. Wukesong Sports Center

22. When was the Capital Indoor Stadium built?

- A. In 1968. B. In 2008. C. In 2018. D. In 2020.

23. What competition will you see in Wukesong Sports Center?

- A. Curling. B. Skating. C. Skiing. D. Ice hockey.

B

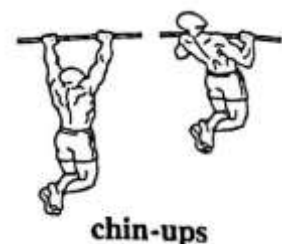
I Was Told I Can

About 6 months ago, I joined a gym. Every morning, there was one trainer who worked out at the same time as I did. He did his daily exercise with such a quiet determination (决心) that he made it all look effortless although I knew all too well how hard he was working.

A couple of weeks ago, I was watching him do chin-ups. I had never tried doing chin-ups before, but it looked so easy, so I asked him if I could try one. He eagerly stepped aside and encouraged me to try. I pulled myself up without thinking. . . once. . . then twice. I stopped because that was all I had in me, but he stepped up behind me and pushed me up for two more. It felt so good and I felt strong.

The next few days when I finished my workout, I would ask him to watch me do chin-ups. However, each time I could only do two. I was quite upset, but he told me

that when he trained firefighters, men were required to do 5 chin-ups, and women were required to do one or two. Most



chin-ups

people couldn't do them at all, so he was amazed at what I could do. He further told me that if I practiced every day, I would be doing five or six in no time.

Because he told me I could, I didn't realize how difficult it was. I was encouraged to try and I didn't doubt it for a moment. I truly thank him for letting me believe that for me success is not only a possibility, but also a realistic goal that I can achieve.

24. The writer wanted to try doing chin-ups for the first time because _____

- A. it looked so easy
- B. she felt very well
- C. she was good at sports
- D. it was part of her training plan

25. When the writer could only do two chin-ups, she felt _____

- A. bored
- B. amazed
- C. upset
- D. satisfied

26. What can we learn from the passage?

- A. Self-trust is the secret to success.
- B. Exercise can only change our bodies.
- C. Truth is much more powerful than lies.
- D. Encouragement can help us achieve more.

C

Do you ever feel like you are running from one activity to another, or studying a mad rush of one subject after another?

When things happen at such a fast pace (节奏), it is easy to lose sight of what you are doing, or what you are learning. It is important to stop yourself every now and then to think about what you've been doing or learning.

Self reflection means stopping the mad rush of activity and calming yourself and your mind so your brain can weigh the information it has already received. Some people prefer to do their self reflections in their minds, while others keep written notes. Either method can work, depending on what your own personal style is. Whether thought or written, the process is the same.

School textbooks are often divided into units. This can make it easier for someone who wants to begin the process of self reflection to get started. Watch for the times when you complete a unit in any subject you are learning: math, history, science, or any other topic. Sometimes you are reminded that the unit is over because there is some kind of test.

Use these natural breaks as opportunities to stop and reflect. Find a quiet place. This can even be sitting at your desk at school when you finish something early and the other students are still working. If you are going to take notes, take out a piece of paper or your reflection notebook. Take down some quick notes on things that you learned in this unit that you did not know before you began. Let your mind think over the notes you have written and make some connections.

Sometimes just stopping to think deeply allows your brain to make connections so that new information can be quickly recalled (回想起) when you need it again. Next, think about things that you still wonder. For example, maybe you learned a new way to solve a math problem, but you're not sure when to use it. Writing down your questions will help you remember to continue looking for answers the next time you come across the same topic.

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Self reflection is an essential (必不可少的) skill for a successful student. If you have never taken time to reflect, try it now.

27. What do you have to do for self reflection?

- A. To divide your textbook into some small parts.
- B. To take down some notes quickly and carefully.
- C. To calm your mind and make some connections.
- D. To get fully prepared for the test at the end of a unit.

28. What can we learn about self reflection from the passage?

- A. It needs a quiet and comfortable place.
- B. It is a must for a successful student.
- C. It can help solve all the problems.
- D. It depends on the same method.

29. What is the writer's purpose in writing this passage?

- A. To prove the necessity of self reflection.
- B. To introduce some effective ways to self reflection.
- C. To encourage students to try self reflection and become successful.
- D. To argue the importance of self reflection to students' development.

D

Tears can ruin (毁坏) make-up, bring a conversation to a stop, and give you a runny nose. They can leave you ashamed and without energy. However, crying is a fact of life, and tears are very useful. Even when you're not crying, your eyes produce tears. These create a film over the eye's surface. This film has something that protects your eyes.

Tears comfort stress, but we get used to fighting them for all sorts of reasons. "People worry about showing their emotions. They're afraid that once they lose control, they'll never get it back," explains Doctor Dorothy Rowe. "As children we were sometimes punished for shedding (流下) tears or expressing anger. As adults we still fear the results of showing emotions."

Almost any emotion-good or bad, happy or sad can cause tears. Crying is a way that we ease (舒缓) built-up emotions. Tears can help you when you feel you are ready to blow up because of very strong feelings. It may explain why people who are afraid to cry often suffer more heart attacks than people who cry more freely.

When some people become very stressed, however, they can't cry. They may be feeling anger, fear or sadness, but they repress the emotion. "Everyone has the need to cry," says Doctor Vera Diamond. Sometimes in therapy sessions (心理辅导), patients join in crying exercises. They practice crying so that they can get used to expressing emotion. Diamond says it's best to cry in safe and private places because many people get uncomfortable when others cry in front of them. In fact, they may be repressing their own need to cry as well.

In certain situations, such as at work, tears are not proper. It's good to control tears during a tense (紧张的) business discussion. "But once you are safely behind closed doors, don't just cry," Diamond says. She suggests that you act out the whole situation again and be as noisy and angry as you like. It will help you feel comfortable. She adds, "once your tears have eased the stress, you can begin to think of reasonable ways to deal with the problem."



Tears are a sign of our ability to feel. You should never be afraid to cry.

30. What is Paragraph 2 mainly about?

- A. Why people are afraid to cry.
- B. How tears can do people good.
- C. How emotions may influence people.
- D. What different groups of people think of tears.

31. The word “**repress**” in Paragraph 4 probably means “_____.”

- A. take out
- B. put away
- C. keep up
- D. hold back

32. Why does the writer mention Diamond's suggestion in Paragraph 5?

- A. To show how tears help people.
- B. To stress disadvantages of crying.
- C. To prove why it's good not to cry.
- D. To introduce ways to control tears.

33. Which of the following would be the best title for the passage?

- A. Don't Believe in Tears
- B. Cry as You Want
- C. Don't Take Cry Seriously
- D. The Value of Tears



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第二部分

本部分共 6 题，共 20 分。根据题目要求，完成相应任务。

四、阅读表达（每题 2 分，共 10 分）

阅读短文，根据短文内容回答问题。

The 2021 China (Qufu) International Confucius Cultural Festival was held in Qufu, Shandong, from September 27 to 28.

The theme of this year's cultural festival is about the celebration of the 2,572nd anniversary (纪念日) of the birth of Confucius, a famous ancient Chinese philosopher (哲学家) and educator. The Confucius Temple (庙) in Qufu, the birthplace of Confucius, held a memorial ceremony on September 28.

Some journalists (记者) visited the Confucius Temple, the Confucius Cemetery (公墓) and the Confucius Family Mansion (府) on Sept 27. These three sites were built in 478 BC to honor Confucius.

Riaz, a Pakistani journalist said that this trip was amazing and impressive. He is a big fan and student of Chinese culture, and the trip allowed him to learn about Chinese history, culture and stories related to Confucius.

"It's good to see that the Chinese government is trying to protect traditional cultures like Confucianism," said Raquel, a Spanish online influencer. "The younger generation can learn more about the history and Confucian culture and realize the importance of such traditional culture to them. "

Dean Munk, a Canadian online influencer, said that China has a very long history and is still influencing the world today. "I took the Chinese language test in the Confucius Center in Canada. Today, 2,000 years later, Confucian culture still has a lasting influence on the world. "



During the festival, the journalists also experienced local traditions, tasted local specialties and learned traditional skills such as calligraphy (书法), martial arts (武术), and paper-cutting.

34. When was the China (Qufu) International Confucius Cultural Festival held?
35. What is the theme of this year's cultural festival?
36. Why did Riaz think this trip was amazing and impressive?
37. Where did Dean Munk take the Chinese language test?
38. What would you like to do to spread Chinese traditional culture?



五、文段表达 (10 分)

39. 从下而两个题目中任选一题, 根据中文和英文提示, 完成一篇不少于 50 词的文段写作。文中已给出内容不计入总词数。所给提示词语仅供选用。请不要写出你的校名和姓名。

题目①

假如你是李华, 为丁迎接“冬奥会”的到来, 你们学校将要在周五下午放学后举办“我运动, 我健康”的运动健身活动, 你打算邀请你们班交换生 Peter 参加。请用英语写一封电子邮件, 告诉他活动的时间和地点, 活动内容, 以及他需要做什么准备。

提示词语: playground, fun, experience, bring

提示问题: ·When and where will the activity be held?

What will you do?

What do you advise Peter to prepare for it?

<p><i>Dear Peter,</i></p> <p><i>How is it going?</i></p> <p><i>I'm writing to invite you to take part in our activity on "Doing Sports Makes Me Fit" in our school.</i> _____</p> <p>_____</p> <p><i>I'm looking forward to your early reply.</i></p> <p><i>Yours,</i></p> <p><i>Li Hua</i></p>

题目②

绿色生活是我们追求的目标, 倡导绿色低碳生活是我们义不容辞的责任。

某英文网站正在开展以“My Green Life”为主题的征文活动。假如你是李华, 请用英语写一篇短文投稿, 谈谈你对绿色生活的看法, 在日常生活中你的做法及建议。

提示词语: important, ride, turn off, better

提示问题: ·What do you think of green life?

What do you do in your daily life?

What are your suggestions?

My Green Life

Green lifestyle is my goal. _____

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参考答案

一、单项填空

1. D 2. A 3. A 4. B
5. C 6. D 7. C 8. B
9. B 10. C 11. A 12. D

二、完形填空

13. C 14. B 15. A 16. D
17. A 18. C 19. B 20. D

三、阅读理解

21. C 22. A 23. D 24. A 25. C
26. D 27. C 28. B 29. C 30. A
31. D 32. A 33. D

四、阅读表达

34. From September 27 to 28, 2021.
35. It's about the celebration of the 2,572nd anniversary of the birth of Confucius.
36. Because the trip allowed him to learn about Chinese history, culture and stories related to Confucius.
37. In the Confucius Center in Canada.
38. (略)

五、文段表达

39. 参考范文:

题目①

Dear Peter

How is it going?

I'm writing to invite you to take part in our activity on "Doing Sports Makes Me Fit" in our school. It will be held on the playground after school next Friday afternoon. There will be some fun fitness activities. We can experience some events of the Winter Olympic Games, and we can also take part in some sports. You'd better wear comfortable shoes and bring some water with you. I'm sure you'll love it.

I'm looking forward to your early reply

Yours,

Li Hua

题目②

My Green Life

Green lifestyle is my goal. I think it's important for us to have a green life, so we can live healthily and happily. As for me, I often ride a bike to school because it gives me a chance to do some exercise and produces no pollution. Besides that, I



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always turn off lights when I leave the room. I hope we should remember three words: reduce, reuse and recycle every day. And we'll make our world better.

