



—Yes. To visit my grandparents.

- A. why you went to Shanghai B. when you went to Shanghai
- C. why did you go to Shanghai D. when did you go to Shanghai

二、完形填空(每题 1 分,共 8 分)

阅读下面的短文,掌握其大意,然后从短文后各题所给的 A、B、C、D 四个选项中,选择最佳选项。

“Mama, can I please have some lunch money, or a sandwich instead?” I sat at the kitchen table and said. But the reply was always the same: “Why? You already have these delicious bean tacos.”



I didn't know how to explain it. It wasn't that the tacos weren't good; it was that all the other kids either bought their lunch at the cafeteria (自助餐厅) or took 13 during the lunch time.

Lunch time again! I went to the very end of the cafeteria, turned my back and opened the taco bag.

“Hey, you!” Someone shouted. I turned and found a girl standing right in front of me. She looked into my 14. “Taco head! Taco head!” She shouted loudly. In seconds I was 15 by kids chanting (反复呼喊) “Taco head! Taco head!”

This shame went on, until Coach Clarke, our PE teacher, came over and ordered everybody back to seats.

“Don't pay attention to them, for they're just being mean and silly.” Coach said. “How about we 16?” She handed me her sandwich. “I'll exchange (交换) this for your taco.”

I couldn't believe my ears but pulled my lunch out from the bag.

“Those look good.” Coach took a bite and said. “More 17 than any sandwich I've ever had. Try it for yourself.” She kept making all the loud *mmmmm* sounds. I knew all the kids could hear.

As we ate, she told me how she became a coach because she'd fallen in love with soccer. I told her I liked to play soccer too.

I hesitated (犹豫), then said, “I wish I'd kick (踢) the girl who made fun of me.”

“Sofia, learn to kick with your 18.”

“Like in soccer? But how?”

“No. By kicking her at school, by 19 her in English, math and everything.” She also told me. “Part of ‘kicking that girl’ is to eat tacos right in the middle of the cafeteria.”

Thanks to Coach, that year I kicked that girl in all classes and sports, especially soccer.

Moreover, I looked forward to Mama's tacos and always enjoyed them 20 during the lunchtime.

- | | | | |
|------------------|----------------|---------------|--------------|
| 13. A. bread | B. hamburgers | C. sandwiches | D. salad |
| 14. A. box | B. bag | C. pocket | D. hat |
| 15. A. circled | B. welcomed | C. supported | D. respected |
| 16. A. train | B. trade | C. compete | D. leave |
| 17. A. expensive | B. successful | C. popular | D. delicious |
| 18. A. arms | B. hands | C. head | D. feet |
| 19. A. beating | B. encouraging | C. helping | D. changing |
| 20. A. curiously | B. silently | C. proudly | D. politely |

三、阅读理解(每题 2 分,共 26 分)

阅读下列短文,根据短文内容,从短文后各题所给的 A、B、C、D 四个选项中,选择最佳选项。



A

Nothing sounds better than a swim on a hot summer day. However, many teens, including some who are good swimmers drown each year. When someone is drowning, it's often silent and happens very quickly. But it can be prevented (预防). Here are some tips on how to prevent drowning when you go for a swim.



Warning Drown

21 You should go swimming with adults and make sure that they are able to keep you safe. It's important to have an adult nearby watch for danger.

22 Go in feet first so that you can know how deep the water is. Swimming in unsafe water can lead to serious injuries (伤害).

Warm up before swimming. Take some time to stretch (拉伸) your body before you enter the water. Get your body prepared and safety will surely follow.

23 Many schools and training centers now offer classes to learn these skills. CPR is one of the lifesaving skills that can help others who are near drowning.

Choose swimming areas carefully. Don't go to the swimming areas that you don't know well. Choose the areas with safety facilities (设施).

Remember: it's always important to call for help first in a dangerous situation! All in all, keep swimming safety in mind when you are in and around the water.

- A. Learn lifesaving skills.
- B. Let's swim on a hot summer day.
- C. Enter the water carefully and feet first.
- D. Never swim alone — even for a moment.

B

This was our last trip before high school. I had been looking forward to it for weeks. But at the roller coaster, my stomach felt too tight to say anything at all.

The big girl beside us was Tasha, my best friend Dan's sister. She was a singer. She was fantastic on the stage. Just the image of her up there made me think she was so cool.



Our roller coaster car pulled up, and my friends rushed forward, I felt my legs couldn't move. All I could think about was the roller coaster might fly off into the sky. Without a word, I turned, ran out of the line. I knew what people were saying about me, but I didn't care. I just kept moving past the crowd, found a bench (长椅) near the bathrooms to sit down and put my head in my hands.

"Hey! Steve! Are you okay?" I looked up. It was Tasha!

"Oh, uh, yeah, I just started feeling, um, sick." I responded.

"You know, it's okay if you were scared. Everyone gets scared." She said.

"You don't." I said in a low voice. "I've seen you on that stage. You were fearless."

"I'm glad it looks like I'm not scared!" Tasha smiled. "But that's not true. I get really scared and nervous before I perform."

Before I noticed she was on the bench by my side, her words moved on.

"Hey, look, singing is important to me. And I want to share what I love with my people. So, even if I'm scared.



I do it anyway. I push through the fear and just get up and do it. Is taking roller coaster important to you?”

“Yeah, it is. And I want to be able to look back and remember having fun with my friends. I don’t want to remember running away and sitting alone by the bathrooms.”

“Everyone gets scared, but brave people don’t let fear control them.” She looked into my eyes. Still being lost in what she said, I saw my friends coming towards me.

I got up and went with them to the coaster.

When we were leaving, Tasha took a photo of my big smile in front of the coaster. I put it on my door. It stayed there through all four years of my high school, a reminder of what was more important to me than fear.

24. What problem did Steve have on this trip?

- A. He was too tired to say anything.
- B. He was scared to sing on the stage.
- C. He broke his leg and couldn’t move.
- D. He was afraid to get on the roller coaster.

25. With Tasha’s comfort, Steve decided to _____.

- A. sit alone
- B. join in the fun
- C. run away
- D. practice singing

26. Why did Steve put the photo on his door?

- A. It was his only photo before high school.
- B. It encouraged him to be brave in the future.
- C. It showed his big smile in front of the coaster.
- D. It was a photo about the last trip before high school.

C

It’s hard to say no to hamburgers, French fries and all of the other junk food. However, eating too much junk food can harm your body, especially if you’re between the ages of 10 and 19. “Junk food shapes teenage brains in ways that harm their ability to think, learn and remember. It can also make it harder to control impulsive (冲动的) behaviors,” said Amy Reichelt, at Western University, Canada. “It may even raise a teen’s risk of mental (精神上的) problems.”



Reichelt and two other researchers reviewed more than 100 studies, about how poor food choices can affect teenage brains. They found teenagers are more sensitive (敏感的) than any other age group to foods with a lot of fat and sugar as their brains are not yet fully formed.

Teenage brains are still developing the ability to notice risks and control actions. The prefrontal cortex (前额皮质) is the part of the brain that tells us we shouldn’t eat chips all the time and helps us control ourselves. However, this part doesn’t fully develop until we are in our early 20s.

Meanwhile, teen brains get more excited from rewards (奖励). The parts of the brain that make us feel good when we do something enjoyable — like eating tasty foods — are fully developed by the teen years.

In fact, these parts are even more sensitive when we are young. That’s because dopamine (多巴胺), a natural chemical that makes us feel happy when we experience something good, is especially active in teenage brains.

Therefore, the teen brain has two attacks against it when it comes to saying no to junk food. “It has an increased drive for rewards and reduced self-control,” said Reichelt.

Reichelt and her team did their own study using mice, whose brains develop much like our own. They discovered



that “teenage” mice that had high-fat foods performed worse on memory tests than those eating normal foods. Researchers said the high-fat foods may make the mice’s prefrontal cortex work less effectively.

So, what’s the best way to say no to junk food? The answer is exercise. When we exercise, the brain becomes less sensitive to food, besides this, it also helps our brains grow and become better able to make wise decisions and control our behaviors.

27. What does the first paragraph mainly talk about?

- A. What problems are caused by junk food.
- B. What junk food teenagers like most.
- C. How junk food harms teenage brains.
- D. How junk food shapes teenage brains.

28. What can we learn from the studies mentioned in the passage?

- A. Teenagers are less sensitive than any other age group to junk food.
- B. Junk food may make people’s prefrontal cortex work less effectively.
- C. Dopamine helps our brains become better able to make wise decisions.
- D. The prefrontal cortex makes us happy when we do something enjoyable.

29. Which of the following would be the best title for the passage?

- | | |
|---------------------|----------------------------------|
| A. Teenage Brains | B. Healthy Food for Teenagers |
| C. Food for Thought | D. Exercise: the Best for Brains |

D

Humans are getting away from the nature gradually because of the developing technology. But now Digital (数字的) Technology is offering us an opportunity to listen to the sounds in the nature in powerful ways, making us get closer to the worlds of animals and plants.



All around the nature, there are sounds that we struggle to pick up and understand. Elephants, for example, communicate with each other using infrasound, a sound far below our human hearing range. Coral (珊瑚) in the ocean also communicates with each other through sound waves, with one purpose of attracting baby coral to areas where it can successfully grow. This is a shocking fact as coral doesn’t have any ears!

To pick up sounds humans are normally unable to hear, scientists have placed listening devices (装置) in these environments. Researchers have attached (连接) tiny microphones to honeybees (蜜蜂) and turtles, and stuck listening posts that can receive different sound waves from coral reefs (礁) and trees. These devices are controlled by computers and networked with digital sensors and satellites. When interconnected, these digital devices work like a hearing aid (助听器): enabling humans to observe and record nature’s sounds beyond the limits of our own listening ability. After the sounds are recorded, AI is then able to determine their meanings.

With this technology, humans can not only understand the animals, but also communicate back to them. For example, a team of researchers in Germany decoded the honeybees’ behavior with AI. Then they taught tiny robots how to do the honeybee dance. Using these dancing machines, the scientists were able to order the honeybees to stop moving, and to communicate where to fly to collect a specific nectar. In addition to the possibility of speaking with animals, the research could also be used to create a form of **healing** for animals and plants. That’s to say, in the near future, scientists might be able to get coral to grow in certain areas by playing “healthy reef” sounds, which could



help some of the damage we have caused to become healthy again.

Now, Digital Technology provides a new way for humans to listen to the lively sounds all around us. The dream of allowing humans to communicate with different animals and plants throughout the nature is being on its way.

30. Which of the following is NOT true about listening devices?

- A. AI can help to explain the meanings of nature's sounds.
- B. The hearing aid collects the sounds from the animals or plants.
- C. Scientists need to connect the devices with computers and networks.
- D. The devices can record nature's sounds beyond people's listening ability.

31. The word “**healing**” in Paragraph 4 probably means “_____”.

- A. feeding
- B. killing
- C. repairing
- D. designing

32. What can you infer from the last paragraph?

- A. Scientists are likely to discover a new way of recording.
- B. Humans will have better communication with the nature.
- C. It's possible for people to dance with the honeybee together.
- D. Digital Technology can be used to communicate with anything.

33. What is the writer's main purpose in writing this passage?

- A. To discuss how to control listening devices.
- B. To compare different ways for communication.
- C. To introduce a technology to get closer to the nature.
- D. To suggest how to improve people's listening ability.

第二部分

本部分共 6 题,共 20 分。根据题目要求,完成相应任务。

四、阅读表达 (每题 2 分,共 10 分)

阅读短文,根据短文内容回答问题。

How Audiobooks Help Readers and Inspire a Love of Books

Not long ago, one of my third graders Jack was struggling (挣扎) to find books he liked. His teacher reported that he kept choosing books that were too simple or too difficult for him to manage on his own.

I visited with Jack one morning to find out what he was looking for. He started telling me that he just didn't like to read, but after a bit of conversation, he shared that he actually loved books about dragons.



I thought of the *Dragon Masters* series. I took the first book off the shelf. When I opened the book, there were pictures to help him understand the story more easily. He was excited. We sat down to read a bit together, but it quickly became clear that it was hard for him to read. He was upset, but I told him I had an idea.

We downloaded Sora which is a reading app with audiobooks and searched for an audiobook of the first *Dragon Masters* book. We printed it and picked up a bookmark to hold under each line as the narrator (讲述者) read so he could follow along. Two days later, he was back in the library happily. The last time I checked, he was nearing the end of the series.

I have advised teachers to use audiobooks with struggling readers. However some people hold that audiobooks are not a substitute (替代品) for silent reading. I disagree. When a student struggles to decode (解码), the interest in



reading disappears very quickly. Audiobooks can help students by allowing their joy of reading to increase as they continue to improve their reading skills in class.

“If we give kids an audiobook, won’t that make them depend on them forever?” The answer is, I deeply doubt it. When we used training wheels, they didn’t prevent us from learning how to ride a bike. They provided support as we got confidence, and we learned to let them go and ride off into the sunset at the end of the street. If a student is enjoying audiobooks as part of their learning, the student will be a real reader when working with teachers to increase confidence in written text.

34. What kind of books did Jack like to read?

35. Why was Jack excited when the writer opened the book?

36. How could Jack follow along with the narrator?

37. Would you like to try audiobooks? Why or why not? (Please give two reasons.)

五、文段表达(10分)

从下面两个题目中任选一题,根据中文和英文提示,完成一篇不少于 50 词的文段写作。文中已给出内容不计入总词数。所给提示词语仅供选用。请不要写出你的校名和姓名。

38. 假设你是李华, 你的英国笔友 Chris 对中国中学生的校园生活很感兴趣。他给你发来邮件想了解你们所学的科目、学习方式以及学校活动等。请你用英语回复一封邮件, 介绍你们的校园生活情况。

提示词语: maths, work in pairs, play ball games

提示问题:

- What subjects do you study?
- How do you study?
- What activities do you do?

<p>Dear Chris,</p> <p style="padding-left: 40px;">How is everything going?</p> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <p style="padding-left: 40px;">Hope to hear from you soon.</p> <p style="text-align: right; padding-right: 40px;">Yours, Li Hua</p>
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39. “健康是身体的力量, 是心灵的食粮。”某英文网站正在开展以“健康生活”为主题的征文活动。假设你是李华, 请用英语写一篇短文投稿, 谈谈你在生活中是如何保持身心健康的, 以及这样做给你带来的好



处。

提示词语: run, listen to music, strong

提示问题: ● What do you often do to keep body and mind healthy?

- What benefits have you got?



参考答案

一、单项填空(每题 0.5 分,共 6 分)

1. A 2. C 3. B 4. B 5. D 6. B 7. C 8. A 9. C 10. D 11. D 12. A

二、完形填空(每题 1 分,共 8 分)

13. C 14. B 15. A 16. B 17. D 18. C 19. A 20. C

三、阅读理解(每题 2 分,共 26 分)

21. D 22. C 23. A

24. D 25. B 26. B

27. A 28. B 29. C

30. B 31. C 32. B 33. C

四、阅读表达(每题 2 分,共 10 分)

34. Books about dragons.

35. Because there were pictures to help him understand the story more easily.

36. By picking up a bookmark to hold under each line as the narrator read.

37. Yes, I'd like to. Because audiobooks may help me with some reading difficulties and they may improve my reading skills and interest./No. Because audiobooks may make me depend on them and they are not a substitute for silent reading.

五、文段表达(10 分)

39. 例文

Dear Chris,

How is everything going? I'm very glad to tell you something about my school life.

In my school we have more than ten subjects to study, such as Chinese, maths, English, physics and so on. The subject that I like most is physics because it is very interesting.

We study in different ways. In class our teachers always ask us questions to make sure if we have understood what they teach us. Sometimes they ask us to work in pairs or in groups to share what we have learned or discuss what we don't understand. What's more, the teachers often lead us to learn new things by playing games.

Of course, there are plenty of colorful school activities. Different clubs enrich our school life. We play ball games in the sports club, and we sing songs in the music club. What's more, we do some volunteer work, so we not only help others but also improve ourselves.

All in all, we can enjoy ourselves at school every day. What about you?

Hope to hear from you soon.

Yours,

Li Hua

例文

Health is wealth. It's important for us to keep body and mind healthy. Now, I'd like to share with you about how I keep healthy in my life.

First of all, I usually eat healthy food to keep fit because healthy food provides me with enough energy. What's more, I keep running for about 30 minutes every day. This makes me pay more attention to my study. Last but not

least, I often listen to music to relax when I feel stressed or tired.

Healthy life gives me a strong body as well as a clear mind, so I am going to keep living in a healthy way.

