





二、完形填空（共 10 分，每小题 1 分）

阅读下面的短文，掌握其大意，然后从短文后各题所给的 A、B、C、D 四个选项中，选择最佳选项。

I had been playing hockey (冰球) for about 10 years. I was always the one sitting at the end of the bench, and seldom got into a game. I went to all the practices and showed up even when it was so cold that your “breath froze” and when the other players had decided to stay home. I felt I had \_\_\_\_\_13\_\_\_\_\_ enough and thought of quitting.

I finally decided to break the news to my mom that I was leaving the team. My mom may have looked like a tiny and quiet lady but on \_\_\_\_\_14\_\_\_\_\_ my words, she said, “Remember, ‘A quitter never wins and a winner never quits (放弃).’ Your mother didn’t raise \_\_\_\_\_15\_\_\_\_\_, so think about yourself in a \_\_\_\_\_16\_\_\_\_\_ way and see yourself as a winner!” So I worked harder than ever at getting in better shape, improving my shot accuracy and changing my \_\_\_\_\_17\_\_\_\_\_.

Once in a match, we \_\_\_\_\_18\_\_\_\_\_ our first game badly. What’s worse, one of our best players got hurt. I was sitting at my \_\_\_\_\_19\_\_\_\_\_ place, at the end of the bench, when the coach came over and told me I was going in. I was nervous, excited and terrified all at the same time.

The opposing team was fast and I had to admit I was a little scared. But my mom’s words rang out in my head like a church bell. Instead of being afraid, I was “pumped” and I very quickly found that all my extra work was paying off. I was as fast a skater as anyone else on the ice, and I seemed to get the \_\_\_\_\_20\_\_\_\_\_ to score. The crowd went quiet. All the time I spent on the ice when everyone had gone home had prepared me for this moment.

Won! I won!

The lesson I learned from my mom’s \_\_\_\_\_21\_\_\_\_\_ has stayed with me over the years. I hear them whenever I am faced with a challenge, or whenever I \_\_\_\_\_22\_\_\_\_\_ myself.

- |                 |               |              |               |
|-----------------|---------------|--------------|---------------|
| 13. A. suffered | B. explained  | C. planned   | D. escaped    |
| 14. A. noticing | B. gathering  | C. hearing   | D. analyzing  |
| 15. A. talkers  | B. dreamers   | C. attackers | D. losers     |
| 16. A. positive | B. familiar   | C. brief     | D. convenient |
| 17. A. aim      | B. taste      | C. habit     | D. attitude   |
| 18. A. lost     | B. controlled | C. practiced | D. continued  |
| 19. A. usual    | B. safe       | C. secret    | D. private    |
| 20. A. message  | B. chance     | C. order     | D. note       |
| 21. A. actions  | B. reasons    | C. words     | D. promises   |
| 22. A. judge    | B. express    | C. comfort   | D. doubt      |

阅读理解（共 38 分）

三、阅读下列短文，根据短文内容，从短文后各题所给的 A、B、C、D 四个选项中，选择最佳选项。（共 28 分，每小题 2 分）

A

Everyone in our class has our own characters. Each plays his or her part in our class. All in all, we are a group of young children who are perhaps a bit noisy at times, but on the whole are well behaved and pleasant to be with.

Ah Keong

We are a noisy group, and that is what our teachers say about us. This is largely because of Ah Keong. He is the noisiest of us all because he lives with his family of ten children. It seems that he cannot talk softly. Actually he does not talk, he shouts.



Padma

Padma is a quiet boy who sits next to me. He is so soft that one would think that he is a girl. This is not so. No one dares to call him "girl", for he is a member of the school karate club.

Doris

Doris is such a model student that all the teachers love her, She sits right in front of the teachers table. We all love her because she is kind and helpful. Every day, she makes sure that the teachers have enough chalk and the classroom is clean.

Jack

Every class has a clown(小丑). Our class has jack. He is naughty and always playing tricks on others. He puts tails on the boys pants and frogs in the girls desks. So when we hear someone crying, we know that Jack has played a trick again.

23. Ah Keong is the noisiest because \_\_\_\_\_.

- A. he lives with his family of ten children
- B. he is always playing tricks on others
- C. he sits in front of the teacher s table
- D. he is in the school karate club

24. What is Padma like?

- A. Noisy.
- B. Naughty.
- C. Quiet.
- D. Helpful.

25. Who is a model student?

- A. Jack.
- B. Doris.
- C. Padma.
- D. Ah Keong.

### B

#### The Wallet

Jenny looked at the store window. There was nothing that she wanted more than a Happy Hannah doll. It was \$29.95. Unluckily, Jenny didn't even have the 95 cents.

As she crossed the street, she thought about doing her brother's housework, cleaning the floor, washing the dishes all month, but even then she would have only eleven dollars. Suddenly, something small and pink in the snow caught her eyes.

Jenny walked over and picked it up from the snow. It was a beautiful wallet. She opened the wallet and found many dollars and a woman's driver's license Jenny put the wallet into her bag quickly. She turned around and walked back. Jenny's heart beat fast as she entered the store. She had long dreamed about this moment, but something didn't feel right. As she got to the Happy Hannah dolls, she pushed away her feelings. She grabbed (抓起) one and walked toward the checkout.

As Jenny was waiting to pay, her mobile phone rang. Jenny looked around, startled (吓了一跳). It was her grandma. Jenny's heart was suddenly filled with love and warmth when she thought of her. She put the doll down and answered the phone.

"Hi, Grandma? I'm going to be a little bit late tonight...Alright... I love you, too." Jenny left the store and walked all the way to 301 West Street. The woman who answered the door looked sad.

"Here, I found this in the snow," Jenny said.

"Oh, good god! This is the money for the orphanage (孤儿院)! Thank you!" After doing her brother's housework for three months, Jenny finally got a Happy Hannah doll. She was so happy because she could play with her doll and look her grandma in the eye.

26. How did Jenny feel when she thought of her grandma?



- A. Moved.                      B. Warm.                      C. Nervous.                      D. Surprised.

27. Why did Jenny go to 301 West Street?

- A. To find a toy store.  
B. To return the money.  
C. To visit the orphanage.  
D. To look after the woman.

28. What did Jenny do to get the doll?

- A. She asked her grandma for help.  
B. She took some money from the woman.  
C. She did her brother's housework for three months.  
D. She cleaned the floor in the store for all month.

C

### The truth behind sports drinks

In the summer of 1965, the University of Florida football coach was worried about the state of his team. After a tough game, his players had lost a lot of weight and hardly needed to urinate(排尿). He wanted to know why.

Dr. James Robert Cade, a kidney(肾脏) expert at the University, stepped in to help find out the answer. With too much exercise at high temperatures, the players were sweating so much that they didn't have enough fluids left in their bodies. Their blood sugar and electrolyte(电解质) levels turned out to be very low.

Dr. Cade's team decided to make a drink to solve this problem. The scientists started with water. To restore carbohydrates(碳水化合物), they added sugar. To balance electrolytes, they added salt. However, the drink tasted so bad that players kept spitting it out. Dr Cade's wife recommended adding lemon juice. The football team started drinking it and won all of its following games.

As sports drinks have become an increasingly popular type of beverage, "Are you getting enough electrolytes?" has similarly become a hot question. Electrolytes are naturally found in many fruits and vegetables. Through a balanced diet, the body keeps electrolyte levels right where they should be. But sometimes the body loses a lot of fluids really quickly. When that happens, muscle cramps(痉挛), tiredness and other unpleasant feelings may follow. Then an increase of electrolytes can help the body get back to normal.

Many people think that sports drinks win games and make us healthy in a second. But the fact is most of us are not professional players training in extreme heat. We don't lose 10 pounds of sweat in one game. Most people, even those who play sports, do not usually have electrolyte imbalances, or need lots of extra carbohydrates.

Remember the main ingredients in sports drinks? Water, sugar, and salt. Most diets today are already way too high in sugar and salt. The truly remarkable part of the mix is water. It is used in every single bodily function. We all need it and many of us do not get nearly enough of the stuff. Drinking plenty of water throughout the day and often taking sips while exercising helps the body to reach its best level of performance necessary to meet any challenge.

29. What does the underlined phrase "this problem" refer to?

- A. The players could hardly urinate after a tough game.  
B. The players were sweating too much during a tough game.  
C. The players' body weight dropped a lot during a tough game.  
D. The players' blood sugar and electrolytes were low after a tough game.

30. According to the passage, which of the following statements is NOT true?



- A. Drinking water is a better choice than having a sports drink for most people.  
B. Eating a balanced diet helps keep our blood sugar at a normal level.  
C. Sports drinks help players restore electrolytes that were lost in games.  
D. When losing body fluids quickly, we are likely to feel uncomfortable.
31. Sports drinks are believed to win games and make us healthy in a second. Should we drink them as much as possible?  
A. Yes, because there are many healthy ingredients in them.  
B. Yes, because they help us remain in good condition all of the time.  
C. No, because many sports drinks on sale are not well made.  
D. No, because we do not need them as much as athletes do.
32. When describing sports drinks, the author's attitude is \_\_\_\_\_.
- A. positive                      B. negative                      C. neutral                      D. indifferent

D

Is gaming good or bad?

If you are a kid who enjoys playing video games, you must have argued with your parents at least once about the impact of gaming. Your parents might say that video games are bad for you. They may worsen your eyes, lower your academic performance, and could lead to health problems. As a kid, you probably argue that video games allow you to socialize with your friends, improve your coordination (协调) and memory, and even give you a way to make money through streaming platforms. Could you both be right?

One study of game players showed that 35 percent of high school and college students have missed school or work because of games. Some other studies have shown that playing video games leads to poor concentration in school or at work. In my seventh-grade science fair study elementary and high school kids playing games had lower test accuracy, slower reflexes (条件反射), less pain awareness and lower response times to threatening sounds during and after having played video games.

On the other hand, a study conducted by Cheryl Olson interviewed 1,000 public school students and found that video games can help kids develop problem-solving skills, make friends, show leadership, and spark creativity. They can also be highly educational, because some games involve problem-solving skills or teach things like history, geography, or culture.

So, I bet you're wondering ... should I play video games or not? Who is right?

I think kids and parents can both win this argument. How? Most of the negative impacts of video games happen when kids play for too long, so play moderately (适度地). Here's how to do that.

First, talk with your parents and take breaks from your gaming to help around the house or to get some fresh air. Second, try to find video games that are both fun and educational. Third, if you wear a headset to play, take it off every few minutes or leave one ear free so you can hear your surroundings. Fourth, there are also many games that get you up out of your seat. Finally, find some games that you can play with your parents, and you just might surprise them with how enjoyable they are. They may end up having more fun than you!

What do you think? Are the good things about video games enough to outweigh the bad?

33. What's the main idea of paragraph 1?
- A. The reasons why playing games is bad for kids.  
B. Parents and kids hold different opinions towards video games.  
C. Playing games can cause arguments between parents and their children.  
D. A story about kids' arguing with their parents about playing video games.



34. Cheryl Olsen's study is mentioned to \_\_\_\_\_.
- A. express the author's attitude towards playing video games
  - B. show the negative impact playing video games can have
  - C. show the positive impact playing video games can have
  - D. share the findings of the latest research about video games
35. According to the article, what is NOT the disadvantages video games bring to kids?
- A. They may cause harm to kids' eyesight.
  - B. They may make kids difficult to focus on study.
  - C. They may damage kids' coordination and memory.
  - D. They may put kids in danger because of less response time.
36. The author is most likely to support \_\_\_\_\_.
- A. playing educational games without breaks
  - B. always wearing a headset when playing games
  - C. playing active games which parents can take part in
  - D. remaining seated the whole time while leaving one ear free from your headset

四、阅读短文，根据短文内容回答问题。（共10分，每小题2分）

#### Heart and soul



Joe Gardner in the new movie *Soul* (《心灵奇旅》) is a jazz lover and gifted piano player who teaches middle school band. He's seeking success and the approval (认可) of his mother. When he gets a gig (现场演奏) playing with his idol, saxophonist (萨克斯管吹奏者) Dorothea Williams, Joe thinks he's about to fulfill his purpose in life.

Then Joe falls down a hole. Eventually, he finds himself in the Great Before, where new souls are prepared for life. It's also where Joe meets Soul Number 22. He's assigned (被安排) to help her find her spark—the passion that motivates (激励) her. But 22 isn't excited about anything until she begins to experience life for herself.

Seeing life through 22's eyes awakens something in Joe. He realizes that while music is one of his sparks, he also finds satisfaction in helping others. By guiding 22, Joe gains an appreciation for the little things that make life worth living. For example, 22 gets her spark from ordinary activities, like watching the sky.

The characters in *Soul* are all very interesting. Everyone has something the movie calls a "spark". The movie suggests that part of the beauty of life is in discovering one's own spark, and in helping others to find theirs as well. Joe's piano pieces, played by musician Jon Batiste, are one of the highlights (最精彩的部分) of the film. The music is impressive and full of feeling. It's easy to believe these works take Joe on a musical journey to another world. By hearing them, we are transported too.



I give *Soul* a rating of 9 out of 10. The movie is thought-provoking and inspiring. As the characters learn from one another, the viewer is invited to examine his or her own life.

You'll want to watch this film again and again with those who know you best, so you can discuss your spark and why it makes you—you.

37. Who are the main characters of the movie *Soul*?

\_\_\_\_\_

38. What's the meaning of "spark" in the movie?

\_\_\_\_\_

39. What does Joe gain by guiding 22?

\_\_\_\_\_

40. Does 22 find her spark?

\_\_\_\_\_

41. What's the beauty of life according to the movie?

\_\_\_\_\_

五、根据句意，用所给词或中文释义的正确形式填空。（共 10 分，每空 1 分）

42. We \_\_\_\_\_ (feel) sad when we heard the news that so many people lost their lives in the air crash.

43. Disneyland company \_\_\_\_\_ (invent) the first cartoon in 1928.

44. So far scientists haven't \_\_\_\_\_ (discover) life on Mars.

45. One of my classmates \_\_\_\_\_ (send) me several letters since he moved to another city.

46. \_\_\_\_\_ (Hobby) can make you relaxed and develop your interests.

47. His book is the best-seller. He is good at \_\_\_\_\_ (make up) a story.

48. We are \_\_\_\_\_ (骄傲的) that Chinese astronauts have been sent into space.

49. I can't help \_\_\_\_\_ (laugh) when we are watching *Tom and Jerry*.

50. I don't think my coach will invite us \_\_\_\_\_ (enter) the competition.

51. Eating fast food and having no exercise are harmful to our \_\_\_\_\_ (health).

六、文段表达(10 分)

39、从下面两个题目中任选一题，根据中文和英文提示，完成一篇不少于 50 词的文段写作。文中已给出内容不计入总词数。所给提示词语仅供选用。请不要 写出你的校名和姓名。

题目①

52. 假设你是李华，你的英国笔友杰西最近身体不适，医生建议她多做运动，但她不知道该选择什么样的运动，想请你分享一下经验。请根据提示问题，给她回一封邮件，不少于 50 词。邮件格式已给出，但不计入总词数。

提示问题:

1. What kind of sports do you advise Jessie to do?

2. Why is it suitable (合适的) for Jessie?

3. How often do you advise Jessie to do it?

提示词语: exercise, keep healthy, strong

Dear Jessie,

I am sorry to hear that you don't feel very well.



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题目②

53. 某英文网站正在开展以“战胜挫折”为主题的征文活动。假如你是李华，请用英语写一篇短文投稿，谈谈生活中战胜挫折的一次经历。主要内容包括：你遇到的什么挫折，你是如何战胜它的，以及你从中学到了什么。

提示词语: work hard, give up, confident

提示问题:

1. What was the problem?
2. How did you overcome (克服) it?
3. What have you learnt from it?

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# 参考答案



## 一、单项选择（共 12 分，每小题 1 分）

从下面各题所给的 A、B、C、D 四个选项中，选择可以填入空白处的最佳选项。

1. Mr. Smith has got a stomach ache and \_\_\_\_\_ head hurts.

- A. her                      B. his                      C. their                      D. your

【答案】B

【解析】

【详解】句意：史密斯先生胃痛，头也疼。

考查代词辨析。her 她的；his 他的；their 他们的；your 你的。根据“Mr. Smith”可知，男性，应用 his 表示“他的”，故选 B。

2. China sent Tianwen-1 spaceship into space \_\_\_\_\_ July 23rd, 2020.

- A. on                      B. by                      C. at                      D. in

【答案】A

【解析】

【详解】句意：2020 年 7 月 23 日，中国将“天问一号”探测器送入太空。

考查介词。on 用于指具体某一天；by 通常接时间名词，常用于完成时；at 用于指某一特定的时刻；in 用于指某个较长的时间（年、月、季节）。空格后“July 23rd, 2020”为具体的一天，故应用介词 on。故选 A。

3. Tony has entered a lot of competitions, \_\_\_\_\_ he hasn't won any prizes.

- A. so                      B. for                      C. but                      D. or

【答案】C

【解析】

【详解】句意：托尼参加了很多比赛，但他没有赢得任何奖品。

考查连词辨析。so 因此；for 因为；but 但是；or 或者。“Tony has entered a lot of competitions”与“he hasn't won any prizes”是转折关系，故选 C。

4. —Sam, \_\_\_\_\_ you help me make an apple pie?

—No problem.

- A. can                      B. must                      C. should                      D. need

【答案】A

【解析】

【详解】句意：——Sam，你可以帮助我做一个苹果派吗？——没问题。

考查情态动词辨析。can 可以；must 必须；should 应该；need 必须。根据答语“No problem”可知，此处表示请求允许，用 can 符合语境，故选 A。

5. —\_\_\_\_\_ has Spiderman been popular?

—For sixty years.

- A. How much                      B. How often                      C. How long                      D. How soon

【答案】C

【解析】





A. went                      B. goes                      C. has gone                      D. will go

【答案】B

【解析】

【详解】句意：地理老师告诉我们地球绕着太阳转。

考查动词时态。此处是宾语从句，从句“地球绕着太阳转”是客观事实，仍用一般现在时，故选 B。

12. —Would you like to go to watch a cartoon with me?

—I'd love to, but I \_\_\_\_\_ my English homework yet.

A. don't finish                      B. didn't finish                      C. haven't finished                      D. won't finish

【答案】C

【解析】

【详解】句意：——你愿意和我一起去看卡通片吗？——我很想去，但我还没有完成英语作业。

考查句子时态。根据句中“yet”提示，yet 为现在完成时态的标志词。该句应用现在完成时，即“haven't +过去分词”形式。故选 C。

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阅读下面 短文，掌握其大意，然后从短文后各题所给的 A、B、C、D 四个选项中，选择最佳选项。

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I finally decided to break the news to my mom that I was leaving the team. My mom may have looked like a tiny and quiet lady but on \_\_\_\_\_ 14 \_\_\_\_\_ my words, she said, “Remember, ‘A quitter never wins and a winner never quits (放弃).’ Your mother didn't raise \_\_\_\_\_ 15 \_\_\_\_\_, so think about yourself in a \_\_\_\_\_ 16 \_\_\_\_\_ way and see yourself as a winner!” So I worked harder than ever at getting in better shape, improving my shot accuracy and changing my \_\_\_\_\_ 17 \_\_\_\_\_.

Once in a match, we \_\_\_\_\_ 18 \_\_\_\_\_ our first game badly. What's worse, one of our best players got hurt. I was sitting at my \_\_\_\_\_ 19 \_\_\_\_\_ place, at the end of the bench, when the coach came over and told me I was going in. I was nervous, excited and terrified all at the same time.

The opposing team was fast and I had to admit I was a little scared. But my mom's words rang out in my head like a church bell. Instead of being afraid, I was “pumped” and I very quickly found that all my extra work was paying off. I was as fast a skater as anyone else on the ice, and I seemed to get the \_\_\_\_\_ 20 \_\_\_\_\_ to score. The crowd went quiet. All the time I spent on the ice when everyone had gone home had prepared me for this moment.

Won! I won!

The lesson I learned from my mom's \_\_\_\_\_ 21 \_\_\_\_\_ has stayed with me over the years. I hear them whenever I am faced with a challenge, or whenever I \_\_\_\_\_ 22 \_\_\_\_\_ myself.

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22. A. judge                    B. express                    C. comfort                    D. doubt

【答案】13. A 14. C 15. D 16. A 17. D 18. A 19. A 20. B 21. C 22. D

【解析】

【导语】本文是一篇记叙文，讲述了作者在母亲话语激励下，努力训练并熬过了坐冷板凳的日子，最终登场赢得比赛的故事。

【13题详解】

句意：我觉得我已经受够了，于是想退出。

suffered 遭受；explained 解释；planned 计划；escaped 逃走。根据下文“thought of quitting”可知，作者受够了，所以想退出。故选 A。

【14题详解】

句意：我妈妈可能看起来像个娇小安静的女士，但一听到我的话，她说。

noticing 注意；gathering 聚集；hearing 听到；analyzing 分析。根据上文“I finally decided to break the news to my mom that I was leaving the team”可知，作者把自己的想法告诉了母亲，听到儿子的话之后母亲开口说话了。故选 C。

【15题详解】

句意：你母亲不会养育失败者。

talkers 谈话者；dreamers 梦想家；attackers 袭击者；losers 失败者。根据下文“see yourself as a winner!”可知，作者母亲不愿养育失败者，所以让作者振作起来。故选 D。

【16题详解】

句意：所以要以积极的方式思考自己，把自己视为赢家！

positive 积极的；familiar 熟悉的；brief 简洁的；convenient 方便的。根据下文“see yourself as a winner!”可知，母亲要求作者以积极的心态思考问题，故选 A。

【17题详解】

句意：因此，我比以往任何时候都更加努力地锻炼身体，提高射门精度，改变态度。

aim 目标；taste 味道；habit 习惯；attitude 态度。根据上文“I felt I had suffered enough and thought of quitting”可知，作者原本想放弃了，但是在母亲开导之后又改变了态度。故选 D。

【18题详解】

句意：曾经有一次在比赛中，我们第一场比赛输得很惨。

lost 输；controlled 控制；practiced 练习；continued 继续。根据下文“What’s worse, one of our best players got hurt”可知，是比赛中出现了不利的状况，即输了比赛。故选 A。

【19题详解】

句意：当教练过来告诉我，我要上场的时候，我正坐在我惯常的位置，在板凳的末端。

usual 寻常的；safe 安全的；secret 秘密的；private 私人的。根据上文“I was always the one sitting at the end of the bench”可知，作者一直都坐着冷板凳，所以这次也像往常一样坐着。故选 A。

【20题详解】

句意：我在冰上滑得和其他人一样快，似乎有机会得分。



message 信息; chance 机会; order 顺序; note 记录。根据下文“to score”可知,指的是作者似乎有机会得分了。故选 B。

**【21 题详解】**

句意:多年来,我从妈妈的话中学到的道理一直伴随着我。

actions 行动; reasons 原因; words 话语; promises 承诺。根据下文“I hear them”可知,此处指的是当初母亲的一番话。故选 C。

**【22 题详解】**

句意:每当我面临挑战或怀疑自己时,我都会听到这个声音。

judge 判断; express 表达; comfort 安慰; doubt 怀疑。根据上文“I am faced with a challenge”可知,此处指的是遇到困境时,即“怀疑自己”时。故选 D。

阅读理解 (共 38 分)

三、阅读下列短文,根据短文内容,从短文后各题所给的 A、B、C、D 四个选项中,选择最佳选项。(共 28 分,每小题 2 分)

A

Everyone in our class has our own characters. Each plays his or her part in our class. All in all, we are a group of young children who are perhaps a bit noisy at times, but on the whole are well behaved and pleasant to be with.

Ah Keong

We are a noisy group, and that is what our teachers say about us. This is largely because of Ah Keong. He is the noisiest of us all because he lives with his family of ten children. It seems that he cannot talk softly. Actually he does not talk, he shouts.

Padma

Padma is a quiet boy who sits next to me. He is so soft that one would think that he is a girl. This is not so. No one dares to call him“girl”, for he is a member of the school karate club.

Doris

Doris is such a model student that all the teachers love her, She sits right in front of the teachers table. We all love her because she is kind and helpful. Every day, she makes sure that the teachers have enough chalk and the classroom is clean.

Jack

Every class has a clown(小丑). Our class has jack. He is naughty and always playing tricks on others. He puts tails on the boys pants and frogs in the girls desks. So when we hear someone crying, we know that Jack has played a trick again.

23. Ah Keong is the noisiest because \_\_\_\_\_.

- A. he lives with his family of ten children
- B. he is always playing tricks on others
- C. he sits in front of the teacher s table
- D. he is in the school karate club

24. What is Padma like?

- A. Noisy.
- B. Naughty.
- C. Quiet.
- D. Helpful.

25. Who is a model student?

- A. Jack.
- B. Doris.
- C. Padma.
- D. Ah Keong.

**【答案】** 23. A 24. C 25. B



【解析】

【导语】本文主要介绍的是四个人的性格。

【23 题详解】

细节理解题。根据“Ah Keong is the noisiest because he lives with his family of ten children.”可知，Ah Keong 是最吵闹的因为他和十个孩子的家庭生活在一起。故选 A。

【24 题详解】

细节理解题。根据“Padma is a quiet boy who sits next to me.”可知，Padma 是个安静的男孩。故选 C。

【25 题详解】

细节理解题。根据“Doris is such a model student that all the teachers love her.”可知，Doris 是个模范生。故选 B。

B

The Wallet

Jenny looked at the store window. There was nothing that she wanted more than a Happy Hannah doll. It was \$29.95. Unluckily, Jenny didn't even have the 95 cents.

As she crossed the street, she thought about doing her brother's housework, cleaning the floor, washing the dishes all month, but even then she would have only eleven dollars. Suddenly, something small and pink in the snow caught her eyes.

Jenny walked over and picked it up from the snow. It was a beautiful wallet. She opened the wallet and found many dollars and a woman's driver's license Jenny put the wallet into her bag quickly. She turned around and walked back. Jenny's heart beat fast as she entered the store. She had long dreamed about this moment, but something didn't feel right. As she got to the Happy Hannah dolls, she pushed away her feelings. She grabbed (抓起) one and walked toward the checkout.

As Jenny was waiting to pay, her mobile phone rang. Jenny looked around, startled (吓了一跳). It was her grandma. Jenny's heart was suddenly filled with love and warmth when she thought of her. She put the doll down and answered the phone.

“Hi, Grandma? I'm going to be a little bit late tonight...Alright... I love you, too.” Jenny left the store and walked all the way to 301 West Street. The woman who answered the door looked sad.

“Here, I found this in the snow,” Jenny said.

“Oh, good god! This is the money for the orphanage (孤儿院)! Thank you!” After doing her brother's housework for three months, Jenny finally got a Happy Hannah doll. She was so happy because she could play with her doll and look her grandma in the eye.

26. How did Jenny feel when she thought of her grandma?

- A. Moved.                      B. Warm.                      C. Nervous.                      D. Surprised.

27. Why did Jenny go to 301 West Street?

- A. To find a toy store.  
B. To return the money.  
C. To visit the orphanage.  
D. To look after the woman.

28. What did Jenny do to get the doll?

- A. She asked her grandma for help.



- B. She took some money from the woman.  
C. She did her brother's housework for three months.  
D. She cleaned the floor in the store for all month.

【答案】26. B 27. B 28. C

【解析】

【导语】本文主要讲述了珍妮在雪地里捡到一个钱包，准备用钱包里的钱去买玩具，结果因为奶奶的一通电话最终归还了钱包的故事。

【26题详解】

细节理解题。根据“It was her grandma. Jenny's heart was suddenly filled with love and warmth when she thought of her.”可知，珍妮想到奶奶就觉得很温暖，故选 B。

【27题详解】

细节理解题。根据“Jenny left the store and walked all the way to 301 West Street...Here, I found this in the snow”可知，去那里是为了还钱包，故选 B。

【28题详解】

细节理解题。根据“After doing her brother's housework for three months, Jenny finally got a Happy Hannah doll”可知，帮哥哥做了三个月的家务后买到了布娃娃，故选 C。

C

### The truth behind sports drinks

In the summer of 1965, the University of Florida football coach was worried about the state of his team. After a tough game, his players had lost a lot of weight and hardly needed to urinate(排尿). He wanted to know why.

Dr. James Robert Cade, a kidney(肾脏) expert at the University, stepped in to help find out the answer. With too much exercise at high temperatures, the players were sweating so much that they didn't have enough fluids left in their bodies. Their blood sugar and electrolyte(电解质) levels turned out to be very low.

Dr. Cade's team decided to make a drink to solve this problem. The scientists started with water. To restore carbohydrates(碳水化合物), they added sugar. To balance electrolytes, they added salt. However, the drink tasted so bad that players kept spitting it out. Dr Cade's wife recommended adding lemon juice. The football team started drinking it and won all of its following games.

As sports drinks have become an increasingly popular type of beverage, “Are you getting enough electrolytes?” has similarly become a hot question. Electrolytes are naturally found in many fruits and vegetables. Through a balanced diet, the body keeps electrolyte levels right where they should be. But sometimes the body loses a lot of fluids really quickly. When that happens, muscle cramps(痉挛), tiredness and other unpleasant feelings may follow. Then an increase of electrolytes can help the body get back to normal.

Many people think that sports drinks win games and make us healthy in a second. But the fact is most of us are not professional players training in extreme heat. We don't lose 10 pounds of sweat in one game. Most people, even those who play sports, do not usually have electrolyte imbalances, or need lots of extra carbohydrates.

Remember the main ingredients in sports drinks? Water, sugar, and salt. Most diets today are already way too high in sugar and salt. The truly remarkable part of the mix is water. It is used in every single bodily function. We all need it



and many of us do not get nearly enough of the stuff. Drinking plenty of water throughout the day and often taking sips while exercising helps the body to reach its best level of performance necessary to meet any challenge.

29. What does the underlined phrase “this problem” refer to?
- A. The players could hardly urinate after a tough game.  
 B. The players were sweating too much during a tough game.  
 C. The players’ body weight dropped a lot during a tough game.  
 D. The players’ blood sugar and electrolytes were low after a tough game.
30. According to the passage, which of the following statements is NOT true?
- A. Drinking water is a better choice than having a sports drink for most people.  
 B. Eating a balanced diet helps keep our blood sugar at a normal level.  
 C. Sports drinks help players restore electrolytes that were lost in games.  
 D. When losing body fluids quickly, we are likely to feel uncomfortable.
31. Sports drinks are believed to win games and make us healthy in a second. Should we drink them as much as possible?
- A. Yes, because there are many healthy ingredients in them.  
 B. Yes, because they help us remain in good condition all of the time.  
 C. No, because many sports drinks on sale are not well made.  
 D. No, because we do not need them as much as athletes do.
32. When describing sports drinks, the author’s attitude is \_\_\_\_\_.
- A. positive                      B. negative                      C. neutral                      D. indifferent

【答案】29. D 30. B 31. D 32. C

【解析】

【导语】本文主要介绍了运动员为什么在经过一场艰苦的比赛后，在几乎不需要小便的情况下，体重会减轻很多这一现象，运动饮料可以解决这一系列的问题，但是大多数人并没有像运动员那样消耗大量的体力，所以多喝水也可以帮助身体达到应对任何挑战所需的最佳水平。

【29题详解】

推理判断题。根据“With too much exercise at high temperatures, the players were sweating so much that they didn’t have enough fluids left in their bodies. Their blood sugar and electrolyte(电解质) levels turned out to be very low”可知，为了解决大量运动后，运动员血糖和电解质水平非常低这个问题，故选 D。

【30题详解】

推理判断题。根据“Electrolytes are naturally found in many fruits and vegetables. Through a balanced diet, the body keeps electrolyte levels right where they should be”可知，通过均衡的饮食，身体的电解质水平保持在应有的水平，B 表述错误，故选 B。

【31题详解】

细节理解题。根据“Many people think that sports drinks win games and make us healthy in a second. But the fact is most of us are not professional players training in extreme heat”可知，我们不需要喝太多的运动饮料，因为大多数人都不是在极端高温下训练的职业球员，故选 D。

【32题详解】

观点态度题。根据文中描述可知，作者起初是介绍了运动饮料对于运动员的帮助，最后又讲到了我们大多数人并不像运动员那样需要消耗大量的体力，所以只需要喝水即可，所以对于运动饮料作者是中立的态度，故选 C。



D

Is gaming good or bad?



If you are a kid who enjoys playing video games, you must have argued with your parents at least once about the impact of gaming. Your parents might say that video games are bad for you. They may worsen your eyes, lower your academic performance, and could lead to health problems. As a kid, you probably argue that video games allow you to socialize with your friends, improve your coordination (协调) and memory, and even give you a way to make money through streaming platforms. Could you both be right?

One study of game players showed that 35 percent of high school and college students have missed school or work because of games. Some other studies have shown that playing video games leads to poor concentration in school or at work. In my seventh-grade science fair study, elementary and high school kids playing games had lower test accuracy, slower reflexes (条件反射), less pain awareness and lower response times to threatening sounds during and after having played video games.

On the other hand, a study conducted by Cheryl Olson interviewed 1,000 public school students and found that video games can help kids develop problem-solving skills, make friends, show leadership, and spark creativity. They can also be highly educational, because some games involve problem-solving skills or teach things like history, geography, or culture.

So, I bet you're wondering ... should I play video games or not? Who is right?

I think kids and parents can both win this argument. How? Most of the negative impacts of video games happen when kids play for too long, so play moderately (适度地). Here's how to do that.

First, talk with your parents and take breaks from your gaming to help around the house or to get some fresh air. Second, try to find video games that are both fun and educational. Third, if you wear a headset to play, take it off every few minutes or leave one ear free so you can hear your surroundings. Fourth, there are also many games that get you up out of your seat. Finally, find some games that you can play with your parents, and you just might surprise them with how enjoyable they are. They may end up having more fun than you!

What do you think? Are the good things about video games enough to outweigh the bad?

33. What's the main idea of paragraph 1?

- A. The reasons why playing games is bad for kids.
- B. Parents and kids hold different opinions towards video games.
- C. Playing games can cause arguments between parents and their children.
- D. A story about kids' arguing with their parents about playing video games.

34. Cheryl Olsen's study is mentioned to \_\_\_\_\_.

- A. express the author's attitude towards playing video games
- B. show the negative impact playing video games can have
- C. show the positive impact playing video games can have
- D. share the findings of the latest research about video games

35. According to the article, what is NOT the disadvantages video games bring to kids?

- A. They may cause harm to kids' eyesight.
- B. They may make kids difficult to focus on study.
- C. They may damage kids' coordination and memory.
- D. They may put kids in danger because of less response time.

36. The author is most likely to support \_\_\_\_\_.



- A. playing educational games without breaks
- B. always wearing a headset when playing games
- C. playing active games which parents can take part in
- D. remaining seated the whole time while leaving one ear free from your headset

【答案】33. B 34. C 35. C 36. C

【解析】

【导语】本文是一篇议论文，通过展示各方声音探讨了电子游戏的利与弊，并就如何健康游戏给出了建议。

【33 题详解】

主旨大意。根据原文“If you are a kid who enjoys playing video games, you must have argued with your parents at least once about the impact of gaming”可知，在电子游戏的问题上，父母与孩子有着不同的观点，所以总会有争吵。故选 B。

【34 题详解】

推理判断题。根据原文“found that video games can help kids develop problem-solving skills, make friends, show leadership, and spark creativity ... because some games involve problem-solving skills or teach things like history, geography, or culture”可知，Cheryl Olson 进行的一项研究发现了电子游戏对孩子的益处。故选 C。

【35 题详解】

细节理解题。根据原文“video games allow you to socialize with your friends, improve your coordination (协调) and memory”可知，电子游戏对协调能力和记忆是有好处的。故选 C。

【36 题详解】

细节理解题。根据原文“Finally, find some games that you can play with your parents, and you just might surprise them with how enjoyable they are. They may end up having more fun than you!”可知，作者同意找一些可以和父母一起玩的游戏的观点。故选 C。

四、阅读短文，根据短文内容回答问题。（共 10 分，每小题 2 分）

#### Heart and soul



Joe Gardner in the new movie *Soul* (《心灵奇旅》) is a jazz lover and gifted piano player who teaches middle school band. He's seeking success and the approval (认可) of his mother. When he gets a gig (现场演奏) playing with his idol, saxophonist (萨克斯管吹奏者) Dorothea Williams, Joe thinks he's about to fulfill his purpose in life.



Then Joe falls down a hole. Eventually, he finds himself in the Great Before, where new souls are prepared for life. It's also where Joe meets Soul Number 22. He's assigned (被安排) to help her find her spark—the passion that motivates (激励) her. But 22 isn't excited about anything until she begins to experience life for herself.

Seeing life through 22's eyes awakens something in Joe. He realizes that while music is one of his sparks, he also finds satisfaction in helping others. By guiding 22, Joe gains an appreciation for the little things that make life worth living. For example, 22 gets her spark from ordinary activities, like watching the sky.

The characters in *Soul* are all very interesting. Everyone has something the movie calls a “spark”. The movie suggests that part of the beauty of life is in discovering one's own spark, and in helping others to find theirs as well. Joe's piano pieces, played by musician Jon Batiste, are one of the highlights (最精彩的部分) of the film. The music is impressive and full of feeling. It's easy to believe these works take Joe on a musical journey to another world. By hearing them, we are transported too.

I give *Soul* a rating of 9 out of 10. The movie is thought-provoking and inspiring. As the characters learn from one another, the viewer is invited to examine his or her own life.

You'll want to watch this film again and again with those who know you best, so you can discuss your spark and why it makes you—you.

37. Who are the main characters of the movie *Soul*?

38. What's the meaning of “spark” in the movie?

39. What does Joe gain by guiding 22?

40. Does 22 find her spark?

41. What's the beauty of life according to the movie?

【答案】37. Joe Garden and Soul Number 22.

38. The passion that motivates a person.

39. An appreciation for the little things that make life worth living.

40. Yes, she does.

41. Discovering one's own spark and helping others to find theirs as well.

【解析】

【导语】本文是一篇说明文。文章主要介绍了电影《心灵奇旅》的故事梗概以及这部电影给人们的对于生活的启示。

【37题详解】

根据第一段“Joe Gardner in the new movie *Soul* (《心灵奇旅》) is a jazz lover and gifted piano player who teaches middle school band.”可知其中一个主角是 Joe Garden, 再根据第二段“It's also where Joe meets Soul Number 22.”可知另一个角色 22 号灵魂。故填 Joe Garden and Soul Number 22.

【38题详解】



根据第二段“He’s assigned (被安排) to help her find her spark—the passion that motivates (激励) her.”可知 spark 指的就是 the passion that motivates (激励) her, 可知“灵魂火花”指的就是激励一个人的激情。故填 The passion that motivates a person.

**【39 题详解】**

根据第三段“By guiding 22, Joe gains an appreciation for the little things that make life worth living.”可知通过指导 22 号灵魂, Joe 开始欣赏那些使生活有意义的小事。故填 An appreciation for the little things that make life worth living.

**【40 题详解】**

根据第三段“For example, 22 gets her spark from ordinary activities, like watching the sky.”可知 22 号灵魂也从日常小事中找到她的灵魂火花。因此应作肯定回答。故填 Yes, she does.

**【41 题详解】**

根据第四段“The movie suggests that part of the beauty of life is in discovering one’s own spark, and in helping others to find theirs as well.”可知这部电影说明了生活中的美丽之处在于发现自己的灵魂火花, 同时也帮助他人找到他们的灵魂火花。故填 Discovering one’s own spark and helping others to find theirs as well.

五、根据句意, 用所给词或中文释义的正确形式填空。(共 10 分, 每空 1 分)

42. We \_\_\_\_\_ (feel) sad when we heard the news that so many people lost their lives in the air crash.

**【答案】** felt

**【解析】**

**【详解】**句意: 当我们听到这么多人在空难中丧生的消息时, 我们感到悲伤。根据“heard”可知, 此句用一般过去时, 动词用过去式, 故填 felt。

43. Disneyland company \_\_\_\_\_ (invent) the first cartoon in 1928.

**【答案】** invented

**【解析】**

**【详解】**句意: 迪斯尼公司在 1928 年发明了第一部动画片。根据“in 1928”可知, 此句用一般过去时, 动词用过去式, 故填 invented。

44. So far scientists haven’t \_\_\_\_\_ (discover) life on Mars.

**【答案】** discovered

**【解析】**

**【详解】**句意: 到目前为止, 科学家还没有在火星上发现生命。根据“so far”可知, 此处用现在完成时 have done 的结构, 此空应填过去分词, 故填 discovered。

45. One of my classmates \_\_\_\_\_ (send) me several letters since he moved to another city.

**【答案】** has sent

**【解析】**

**【详解】**句意: 我的一位同学自从搬到另一个城市以来给我寄了好几封信。since+一般过去时的句子, 主句用现在完成时 have/has done 的结构, one of 修饰主语, 助动词用 has, 故填 has sent。

46. \_\_\_\_\_ (Hobby) can make you relaxed and develop your interests.

**【答案】** Hobbies

**【解析】**



【详解】句意：爱好能使你放松，培养你的兴趣。此空在句中作主语，hobby“爱好”，可数名词，此外不止一种爱好，故应填名词复数形式，故填 Hobbies。

47. His book is the best-seller. He is good at \_\_\_\_\_ (make up) a story.

【答案】making up

【解析】

【详解】句意：他的书是畅销书。他擅长编造故事。be good at doing sth.意为“擅长做某事”，故动词 make 应用动名词形式。故填 making up。

48. We are \_\_\_\_\_ (骄傲的) that Chinese astronauts have been sent into space.

【答案】proud

【解析】

【详解】句意：中国航天员已经被送上了太空，我们为此感到骄傲。“骄傲的”用形容词 proud，作表语，表示我们的感受。故填 proud。

49. I can't help \_\_\_\_\_ (laugh) when we are watching *Tom and Jerry*.

【答案】laughing

【解析】

【详解】句意：当我们看《猫和老鼠》的时候，我忍不住笑了。can't help doing sth“忍不住做某事”，动名词作宾语，故填 laughing。

50. I don't think my coach will invite us \_\_\_\_\_ (enter) the competition.

【答案】to enter

【解析】

【详解】句意：我想我的教练不会邀请我们参加比赛。invite sb to do sth“邀请某人做某事”，动词不定式作宾补，故填 to enter。

51. Eating fast food and having no exercise are harmful to our \_\_\_\_\_ (health).

【答案】health

【解析】

【详解】句意：吃快餐和不锻炼对我们的健康有害。our 后接名词作宾语，health“健康”，不可数名词，故填 health。

## 六、文段表达(10分)

39、从下面两个题目中任选一题，根据中文和英文提示，完成一篇不少于 50 词的文段写作。文中已给出内容不计入总词数。所给提示词语仅供选用。请不要 写出你的校名和姓名。

### 题目①

52. 假设你是李华，你的英国笔友杰西最近身体不适，医生建议她多做运动，但她不知道该选择什么样的运动，想请你分享一下经验。请根据提示问题，给她回一封邮件，不少于 50 词。邮件格式已给出，但不计入总词数。

提示问题:

1. What kind of sports do you advise Jessie to do?
2. Why is it suitable (合适的) for Jessie?



3. How often do you advise Jessie to do it?

提示词语: exercise, keep healthy, strong

Dear Jessie

I am sorry to hear that you don't feel very well.

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**【答案】例文**

Dear Jessie,

I am sorry to hear that you don't feel very well. I think your doctor's advice is great. You should do some sports to keep healthy.

I do sports for at least half an hour every day. Usually I play tennis, swim and jog. Among them, I like swimming best. I swim every day and I have swum for 8 years. At first, I felt a little nervous when I swam. But gradually, I swim better and faster. Of course, I become fitter and I seldom catch a cold. What's more, I feel like a fish in the ocean, very relaxed. So swimming is not only a kind of sport to strength our body but also to relax our mind. Why don't you have a try? You can start to swim for 20 minutes every day. I'm sure you will like it and become stronger in a few weeks.

Look forward to your reply.

Yours

Li Hua

**【解析】**

**【详解】**1. 题干解读: 本文是一封电子邮件。结合自己的运动经验向杰西介绍适合的运动方式。

2. 写作指导: 本文采用一般现在时, 人称以第一人称和第二人称为主。分为三段式: 第一段表达自己认同医生的观点; 第二段介绍自己喜欢的运动以及并给对方推荐合适的运动方式; 最后一段表达期待收到对方的回信。写作时保持主谓一致性, 做到无语法和标点错误。

题目②

53. 某英文网站正在开展以“战胜挫折”为主题的征文活动。假如你是李华, 请用英语写一篇短文投稿, 谈谈生活中战胜挫折的一次经历。主要内容包括: 你遇到的什么挫折, 你是如何战胜它的, 以及你从中学到了什么。

提示词语: work hard, give up, confident

提示问题:

1. What was the problem?

2. How did you overcome (克服) it?



3. What have you learnt from it?

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**【答案】例文**

I am Li Hua. I'd like to share my story with you. When I entered middle school, I was weak in English. It really made me worried. But I didn't give up. Then I made word cards and remembered 50 words every day. I listened to the teacher carefully in class and tried my best to do homework well at home. Little by little, I caught up with others. Now I often help my classmates with their English.

Life is not always full of smiles and flowers. But if we have confidence and are good at learning, everything will be better.

**【解析】**

**【详解】**1.题干解读：本文是一篇材料作文。以“战胜挫折”为题写一篇短文。

2.写作指导：本文采用一般过去时为主，人称以第一人称为主。分为两段式：第一段描述自己曾经战胜挫折的一次经历；第二段发表自己的感悟。写作时保持主谓一致性，做到无语法和标点错误。