

2023 北京海淀高一（下）期末



英 语

2023. 07

学校_____ 班级_____ 姓名_____

考 生 须 知	<ol style="list-style-type: none">1. 本试卷共 8 页，共四个部分，59 道小题。满分 100 分。考试时间 90 分钟。2. 在试卷和答题纸上准确填写学校名称、班级名称、姓名。3. 试题答案一律填涂或书写在答题纸上，在试卷上作答无效。4. 在答题纸上，选择题用 2B 铅笔作答，其余题用黑色字迹签字笔作答。5. 考试结束，请将本试卷和答题纸一并交回。
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第一部分：听力理解（共三节，18 分）

第一节（共 4 小题；每小题 1 分，共 4 分）

听下面 4 段对话。每段对话后有一道小题，从每题所给的 A、B、C 三个选项中选出最佳选项。听完每段对话后，你将有 10 秒钟的时间来回答有关小题和阅读下一小题。每段对话你将听一遍。

1. What should the woman do to join the Rock Climbing Club?
A. Fill in the form. B. Pay for the club. C. Prepare a helmet.
2. What's the possible relationship between the two speakers?
A. Customer and waiter. B. Professor and student. C. Passenger and driver.
3. When does the man plan to arrive at the party?
A. At 7:00. B. At 8:00. C. At 8:30.
4. What is the man's solution to his friend's problem?
A. Reviewing the verbs with his help.
B. Adding -ed at the end of the verbs.
C. Sleeping with the grammar book.

第二节（共 10 小题；每小题 1 分，共 10 分）

听下面 4 段对话或独白。每段对话或独白后有几道小题，从每题所给的 A、B、C 三个选项中选出最佳选项。听每段对话或独白前，你将有 5 秒钟的时间阅读每小题。听完后，每小题将给出 5 秒钟的作答时间。每段对话或独白你将听两遍。

听第 5 段材料，回答第 5 至 6 小题。

5. What are the two speakers mainly talking about?
A. Pet raising. B. Bird feeding. C. Animal care.
6. Why isn't a bird a good choice for the speakers?
A. A bird cage is too expensive.
B. A bird needs a lot of clean-up.
C. They don't know how to raise it.

听第 6 段材料，回答第 7 至 8 小题。



7. What is the conversation mainly about?
 A. Planning vacations. B. Taking pictures. C. Buying cameras.
8. In which way does the man prefer to take pictures?
 A. When people are ready. B. Without people's notice. C. Together with other people.
- 听第 7 段材料，回答第 9 至 11 小题。
9. What is the main cause of the man's stress?
 A. Preparing for the finals. B. Suffering from aches. C. Low efficiency at work.
10. Which suggestion does the woman think is the most important?
 A. Having a sound sleep at night.
 B. Setting a reasonable daily schedule.
 C. Putting the most important task first.
11. How will the man probably feel after working out?
 A. Fulfilled. B. Relaxed. C. Satisfied.

听第 8 段材料，回答第 12 至 14 小题。

12. What might attract kids?
 A. How physics works.
 B. How patterns are formed.
 C. How planes have developed.
13. What can we learn about the museum from the lecture?
 A. It's for visitors of different ages.
 B. Adults dislike energy exhibitions.
 C. Each exhibition has hands-on activities.
14. What is the purpose of the lecture?
 A. To look for volunteers.
 B. To compare different shows.
 C. To introduce the exhibitions.

第三节 (共 4 小题; 每小题 1 分, 共 4 分)

听下面一段独白, 完成第 15 至 18 四道小题, 每小题仅填写一个词。听独白前, 你将有 20 秒钟的时间阅读试题, 听完后你将有 60 秒钟的作答时间。这段独白你将听两遍。

Ways to Start a Conversation	
Ask for information	<ul style="list-style-type: none"> • An <u> 15 </u> and natural way to build a friendly relationship • A great way to approach someone
Seek for help	<ul style="list-style-type: none"> • Make the other person feel helpful • Be more likely to <u> 16 </u> you
<u> 17 </u> a shared experience	<ul style="list-style-type: none"> • Find a <u> 18 </u> as a talking point • Make getting along much easier

第二部分: 知识运用(共两节, 25 分)

第一节(共 10 小题; 每小题 1.5 分, 共 15 分)



阅读下面的短文，掌握其大意，从每题所给的 A、B、C、D 四个选项中选出最佳选项。

Sachin invested everything he had and borrowed some money from friends to start his textile business. Despite his best efforts to maintain top ___19___ in his products, he was only getting small projects and the earnings were not sufficient to ___20___ its basic cost. His friends started asking for their money back, leaving him feeling defeated. One day, while sitting on a farm, Sachin met a farmer who asked him why he looked so down. Sachin explained his business wasn't giving him the ___21___ he'd hoped for and that he was thinking of selling it.

The farmer then took Sachin to see a mango tree and a bamboo tree.

"Both the trees were planted at the same time, ___22___ nurtured with water, fertilizer, and sunshine. In the first two years, the mango tree grew quickly, while the bamboo tree remained relatively dormant (休眠的). It continued for the third and fourth years. In the fifth year, the mango tree started ___23___ fruits. Still, there were no ___24___ of growth in the bamboo tree. My fellow farmers told me not to waste any time on it. But I never gave up. One week later, there was a ___25___ growth in the bamboo tree. Then within six weeks, the tree grew to 100 feet. Actually, in the first four years, it was developing its root deep underground for a strong base for outside growth."

Sachin realized that the same principle ___26___ his business. He went back to his friends, requested for more time and then began exploring opportunities to get big orders. In the third month, a(n) ___27___ order from a multinational company worth millions of dollars came in. Sachin and his team delivered the order on time, maintaining their high standards, and the company continued to give them more orders. Eventually, Sachin's business became highly profitable, and he ___28___ all the debts he owed to his friends.

- 19. A. ranking B. balance C. quality D. appearance
- 20. A. cover B. cut C. manage D. increase
- 21. A. opportunities B. returns C. concerns D. expenses
- 22. A. hardly B. equally C. finally D. hurriedly
- 23. A. bearing B. changing C. preserving D. gathering
- 24. A. signs B. clues C. patterns D. responses
- 25. A. solid B. steady C. visual D. noticeable
- 26. A. made up B. turned into C. resulted from D. applied to
- 27. A. regular B. ordinary C. massive D. familiar
- 28. A. raised B. settled C. invested D. consumed

第二节(共 10 小题；每小题 1 分，共 10 分)

阅读下列短文，根据短文内容填空。在未给出提示词的空白处仅填写 1 个恰当的单词，在给出提示词的空白处用括号内所给词的正确形式填空。

A

Most people suffer from what is known as "Just-me-ism". What is that? Well, say you leave the tap ___29___ (run) while you brush your teeth, leave a light on when you go out or you drop a piece of litter and can't be bothered to pick it up. And all these would be very harmful. To inspire young people to take action for the environment, animals and their community, an institute called *Roots & Shoots* ___30___ (establish) in the early 1990s by Dr. Jane Goodall. *Roots & Shoots* hopes ___31___ (involve) millions of young people all over the world to be a part of a community for a shared future.

B



After college, I tried for six months to get a job, but my luck was bad. Finally, one day I was in a downtown coffee shop, ___32___ (bury) in the newspaper, and my luck began to change. A young woman sitting next to me asked ___33___ she could read my newspaper. I said OK and we started talking. She told me she worked in a huge advertising company and ___34___ (look) for an assistant at the moment. I told her I was interested in mass communication and had studied it for four years at the university. Within one week, I was her assistant.

C

Most gardeners will probably say gardening is good for you. According to a study, people who garden have a ___35___ (healthy) diet, get more exercise, and feel less stress. Researchers studied the benefits of gardening in shared community gardens ___36___ people work together. They suggest gardening may reduce stress because it exposes people to nature, while community gardens also provide ___37___ (chance) for social interaction. Therefore, they hope the results will encourage doctors and government leaders to regard community gardens ___38___ a vital part of the public health system.

第三部分：阅读理解(共两节，32分)

第一节(共11小题；每小题2分，共22分)

阅读下列短文，从每题所给的A、B、C、D四个选项中，选出最佳选项。

A

Do you know someone who has a hard time opening bottles or jars at home? Eighth—grade students in Mark Bolt’s engineering class were tasked with making changes to a product to make it easier for people with challenges to use.

Rather than requiring step-by-step directions for creating their projects, Mr. Bolt preferred to leave students’ creative paths open. Let’s see some of the students’ products.

A Device That Easily Opens Bottles

To find a solution for her grandmother who had difficulty in opening bottles, Alana looked at existing bottle openers and then she created her own.

She used a piece of wood shaped like a cellphone. Next, she made three holes of different sizes in the wood so that they could match common bottle cap sizes. Each hole also had a layer of dried, sticky hot glue, which provided a firm grip for the bottle caps. With a simple twist of the device, her grandmother could open bottles without help.

A Coffee Cup With A Supportive “Thumb”

Due to arthritis, a disease that causes pain in or around the joints, Robert’s grandfather had trouble holding a coffee cup. Robert simplified a robotic “third thumb” device created by a London designer. He used rubber bands and a 3D-printed plastic form to make the extra “thumb” which can firmly support the bottom of a cup.

A Reading Tool

Michael noticed how dyslexia—a common reading disorder, made it difficult for a friend to follow along on pages full of text. It is a language-processing condition. The brain tends to confuse the order of numbers, letters and other images.

So, Michael created a small adjustable window-blind-style device. “My friend could isolate small sections of text while reading,” he said.

39. Alana’s grandmother could open bottles easily by_____.

A. sticking bottle caps to the device



- B. connecting the device to a cellphone
 - C. twisting the device that has holes in it
 - D. cutting holes of different sizes in wood
40. What did Robert do to help his grandfather?
- A. He reformed a process to form a metal “thumb”.
 - B. He created a simpler “thumb” device in the cup.
 - C. He added plastic materials to the “thumb” device.
 - D. He used bands and a 3D-printed form to make a “thumb”.
41. Which of the following words can best describe the students in the passage?
- A. Independent and patient.
 - B. Creative and considerate.
 - C. Ambitious and hardworking.
 - D. Open-minded and generous.

B

Sports have been a big part of my life. I played flag football in elementary school and middle school. In high school, before I got hurt, I was on the swim team and track team.

It was the summer going into my senior year when I was hit by a car. The doctor informed me that there was no hope of full recovery. As a sixteen-year-old boy, you have a lot of self-doubts and are trying to find out who you are. So, you throw in an accident on top of that and it kind of threw a loop into things for me. It was definitely hard, the physical pain of therapy, and learning how to live life. And there was the emotional pain, too. The mental suffering of being paralyzed (瘫痪) is more severe than the physical pain.

When I was in the hospital, one of the guys from the University of Wisconsin (UW) that played on the Whitewater wheelchair basketball team visited. He told me about adaptive sports, and I thought that sounded good. He gave me information to the local junior wheelchair basketball coach in Milwaukee. I started playing that October.

Playing basketball was a really good thing for me. It let me see a bunch of different people in the same situation as me. It was good to have a group of friends for support.

I studied at Southwest Minnesota State University for three years and then transferred to UW-Whitewater for my senior year. I was invited in 2013 to try out for the National Team and made it. That was always my goal. A lot of people would ask me what my backup plan was—I didn’t have one, to be honest.

The Paralympics is the pinnacle of our sports. It’s been pretty easy for me to stay motivated. We were the best team in the 2016 Paralympics. And this team was way too good just to win one medal, so I had to be back in 2020.

I’m not sure right now about getting ready for the 2024 Paralympics. The team is growing and going through some turnover. I honestly don’t know what my future holds. I just want to be around the people that I care about and care about me—whether that’s on the National Team, or just my friends back home. They are my security blanket, the good people in my life.

However, one thing I’m sure is that playing basketball is still number one, with a focus on the Paralympics.

Now I am signed as a player with a team over in Spain and I’m exploring what the next chapters of my life might be like.

42. What does the underlined word “that” in Paragraph 2 refer to?
- A. Being unable to do sports.
 - B. Being hit by a car at sixteen.
 - C. Feeling uncertain about himself.
 - D. Suffering physical and mental pains.
43. What helped the author regain passion for sports after the accident?



- A. Playing wheelchair basketball. B. Transferring to UW-Whitewater.
C. Trying out for the National Team. D. Winning a medal in the 2016 Paralympics.
44. What can we infer about the author?
- A. He plans to switch to flag football in the future.
B. He will graduate from UW-Whitewater in 2024.
C. He wants to play basketball at the 2024 Paralympics.
D. He intends to coach wheelchair basketball players in Spain.
45. What's the passage mainly about?
- A. How playing basketball empowered the author.
B. How people around the author supported him.
C. How the author's backup plan shaped him.
D. How the author enjoyed his college life.

C

Have you ever bought a new car and started noticing the exact color and model of car everywhere? Has that type of car just become popular in your city? Were they there before? Or are you just going crazy?

You're not going crazy. The reason you are now just noticing them is what psychologists call "priming." Basically, the cars were always there. You just didn't recognize them consciously. However, when that certain model of car becomes part of your conscious thinking, you start "automatically" recognizing all of the other cars that are the same, because you are already "primed" to do so.

The priming effect takes many forms. In one study, students were asked to walk around a room for 5 minutes at a rate of 30 steps per minute, which was about one-third their normal pace. After this brief experience, the participants were much quicker to recognize words related to old age, such as forgetful, old, and lonely. Reciprocal priming effects tend to produce a coherent reaction: if you are primed to think of old age, you would tend to act old, and acting old would reinforce the thought of old age. This research shows that the way we think influences the way we act, and the way we act influences the way we think.

A similar conclusion was reached by the American psychologist William James a century ago, but he emphasized the effect on feeling. "Actions seem to follow feeling, but really actions and feeling go together; and by regulating the action, which is under the more direct control of the will, we can indirectly regulate the feeling, which is not. Thus the path to cheerfulness, should our cheerfulness be lost, is to sit up cheerfully and to act and speak as if cheerfulness were already there."

So, that's it. If you want to be happy, just sit up and act happy. Based on these scientific findings, we can adopt certain priming effects to help make ourselves consistently happier.

One thing we have in common is our ability to think, and thus feel. Pleasant thoughts have been proven to produce the chemicals that make us feel happy, particularly thoughts and feelings of gratitude. When we purposefully go through and think about the things we're grateful for and deliberately feel as much gratitude as we can, we are flooding our mind with the "happy chemicals". Furthermore, by consciously thinking, feeling and expressing gratitude, we will not only be happier in the moment, we will be "primed" to recognize the things in our life to appreciate. Each time this happens, the "happy chemicals" will be produced. Do this every day and we will become consistently happier. This makes up for the momentary happiness we gain from eating chocolate or buying new clothes. More than that, combining thoughts of gratitude with happy acts like smiling and laughing will have a



supplementary positive effect on our state of mind.

46. Which of the following is an example of the priming effect?
- A. Walking much faster after attending a lecture about old age.
 - B. Donating money to the poor after seeing pictures of cute cats.
 - C. Learning about various types of cars after purchasing the first car.
 - D. Completing SO_P as SOUP rather than SOAP after seeing the word EAT.
47. What does the underlined word “reciprocal” in Paragraph 3 probably mean?
- A. Related. B. Two-way. C. Well-rounded. D. Opposite.
48. What will the author probably agree with?
- A. Eating or shopping leads to consistent feelings of happiness.
 - B. Our will has greater control over emotions than over actions.
 - C. Happy chemicals make us think about the things we’re grateful for.
 - D. Practicing gratitude frequently prepares us for long-term happiness.
49. Which of the following would be the best title for the passage?
- A. Prime Yourself to Be Happier
 - B. Share Happiness to Enhance Wellbeing
 - C. Why Gratitude Is Important in Psychology
 - D. How Happy Chemicals Affect People’s Thoughts

第二节（共 5 小题；每小题 2 分，共 10 分）

根据短文内容，从短文后的七个选项中选出能填入空白处的最佳选项，并在答题纸上将该项涂黑，选项中有两项为多余选项。

Working Together to Save the Sea Turtles

Florida has some of the best beaches in the world. Thousands of people visit the state to enjoy the sand. But these beaches are also home to five species of sea turtles. A major problem is facing these interesting creatures. ___50___ So how do Floridians protect these special animals?

Some volunteers and researchers in Florida take direct action to help the turtles. They look closely at the sand to find the fin（鳍）marks the mother sea turtles left there. ___51___ When they’ve figured out where the eggs were laid, they mark the area off so that no one disturbs the eggs. They also collect information about the nests and tracks to help people studying sea turtles.

These are not the only Floridians taking action to help protect these creatures. Florida’s government has passed laws to save the turtles. One of these laws is “Florida’s Marine Turtle Protection Act”. This law prohibits anyone from disturbing or destroying marine turtles, nests, or eggs. ___52___

Another way Floridians work together to save these creatures is through organizations like the Sea Turtle Conservancy. The Sea Turtle Conservancy helps people take steps that will help reduce the threats that put sea turtles in danger. For instance, bright lights on buildings near the beach can negatively impact sea turtles. Baby sea turtles usually hatch on the sandy beach and head to the ocean. When there are bright lights coming from the other side of the shore far from the ocean, the baby turtles get confused. ___53___ To help save these turtles, The Sea Turtle Conservancy works with property owners to make lighting in their buildings sea turtle-friendly. They also encourage Florida residents to turn off their lights at night if they live close to a beach.



___54___ Sometimes, turtles mistake plastic bags for jellyfish. They eat this trash and die. Florida residents can volunteer for beach clean-ups and make sure to pick up their own litter. They can also vote for state leaders who want to protect the sea turtles' habitats. Every individual in the community has the power to make a difference!

- A. Many of them do not make it to the ocean and die.
- B. Some of these turtle species are in danger of going extinct.
- C. This helps them to locate where the sea turtles laid their eggs.
- D. It also helps make sure that sea turtles' natural habitats are protected.
- E. Female sea turtles come from the ocean and onto these beaches at night.
- F. They use their fins to move back across the beach and return to the ocean.
- G. Every Floridian can do their part to protect sea turtles and their environment.

第四部分：书面表达(共两节，25分)

第一节(共4小题；第55-57小题每题2分，第58小题4分，共10分)

阅读下面的短文，根据题目要求用英文回答问题。

There is a drive within all of us to create and express ourselves through art. This drive comes from a need to achieve a balance within ourselves. Art refers to the theory and physical expression of creativity found in human societies and cultures. Its major fields include literary arts, performing arts (e.g. theater and dance) and visual arts (e.g. drawing, painting, photography, film and sculpture).

Art is essential to our culture because it provides us with a deeper understanding of emotions. Through art, we learn to feel joy in times of happiness and we see pain and despair in times of suffering. Creating art allows us to slow down and experience a full range of our emotions, while viewing others' art can release the emotions within us and allow us to explore our feelings. This can help us heal and grow, and succeed both personally and professionally.

Art encourages critical thinking and promotes communication. Throughout the entire process of creating and appreciating art, we need to make decisions. We use logic and reasoning to find meaning in what we see or create. Art is a medium to share thoughts, ideas and visions that may not be expressed in other ways. Through art, we gain a better understanding of past and present cultures. Yet more importantly, there are no language barriers in art and therefore it is universal.

Art also enhances our lives. The process of experiencing art engages both the body and the mind and provides us with time to reflect. That's why art is a necessity, not a luxury. It can make a community more beautiful and a workplace more interesting. Our homes reflect our personalities through the art we choose to display. Art can inspire us, make us happy and even motivate us.

We need to express ourselves through art. When we take a closer look at our world and begin to see the art and creativity in it, it can soothe, enrich or encourage ourselves. Art is beautiful, and beauty is an aesthetic quality.

55. What drives people to create and express themselves through art?

56. Please decide which part is false in the following statement, then underline it and explain why.

Art helps people gain a better understanding of past and present cultures, and the language barriers make it difficult for people to appreciate art.

57. What is the passage mainly about?

58. What is your favourite art form? And why? (***In about 40 words***)

第二节(15分)



假设你是红星中学学生会负责人李华。学校发起“减塑捡塑，共创美好家园”活动。为了号召更多学生参与该活动，请你用英文给国际部留学生写一封倡议书，内容包括：

1. 你对该口号的理解；
2. 具体倡议。

注意：1.词数 100 左右；

- 2.开头和结尾已给出，不计入总词数。

Dear fellow students,

Students' Union

(请务必将作文写在答题纸指定区域内)



参考答案 笔试部分

完形 19-23 CABBA 24-28 ADDCB

语法填空 29 running 30 was established 31. to involve 32. buried 33. whether 34 was looking 35. healthier/more healthy 36. where 37. Chances 38. as

阅读理解 39-41 CDB 42-45 CACA 46-49 DBDA

七选五 50-55 BCDAG

阅读表达

56. A need to achieve a balance within ourselves.

57. Art helps people gain a better understanding of past and present cultures, and the language barriers make it difficult for people to appreciate art. There was no language barriers in art and therefore it is universal.

58. Art has entered every corner of our lives. We need to express ourselves through art.

59. My favorite art form is performing arts. Because acting allows us to express our true feelings and experience a full range of our emotions, while viewing other's art can release the emotions within us and allow us to explore our feelings.

应用文写作

60.

Dear fellow students,

With white polluting becoming increasingly serious, I am writing to invite all of you to participate in the "Reduce Plastic, Collect plastic, Create a Beautiful Home" campaign initiated by our school.

The slogan "Reduce Plastic, Collect plastic, Create a Beautiful Home" emphasize the importance of using less plastic, actively picking up plastic waste in our school and community, and contributing to a cleaner and more sustainable living environment. The following measures may help. First, we can carry reusable bags instead of single-use plastic ones. Additionally, say no to plastic and cutlery, and use alternative options like bamboo or stainless steel.

I urge you to join us in this campaign. Only with joint efforts can we make a difference.

Students' Union