

2023 北京一零一中初二（下）期中



英 语

一、听后选择（共 12 分，每小题 4 分）听下面 3 段对话或独白。每段对话或独白后有两道小题，从每题所给的 A、B、C 三个选项中选出最佳选项。每段对话或独白你将听两遍。

1. (4 分) (1) What will Helen do in the morning?

- A. Clean up the parks.
- B. Visit her uncle.
- C. Do the chores.

(2) When will they go to the movies together?

- A. This morning.
- B. This afternoon.
- C. This evening.

2. (4 分) (1) What did the girl want to buy at the train station?

- A. The ticket.
- B. The wallet.
- C. The gift.

(2) How did the girl come back?

- A. By bus.
- B. By car.
- C. By train.

3. (4 分) (1) What can we learn from this speech?

- A. Taking notes can help you save time in study.
- B. You shouldn't use your shorthand when taking notes.
- C. When you take notes, it's important to write everything.

(2) Why does the speaker give the speech?

- A. To share his experience of studying vocabulary.
- B. To ask us to choose good reading materials.
- C. To introduce a good learning way.

二、听后回答（共 6 分，每小题 2 分）听下面 3 段对话，根据所听内容回答问题。每段对话你将听两遍。

4. (2 分) What does the girl advise the boy to do?

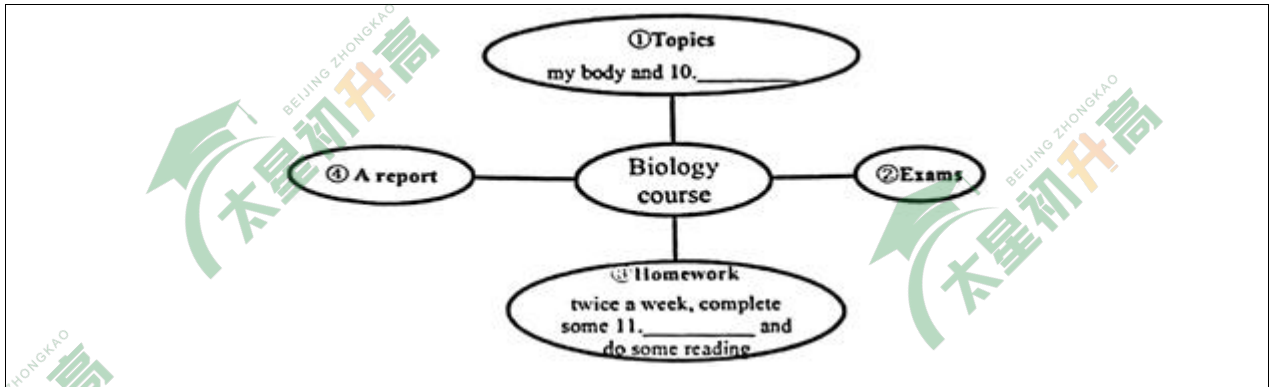
5. (2 分) What was Betty doing in the city library?

6. (2 分) What will the boy do right away?

三、听后填空（每小题 1.5 分，共 3 分）听短文，根据所听内容和提示信息，将所缺信息填写在答题纸的

相应位置上，每空一词。

7. (3分)



(1) _____

(2) _____

四、听后转写 (共 8 分) 请根据所听到的内容和上题中的提示信息，写出短文的主要内容。短文的开头已给出。请注意语法正确，语意连贯。

8. (8分) I've got some information on _____

五、单项填空 (共 9 分，每小题 1.5 分) 从下面各题所给的 A、B、C、D 四个选项中，选择可以填入空白处的最佳选项。

9. (1.5分) - - - What's the matter _____ you?

- - - I have a headache and I can't move my neck. ()

A. with

B. on

C. or D: of

10. (1.5分) Maybe you could go to visit the sick kids in the hospital and cheer _____ up. ()

A. you

B. her

C. him

D. them

11. (1.5分) We _____ down the street when the earthquake happened last week. ()

A. walked

B. were walking

C. walk

D. will walk

12. (1.5分) - - - Mom, _____ I hang out with my friends after lunch?

- - - Yes, you can, but first you have to finish your homework. ()

A. need

B. should

C. could

D. must

13. (1.5分) The students were really _____ when they heard the good news. ()

A. upset

B. excited

C. angry

D. nervous

14. (1.5分) - - - Alice, I need your help! I feel stressed out.

- - - _____. ()

A. Why are you so worried?



- B. I'm glad to hear that!
- C. Do you feel better now?
- D. Maybe you can listen to some music.

六、选词填空（共 4 分，每小题 4 分）阅读下面的短文，从方框中选择适当的单词并用其正确形式填空，其中有两项为多余选项。

15. (4 分)

honest, mistake, story, important, easy, schoolwork

ChatGPT has become popular in the education world in the past months. According to a US survey of more than 1,000 students, over 89 percent of them have used ChatGPT to help with (1) _____.

ChatGPT is a small and powerful AI tool. You can ask it to write (2) _____ and emails, translate languages and answer all kinds of questions. It really can understand almost any request (要求), but it also brings some problems. For example, the tool makes it (3) _____ for students to cheat on homework than before.

However, not all educators say "no" to it. A teacher at the school in Cambridge said, "It's not wise to cut off AI like ChatGPT. What we need to do is to get used to our teaching and learning. In this way, we can have (4) _____ students with the use of the tool." What do you think?

七、完形填空（共 12 分，每小题 1.5 分）阅读下面的短文，掌握其大意，然后从短文后各题所给的 A、B、C、D 四个选项中，选择最佳选项。

16. (12 分) I've read lots of stories about family memories. In those stories, I've found feelings of sadness and longing. It's true that so much in our daily lives makes us (1) _____ all the time. We find ourselves with less and less time to spend with our families and friends. I've had the same (2) _____ myself.

I used to have good times with my grandfather when we lived together. When I was young, I often enjoyed spending time in his (3) _____, watching the flowers and watering the fruit trees. But as I grew up, I gradually became "selfish".

Once, when I was 16, we went shopping together. As we took the wrong bus and ended up getting lost, unable to find our way back, I couldn't stay (4) _____ and shouted rudely in his face. I was so stubborn (固执的) that I wouldn't say sorry after returning home, thinking I had done nothing wrong.

Now I (5) _____ how ridiculous (荒唐的) I was at the time! And I also realize how (6) _____ it was when I finally admitted (承认) I was wrong! When I truly wanted to express my regret, my grandfather had left us forever, leaving me with no more chance to apologize for my (7) _____. I couldn't even say to him the three words—"I am sorry."

We are spending more and more time outside, with less and less time to spend with our families at home. So (8) _____ the most of every second you have with your loved ones, because time keeps going, waiting for no one.

- (1) A. busy B. easy C. angry D. happy
- (2) A. decision B. importance C. experience D. journey



- (3) A.kitchen B.garden C.garage D.house
 (4) A.nervous B.awake C.strong D.calm
 (5) A.mean B.hate C.realize D.explain
 (6) A.early B.late C.foolish D.smart
 (7) A.mistake B.kindness C.future D.development
 (8) A.follow B.accept C.drop D.make

八、阅读理解（每小题6分）阅读下列短文，根据短文内容，从短文后各题所给的A、B、C、D四个选项中，选择最佳选项。

17.（6分）Do you need a part - time job to make money in your summer vacation? There are different kinds of jobs for you to get work experience in Sunny Area community.

a Book Theater brings children's book stories to life.It has different shows in Sunny Area.Applicants（申请人） can enjoy performing and work with young children. Work Hours: Fridays 4: 00 pm—6: 00 pm Pay: \$ 16/hour
b Computer Tutor helps guests to deal with technology problems like using Internet searches to find materials.Applicants should have computer skills. Work Hours: Monday—Friday 9: 00 am—5: 00 pm Pay: \$ 8/hour
c Book mobile helps the driver find the ways to libraries.The truck you work in is air - conditioned, and the driver is kind.Applicants must be able to lift heavy boxes. Work Hours: Friday and Sunday 9: 00 am—4: 00 pm Pay: \$ 9/hour
d Reader Desk provides service with a smile while checking materials in and out to guests.We need friendly attitude and ability to work on library data system（系统）. Work Hours: Monday—Tuesday 8: 00 am—4: 00 pm Pay: \$ 7.50/hour

(1) Bob is kind and is able to lift heavy boxes.Which job is proper for him?

- A.a
B.b



C.c

D.d

(2) Maria is good at working on library data system.Which job will she choose?

A.a

B.b

C.c

D.d

(3) Sam can only work on Friday afternoon and he wants to earn at least \$ 10 an hour.Which job can he have a try?

A.a

B.b

C.c

D.d

18. (6分) Ms.May was holding up a piece of broken glass and asked, "Who broke this window? "

Some boys tried to think about what they had done and what our teacher might have found out.She seldom became angry, but she was this time.

"Oh, "I thought, "I was the one who broke the window."It was caused by a naughty throw of a baseball.If I admitted guilt (过失), I would be in a lot of trouble.How would I be able to pay for a big window like that? I didn't even get my pocket money."My father is going to be mad, "I thought.I didn't want to raise my hand, but something much stronger pulled it to the sky.I told the truth, "I did it."It was hard enough to say what I had.

My teacher took down a book from one of our library shelves, and I was afraid she was going to punish me."I know how much you like birds, "she said as she looked down at my guilty face."Here is that field guide (指南) about birds that you are always looking for.It is yours now.It's time we should get a new one for the library anyway.You will not be punished as long as you remember that I am not rewarding you for your mistake, but for your honesty."

I didn't believe it!I didn't get punishment and I got my own bird guide—the one that I saved money to buy.

All that remains of that day is my memory and the lesson my teacher taught me.That lesson stays with me every day, and it will echo (发出回声) forever.

(1) What did the boy do after the teacher found the broken glass?

A.He tried to hide the truth.

B.He tried to repair the broken window.

C.He asked his dad to pay for the window.

D.He thought very hard about what he should do.

(2) To his surprise, the boy _____.

A.got a bird field guide

B.was punished by the teacher

C.made his father angry



D.paid for the broken window

(3) What is the lesson the boy's teacher taught him?

A.Every coin has two sides.

B.Honesty is the best policy.

C.It's better late than never.

D.Bad luck never comes alone.

19. (6分) If you ever have the desire to sing in the shower, in the car, maybe at your neighbor's karaoke night - - you should accept it whole - heartedly.This ancient art not only makes you feel good, it can also improve your health, reduce your feelings of pain, and even enrich your life.



Using your voice to sing, rather than simply carry out a conversation, offers special benefits because singing affects our bodies.Also, studies link singing with a lower heart rate, decreased blood pressure and reduced stress.

Singing, particularly in a group, seems to benefit the elderly a lot.As part of a three - year study examining how singing affects the health of those fifty - five and older.The elder involved in the chorus (合唱), as well as the other two arts groups about writing and painting showed great health improvements compared to those in the control groups.

Clearly, the arts groups reported thirty fewer doctors' visits, fewer eyesight problems, less depression, and less need to see doctors.

Even lead researcher Dr.Gene Cohen from George Washington University, was surprised at how big an effect the elder's arts participation (参加) had on their health.Cohen said, there was so much improvement in many areas.The elder also noticed health improvements and they reported feeling better both in daily life and while singing.

The part of the brain that works with speech is different from the part that processes (处理) music."People seem to enjoy doing something together with other people.There are a lot of facts that people with dementia (老年痴呆) should spend more time gathering together and joining in some art activities."Ballard said.

The arts are showing up as a treatment tool in hospitals across the country.If you are thinking of a part - time job, singing at a hospital may be a good choice - - not only for the patients, but also for yourself.

(1) In the first paragraph the writer _____.

A.expresses a desire for singing

B.shows the importance of health

C.offers some advice on keeping healthy

D.leads in the topic that singing does matters

(2) Why was Cohen surprised at the results of the study?



- A.The study was not expensive as expected.
- B.Arts acted as a treatment tool in hospitals.
- C.People's health in the arts groups improved greatly.
- D.The elder themselves noticed health improvements.

(3) What would be the best title for the passage?

- A.How to Avoid Getting Dementia
- B.How the Elders Live A Healthy Life
- C.How to Keep Our Brains Healthy
- D.How Singing Improves Your Health

20. (8分) Imagine looking at yourself in the mirror, you do not look like these beautiful models seen across the media.Your legs are too big, your bottom is too small, and you are too pale.You are too"ugly".You look at yourself with anger, "Why don't I look like them? "However, you don't need to imagine this situation, because this is a painful truth for millions of people.On the media one can quickly see the ideal (理想的) body, the ideal face, and the ideal person.The development of unrealistic (不切实际的) beauty on social media causes many problems for millions of people.

The first problem comes from one's dissatisfaction with the appearance.It can bring dangerous behaviors like dieting, which result in eating disorders like anorexia nervosa (神经性厌食症) .Eating disorders have seen a dramatic increase following the rise of social media, 119%increase according to recent research.According to Brittany Tackett, a mental health professional, "30% - 50%of patients in eating disorder hospitals used social media as a means of supporting their eating disorders."

Not only can social media become a support - system for unhealthy behaviors, but an article written by Rachel Simmons, a Time magazine writer, suggests that people who spend more time online tend to connects their self - worth to their looks, 50%of women wanted to lose weight.Now it finds that 80%of women want to lose weight.Social media presents the unrealistic and harmful beauty expectations.And it contributes to this number.

In addition, social media causes stress.A survey was done in which people were asked whether or not they used social media, and how stressed they felt they were.The study found that social network users are, in fact, 14% more likely than non - users to describe their lives as at least 'somewhat stressful.'Non - users are 28% more likely than users to say their lives are 'not at all' stressful.What's more, stress may even have something to do with self - confidence.

So, there you are again, standing in front of the mirror looking at the parts of your body.They do not follow the idealistic images (理想形象) of models seen on social media.Your legs are too big, your bottom is too small, and you are too pale.You are too"ugly".This time, you realize it is not you who are the problem.The problem is the unhealthy and unrealistic standards (标准) that social media encourages.So the next time you are looking through Instagram, opening WeChat, or commenting on Twitter, ask yourself, "Is it what you really need? "

(1) According to the passage, what problems may social media cause?



- A. Stress and overweight.
- B. Pale face and overweight.
- C. Eating disorders and stress.
- D. Eating disorders and ugliness.

(2) The word "dramatic" in Paragraph 2 probably means "_____".

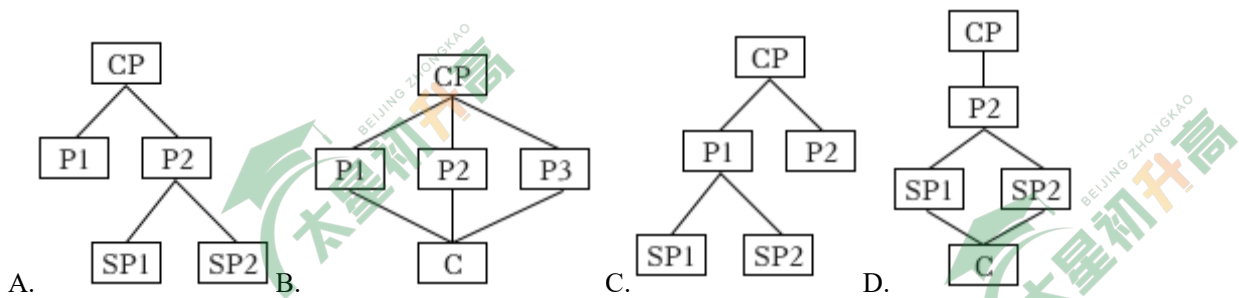
- A. small
- B. great
- C. normal
- D. special

(3) The writer probably agrees that _____.

- A. Unlike men, women like to look into the mirror.
- B. All social network non-users enjoy an unstressful life.
- C. It's unnecessary to follow the image standard of models.
- D. Few people compare their own appearance with a model.

(4) Which of the following shows the structure of the passage?

(CP: central point 中心观点; P: point 观点; SP: sub-point 次观点; C: conclusion 结论)



九、阅读短文，根据短文内容回答问题。(共 10 分)

21. (10 分) Nowadays, energy drinks have become so popular that some children even choose to have an energy drink for breakfast rather than a piece of bread.

What Are Energy Drinks?



There is no clear definition (定义) of what makes an energy drink, but it is usually taken that anything non-alcoholic (无酒精的) with more than 150 mg of caffeine (咖啡因) per litre is an energy drink. The first kind of energy drinks first appeared in 1927. Its purpose was to help the sick to get better by regaining lost energy. Now there are lots of energy drinks on the market, all claiming (宣称) to help increase energy levels and help with our performance.

What's in Energy Drinks?

Besides the caffeine, energy drinks also contain water and sugar. Some also contain salts and amino acids (氨基酸).



What Are the Health Problems?

The problems focus on the two main ingredients of energy drinks, caffeine and sugar. Too much caffeine for children makes teachers worried because caffeine can lead to an inability to sleep so that it's difficult for students to focus in class.

Too much sugar can also cause health problems including obesity, tooth decay and Type 2 diabetes (糖尿病). So as with caffeine, if children are drinking energy drinks and taking in sugar in foods and other drinks, then it would be easy to overeat the daily amount (量) of sugar. We also need to be careful about what is called free sugars. The proper amount of free sugar that a child should have is 19 grams per day for those aged 4 - 6 and 24 grams for those aged 7 - 10.

Selling Energy Drinks to Children

There are nowadays voluntary bans (禁止) for shops not to sell energy drinks to children under 16, but there are calls to make this illegal (非法的). Some schools have already banned children from bringing these drinks into school.

- (1) What is the purpose of the first kind of energy drinks?
- (2) Why are teachers worried about too much caffeine in energy drinks?
- (3) What is the proper amount of free sugar for an 8 - year - old child?
- (4) Will you recommend (推荐) an energy drink to your best friend? Why or why not? (Give at least two reasons)

十、文段表达 (共 10 分) 从下面两个题目中任选一题, 根据中文和英文提示, 完成一篇文段写作。

22. (10 分) 假如你是李华, 你校正在筹备"白鸽在行动 (The White Dove Helps)"志愿者活动, 作为活动负责人, 请根据以下提示写一篇宣传稿, 告诉大家作为一名中学生可以参加什么样的志愿者活动, 以及做志愿者工作给我们带来的好处。

要求: 文中已给出内容不计入总词数。所给提示词语仅供选用。请不要写出你的校名和姓名。不少于 50 词。

提示词语: clean, cheer up, satisfaction, make a difference

提示问题:

1. What volunteer job can you do?
2. What are the benefits of being a volunteer?

Welcome to take part in our volunteer activity—The White Dove Helps.

23. 沟通是心灵的桥梁, 合理有效的沟通可以增进人与人之间的感情。青少年在与他人沟通方面存在着或



多或少的的问题，某英文网站正在开展以"有效沟通（effective communication）"为主题的征文活动。请你写一篇英文短文投稿，谈谈有效沟通的重要性，并就如何进行有效沟通给出一些可行的建议。

要求：文中已给出内容不计入总词数。所给提示词语仅供选用。请不要写出你的校名和姓名。不少于50词。

提示词语：improve, relationship, listen to, respect, express

提示问题：

1. Why is it important to communicate effectively?
2. What's your advice for effective communication?

For teenagers, it's important to communicate effectively with others. _____

参考答案



五、单项填空（共 9 分，每小题 1.5 分）从下面各题所给的 A、B、C、D 四个选项中，选择可以填入空白处的最佳选项。

9. 【解答】with 和，on 在……上面，or 或者，of……的，表示所属关系，根据后面 you 可知此处指的是"你怎么了？"固定句型："What's the matter with sb.某人怎么了？"

故选：A。

10. 【解答】you 你/你们，人称代词主格/宾格；her 她/她的，人称代词宾格/形容词性物主代词；him 他，人称代词宾格；them 他们，人称代词宾格。分析句子可知，cheer up 使振奋起来，是动副短语，宾语为代词时，要放在两词之间，根据"Maybe you could go to visit the sick kids in the hospital 也许你可以去医院看望生病的孩子，"可知，此处指代"the sick kids 生病的孩子"，应使用 them 代替。

故选：D。

11. 【解答】A.walked 一般过去时；B.were walking 过去进行时；C.walk 一般现在时；D.will walk 一般将来时。根据 when the earthquake happened last week（上周地震发生时），表示过去某个时间点，可知主语动作正在此时发生，主句要使用过去进行时"was/were +动词的 ing 形式"，主语为 we（我们），是复数主语，故 be 动词使用 were。

故选：B。

12. 【解答】need 需要；should 应该；could 能，会，是 can 的过去式，表示委婉语气；must 必须。结构"Could you do sth."表示委婉的请求，其肯定回答用 can。

故选：C。

13. 【解答】A.upset 沮丧的；B.excited 兴奋的；C.angry 生气的；D.nervous 紧张的。根据 the good news（好消息）可知，这些学生们听到的是一个好消息，故推测他们听到这个消息时是很兴奋的。

故选：B。

14. 【解答】Why are you so worried? 你为什么这么担心；I'm glad to hear that!听到这个我很高兴！；Do you feel better now? 你现在感觉好多了吗；Maybe you can listen to some music.也许你可以听一些音乐。根据 Alice, I need your help!I feel stressed out."爱丽丝，我需要你的帮助！我感到压力很大"可知，此处是"也许你可以听一些音乐"。

故选：D。

六、选词填空（共 4 分，每小题 4 分）阅读下面的短文，从方框中选择适当的单词并用其正确形式填空，其中有两项为多余选项。

15. 【解答】（1）考查名词。句意：根据美国对 1000 多名学生的调查，超过 89%的学生使用 ChatGPT 来帮助完成作业。根据 help with（帮助做某事），可知是指超过 89%的学生使用 ChatGPT 来帮助完成作业。schoolwork 是不可数名词。故填：schoolwork。

（2）考查名词。句意：你可以让它写故事和电子邮件，翻译语言和回答各种问题。根据 translate languages and answer all kinds of questions（翻译语言，回答各种问题），可推出此处是指写故事。and 后是名词复数形式 emails，所以空缺处也是名词复数形式。故填：stories。



(3) 考查形容词。句意：例如，该工具使学生在家庭作业中作弊比以前更容易。根据 for students to cheat on homework (学生在作业上作弊)，可知是指该工具使学生在家庭作业中作弊比以前更容易。由 than 可知是比较级。故填：easier。

(4) 考查形容词。句意：这样，我们可以拥有使用该工具的诚实的学生。根据 students with the use of the tool (使用该工具的学生)，可知是指使用该工具的诚实的学生。故填：honest。

七、完形填空 (共12分，每小题1.5分) 阅读下面的短文，掌握其大意，然后从短文后各题所给的 A、B、C、D 四个选项中，选择最佳选项。

16. 【解答】(1) 考查形容词。句意：事实上，日常生活中有太多的事情让我们一直很忙碌。A.忙碌的；B.容易的；C.生气的；D.快乐的。根据 We find ourselves with less and less time to spend with our families and friends (我们发现自己和家人朋友一起度过的时间越来越少)，可知我们一直很忙碌。故选 A。

(2) 考查名词。句意：我自己有同样的经历。A.决定；B.重要性；C.经历；D.旅程。根据 But as I grew up, I gradually became "selfish" (但当我长大后，我逐渐变得"自私")可知我有同样的经历，没有时间陪伴家人和朋友。故选 C。

(3) 考查名词。句意：小时候，我经常喜欢呆在爷爷花园里，看花，给果树浇水。A.厨房；B.花园；C.车库；D.房子。根据 watching the flowers and watering the fruit trees (看花，给果树浇水)，可知是在他的花园里。故选 B。

(4) 考查形容词。句意：由于我们坐错了车，结果迷路了，找不到回去的路，我无法保持冷静，当着他的面粗鲁地大喊。A.紧张的；B.醒着的；C.强壮的；D.冷静的。根据 shouted rudely (粗鲁地大喊)，可知我无法保持冷静。故选 D。

(5) 考查动词。句意：现在，我意识到我当时有多荒唐。A.意味着；B.讨厌；C.意识到；D.解释。根据下一句 I also realize ... (我也意识到.....)，可知此处是指我意识到当时有多荒唐。故选 C。

(6) 考查形容词。句意：当我最终承认我错了的时候，我也意识到为时已晚。A.早的；B.晚的；C.愚蠢的；D.聪明的。根据 my grandfather had left us forever (我的祖父已经永远离开了我们)，可知我意识到为时已晚。故选 B。

(7) 考查名词。句意：当我真的想表达我的遗憾时，我的祖父已经永远离开了我们，让我再也没有机会为自己的错误道歉了。A.错误；B.善良；C.未来；D.发展。根据 apologize for ____ (为我的____道歉)，可知是为我的错误道歉。故选 A。

(8) 考查动词。句意：所以充分利用和所爱的人在一起的每一秒，因为时间不等人。A.跟随；B.接受；C.滴落；D.制造。根据 because time keeps going, waiting for no one (因为时间不等人)，可知要充分利用每一秒，make the most of 充分利用，固定短语。故选 D。

八、阅读理解 (每小题6分) 阅读下列短文，根据短文内容，从短文后各题所给的 A、B、C、D 四个选项中，选择最佳选项。

17. 【解答】推理判断题。

(1) 根据 Bob is kind and is able to lift heavy boxes. (鲍勃很善良，能举起重箱子。)可知说的是可以举起重箱子，结合选项，应说"移动书店帮助司机找到去图书馆的路。你工作的卡车有空调，司机很和蔼。"



申请人必须能举起重箱子。工作时间：周五及周日上午 9:00 至下午 4:00。"故选 C。

(2) 根据 *Maria is good at working on library data system.* (玛丽亚擅长图书馆数据系统的工作。) 可知说的是图书馆数据系统的工作, 结合选项, 应说"读者服务台在为客人办理资料登记和出借时面带微笑。我们需要友好的态度和能力, 在图书馆数据系统工作。工作时间: 周一至周二上午 8:00 - 下午 4:00。"故选 D。

(3) 根据 *Sam can only work on Friday afternoon and he wants to earn at least \$ 10 an hour.* (萨姆只能在星期五下午工作, 他希望每小时至少挣 10 美元。) 可知说的是周五下午工作, 每小时至少 10 美元, 结合选项, 应说"图书剧场将儿童图书故事带入生活。在阳光区有不同的节目。申请人可以享受表演和与幼儿一起工作。工作时间: 周五下午 4:00 - 6:00; 工资: 16 美元/小时。"故选 A。

18. 【解答】(1) 细节理解题。根据第三段 "Oh, "I thought, "I was the one who broke the window."It was caused by a naughty throw of a baseball.If I admitted guilt, I would be in a lot of trouble.How would I be able to pay for a big window like that? I didn't even get my pocket money."My father is going to be mad, "I thought.I didn't want to raise my hand, but something much stronger pulled it to the sky. ("哦, "我想, "是我打碎了窗户。"这是由一个顽皮的棒球投掷引起的。如果我承认有罪(过失), 我会有很多麻烦的。我怎么能支付这样一个大窗口的费用我甚至连零花钱都没拿到。"我父亲会生气的, "我想。我不想举手, 但有更强大的东西把它拉到了天空。) 可知他认真思考自己应该做什么。故选 D。

(2) 细节理解题。根据第四段 "I know how much you like birds, "she said as she looked down at my guilty face."Here is that field guide about birds that you are always looking for.It is yours now. ("我知道你有多喜欢鸟, "她低头看着我那张内疚的脸说道。"这是你一直在寻找的关于鸟类的野外指南。现在是你的了。") 可知令他惊讶的是, 这个男孩有一个鸟类野外指南。故选 A。

(3) 推理判断题。根据倒数第三段 *You will not be punished as long as you remember that I am not rewarding you for your mistake, but for your honesty.* (只要你记得我不是因为你的错误而奖励你, 而是因为你的诚实, 你就不会受到惩罚。) 可知这个男孩的老师教他诚实是最重要的。故选 B。

19. 【解答】(1) 推理判断题。根据第一段 *If you ever have the desire to sing in the shower, in the car, maybe at your neighbor's karaoke night - - you should accept it whole - heartedly.This ancient art not only makes you feel good, it can also improve your health, reduce your feelings of pain, and even enrich your life.* (如果你想在淋浴时、车里或邻居的卡拉 OK 之夜唱歌, 你应该全心全意地接受。这种古老的艺术不仅能让你感觉良好, 还能改善你的健康, 减轻你的痛苦, 甚至丰富你的生活。) 可知, 第一段中, 作者引出唱歌很重要的话题。故选 D。

(2) 细节理解题。根据第四段 *Clearly, the arts groups reported thirty fewer doctors' visits, fewer eyesight problems, less depression, and less need to see doctors.* (很明显, 艺术团体报告说, 医生就诊次数减少了 30 次, 视力问题减少了, 抑郁症减少了, 看医生的需求也减少了。) 第五段 *Even lead researcher Dr.Gene Cohen from George Washington University, was surprised at how big an effect the elder's arts participation had on their health.Cohen said, there was so much improvement in many areas.The elder also noticed health*



improvements and they reported feeling better both in daily life and while singing. (就连乔治华盛顿大学的首席研究员吉恩·科恩博士也对老年人的艺术参与对他们的健康产生的巨大影响感到惊讶。科恩说,在许多方面都有了很大的改善。老年人也注意到了健康状况的改善,他们报告说,无论是在日常生活中还是在唱歌时,都感觉好多了。)可知,科恩对研究结果感到惊讶是因为人们在艺术团体中的健康状况有了很大改善。故选 C。

(3) 标题归纳题。根据第一段 If you ever have the desire to sing in the shower, in the car, maybe at your neighbor's karaoke night - - you should accept it whole - heartedly. This ancient art not only makes you feel good, it can also improve your health, reduce your feelings of pain, and even enrich your life. (如果你想在淋浴时、车里或邻居的卡拉 OK 之夜唱歌,你应该全心全意地接受。这种古老的艺术不仅能让你感觉良好,还能改善你的健康,减轻你的痛苦,甚至丰富你的生活。)结合全文内容可知,主要讲述的是唱歌的好处,特别是对老年人改善身体健康很有帮助。可知,本文的标题应为"唱歌如何改善你的健康"。故选 D。

20. 【解答】(1) 细节理解题。根据第二段 The first problem comes from one's dissatisfaction with the appearance. It can bring dangerous behaviors like dieting, which result in eating disorders like anorexia nervosa. Eating disorders have seen a dramatic increase following the rise of social media, 119% increase according to recent research. (第一个问题来自于对外表的不满。它会带来节食等危险行为,从而导致神经性厌食症等饮食障碍。随着社交媒体的兴起,饮食障碍急剧增加,根据最近的研究,增加了 119%。)以及第四段 In addition, social media causes stress. (此外,社交媒体会造成压力。)可知,根据这篇文章,社交媒体可能会导致饮食失调和压力等问题。故选 C。

(2) 词义猜测题。根据第二段 Eating disorders have seen a dramatic increase following the rise of social media, 119% increase according to recent research. (最近的研究显示,随着社交媒体的兴起,饮食失调急剧增加,增加了 119%。)可知, dramatic 是大量的意思,与 great 意思相同。故选 B。

(3) 细节理解题。根据第一段 However, you don't need to imagine this situation, because this is a painful truth for millions of people. On the media one can quickly see the ideal body, the ideal face, and the ideal person. The development of unrealistic beauty on social media causes many problems for millions of people. (然而,你不需要想象这种情况,因为这对数百万人来说是一个痛苦的事实。在媒体上,人们可以很快看到理想的身体、理想的面孔和理想的人。社交媒体上不切实际的美的发展给数百万人带来了许多问题。)可知,作者可能同意没有必要遵循模特的形象标准。故选 C。

(4) 篇章结构题。根据第一段 The development of unrealistic beauty on social media causes many problems for millions of people. (社交媒体上不切实际的美的发展给数百万人带来了许多问题。)可知,第一段主要讲述了社交媒体上不切实际的美给数百万人带来了许多问题。第二段 The first problem comes from one's dissatisfaction with the appearance. (第一个问题来自于对外表的不满。) 第三段 Not only can social media become a support - system for unhealthy behaviors, but an article written by Rachel Simmons, a Time magazine writer, suggests that people who spend more time online tend to connect their self - worth to their looks, 50% of women wanted to lose weight. (社交媒体不仅可以成为不健康行为的支持系统,而且《时代》杂志作家 Rachel Simmons 撰写的一篇文章表明,花更多时间上网的人往往会将自我价值与外表联系



起来, 50%的女性希望减肥。) 第四段 In addition, social media causes stress. (此外, 社交媒体会造成压力。) 可知, 第二、三、四段主要讲述了社交媒体带来的具体问题。以及第五段 This time, you realize it is not you who are the problem. The problem is the unhealthy and unrealistic standards that social media encourages. (这一次, 你意识到问题不在你, 而是社交媒体鼓励的不健康和不切实际的标准。) 可知, 第五段主要讲述的是人们意识到社交媒体的问题。可知, 本文的结构应如 B 项所示。故选 B。

九、阅读短文, 根据短文内容回答问题。(共 10 分)

21. 【解答】(1) 细节理解题。根据第三段 The first kind of energy drinks first appeared in 1927. Its purpose was to help the sick to get better by regaining lost energy. (第一种能量饮料最早出现在 1927 年。它的目的是通过恢复失去的能量来帮助病人好转。) 可知, 第一种能量饮料的目的是通过恢复失去的能量来帮助病人好转。故填 Its purpose was to help the sick to get better by regaining lost energy.

(2) 细节理解题。根据第七段 Too much caffeine for children makes teachers worried because caffeine can lead to an inability to sleep so that it's difficult for students to focus in class. (孩子摄入过多的咖啡因会让老师担心, 因为咖啡因会导致无法入睡, 学生很难在课堂上集中注意力。) 可知, 老师们担心能量饮料中的咖啡因含量过高, 是因为咖啡因会导致无法入睡, 学生很难在课堂上集中注意力。故填 Because caffeine can lead to an inability to sleep so that it's difficult for students to focus in class.

(3) 细节理解题。根据第八段 We also need to be careful about what is called free sugars. The proper amount of free sugar that a child should have is 19 grams per day for those aged 4 - 6 and 24 grams for those aged 7 - 10. (我们还需要小心所谓的游离糖。4 - 6 岁的孩子每天应该摄入 19 克游离糖, 7 - 10 岁的孩子应该摄入 24 克游离糖。) 可知, 对于一个 8 岁的孩子来说, 适量的游离糖是 24 克。故填 24 grams.

(4) 主观表达题。根据题干 Will you recommend an energy drink to your best friend? Why or why not? (你会向你最好的朋友推荐一杯能量饮料吗? 为什么或者为什么不呢?) 可以回答: 不会。因为能量饮料中含有过多的咖啡因和糖, 这对人们的身体是不健康的。故填 No. Because energy drinks contain too much caffeine and sugar, which are unhealthy for people's bodies.

十、文段表达 (共 10 分) 从下面两个题目中任选一题, 根据中文和英文提示, 完成一篇文段写作。

22. 【解答】 Welcome to take part in our volunteer activity—The White Dove Helps.

We can achieve happiness by helping others. For example, we can help the elderly cross the road. 【高分句型一】 We can also go to the street to clean up. We can also visit the elderly at the nursing home. (能做什么) By doing volunteer activities, we can not only help others, but also allow ourselves to experience the joy of helping others. 【高分句型二】 (好处)

23. 【解答】 For teenagers, it's important to communicate effectively with others. In our daily lives, we have to communicate with friends, teachers, parents, and strangers to maintain relationships. How can we improve our communication skills?

First of all, we should be ready to communicate with others, which can help us to have a better understanding of others. 【高分句型一】 Secondly, we need to listen carefully to show our respect for them. Thirdly, we should learn to be a good listener so that others want to share their ideas with us. 【高分句型二】 Finally, we need to express our ideas clearly. (如何有效地沟通)

As we all know, good communication is the foundation of good cooperation. So we should learn to communicate effectively to achieve our goals.

