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北京一零一中 2023-2024 学年度第二学期初三练习

英语

2024.03

第一部分

		ᅏᄜᄱ		
本部分共33	3 题,共40 分。	主每题列出的四个	选项中,选出最符合题目要求	於的一项。
一、单项填空	(毎题 0.5 分, ま	も6分)		
从下面各题	所给的 A、B、	C、D 四个选项中	¹ ,选择可以填入空白处的最	佳选项。
1. They're shoes	with lights and y	you can use	for seeing in the dark w	hen
you get up at	night.			
A. it	B. its	C. them	D. their	
2. China's Natio	nal Day is	October 1 st .		
A. in	B. on	C. at	D. by	
3. Teenagers sho	ould exercise ever	ry day,	they may get sick easily.	
A. so	B. and	C. or	D. but	

C. How soon

D. How often

4. --- does it take you to get to school?

--- About 30 minutes.

A. How long B. How far

5. --- Whose basketball is this?--- It be Kevin's. He loves basketball.

A. may B. can C. must D. would

6. Although America's NBA games are ______ in the world, the CBA games are

becoming more popular in China.

A. famous B. more famous

C. most famous D. the most famous

7. --- How was your winter holiday?

--- Great! I ______ to many places of interest with my parents.

A. go B. will go C. went D. am going

8. Peter saw Mike in the school library. He _____ for his English test at that time.

A. prepares B. will prepare C. is preparing D. was preparing

9. I still remember my first Chinese teacher though we ______ each other since I was 10 years old.

A. don't see B. didn't see C. haven't seen D. won't see

10. The mall opens at 10:00 in the morning and at 10:00 in the evening.

A. closed B. closes C. is closing D. will close

11. Now, ChatGPT ______ by more and more people, because it is convenient.

A. accepts B. is accepted C. accepted D. was accepted.

12. --- Do you know _____? --- Next Thursday and Friday.

A. when the sports meeting began B. when did the sports meeting begin

C. when the sports meeting will begin D. when will the sports meeting begin

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完形填空(每题1分,共8分)

阅读下面的短文,掌握其大意,然后从短文后各题所给的A、B、C、D四个选项 中,选择最佳选项。

A Swimming Athlete

When I told her of my desire to quit swimming, she suddenly pushed my	15 of	f
her lap, sat me a straight up facing her and said, "Baby, remember these word	s! A quitter neve	r
wins and a16 never quits. Your grandmother didn't raise losers or	quitters. You go	o
to that swim meet tomorrow, and you swim like you are a grandchild of		
mine, you hear?"	speeda	
I was too 17 to say anything but, "Yes, ma'am."	\/	

The next day I arrived at the swim meet, and as I got on the board, I noticed the other girls with their Speedo suits were here to do one thing -18

Speedo suit

The competition began and I was swimming 19 than before. I noticed I was tied (打成平局) with one person. I thought we were battling for the eighth place to finish dead last, so I added more kick on the last two hundred meters. I hit the wall and looked to the left and to the right for the swimmers who had beaten me. But no one was there. That day, at age fifteen, I broke the national 16-year-old 400-freestyle record.

Back at Grandma's, I laid my head on her lap and told her about our great race.

根据短文内容选择最佳答案。

13. A. kept	B. forgot	C. enjoyed	D. stopped
14. A. hide	B. bring	C. break	D. report
15. A. arm	B. head	C. hand	D. body
16. A. swimmer	B. loser	C. winner	D. fighter
17. A. excited	B. worried	C. pleased	D. afraid
18. A. help	B. believe	C. watch	D. beat
19. A. harder	B. longer	C. slower	D. better
20. A. allowed	B. refused	C. wanted	D. followed

三、阅读理解(每题2分,共26分)

(一)阅读下列介绍,请根据人物情况,匹配适合他们的小贴士,并将小贴士对应 的A、B、C、D选项填在相应位置上。选项中有一项为多余选项。

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How to be happy?

It's true that your happiness is partly affected by your genes. But even if you are not usually a happy person, you can change that. According to experts, happiness is a choice. It is something that you can develop with consistent practice. Following these tips can help you find happiness.

- **A.** Be kind to yourself and practice accepting yourself. Don't compare yourself to others. Everyone has different talents and abilities. It's OK that you're not like someone else. Comparison has been called "the thief of joy."
- **B.** Take breaks from social media. The Internet is full of people who look beautiful and seem to lead exciting lives. Yet much of what appears on social media is not real. Many people compare themselves to those images, resulting in feelings of discouragement.
- C. Improve your relationships with others. Spend time with people you love and that love you. Have fun with those who support you during difficult times and celebrate with you during good times. Don't be passive and shy.
- **D. Get outside.** Nature helps to reduce stress. Go to a park nearby and exercise in the forest. People who get up and move tend to be happier than those who don't. Just going on a walk can make a difference.

Match the people with the suggestions:

- 21. Cathy is crazy about social media. She admires the beautiful people and their exciting lives. She thinks she is ugly and fat, and she is tired of her boring life. She should follow Tip
- 22. Bob feels stressed out because he studies at home all the time. He does not like doing outdoor sports. He should follow Tip .
- 23. Linda always compares herself with the top students in her class. She feels that she doesn't have any talents and can't get good grades like them. She should follow Tip .
- (二)阅读下列短文,根据短文内容,从短文后各题所给的 $A \times B \times C \times D$ 四个选项中,选择最佳选项。

B

"Another bad day at school?" my father asked as I came into the room.

"How could you tell? I didn't shut the door heavily or anything," I replied. Over the past two months I had either done this or thrown my backpack across the room every time I came home from school. Papa thinks it has something to do with moving to a new house.

"I know this move has been hard on you. Leaving your friends and cousins behind is tough," Papa said, as he put his arm around my shoulder. "What you must remember is that, with a lot of hard work and some time, you will make new friends."

"You don't know how hard it is. This year my baseball team would have won the championship. They won't even give me a chance to pitch (投球) here. All I get to play is right field, and that's the worst!"

Papa turned toward me. "Things will get better, I promise you. Let me ask you, do you



know why you were named David Lorenzo?"

- "Yes, your name is David and grandfather's name is Lorenzo."
- "Very good, and what makes your grandfather so important?"
- "He was the first in the family to come to this country and all that," I answered.

"That is only partly correct. Your grandfather was a very great man. In Mexico, he had been a teacher. When he came to America he could only get low-paid labor jobs because he didn't speak the language. It took him two years before he spoke English well enough to be allowed to teach here, but he did it. He never complained because he knew change could be difficult. Did he ever tell you that?" my father asked.

I looked down at my feet, ashamed at my behavior. "No. That must have been hard," I said sheepishly.

"Your grandfather taught me that if you let people see your talent, they will accept you for who you are. I want you to always remember what my father taught me, even if it takes a few years for people to see who you are," said Papa.

All I could say was, "Okay." Then I asked, "What should I do now?"

Laughing, Papa said, "How about you pitch a few to me? You need some work."

- 24. Why was the author unhappy that day?
 - A. Because he moved to a new country.
 - B. Because his baseball team lost the game.
 - C. Because he wasn't offered a chance to pitch.
 - D. Because he quarreled with his friends at school.
- 25. The father successfully changed his son's mood by
 - A. asking him to train harder
- B. playing baseball with him
- C. telling his grandfather's story
- D. introducing him some new friends
- 26. What can we infer about the author?
 - A. He thinks his father lives in the past.
 - B. He'd rather live with his grandfather.
 - C. He will continue to dislike school and everything.
 - D. He will try his best to adapt to the new environment.

C

Much of my work as a coach includes helping people make an important decision, such as "If I'm at a crossroads in my career, which path should I follow?" "If I'm considering offers, which one should I accept?"

Difficult decisions like these remind me of a comment made by Scott McNealy, CEO of Sun Microsystems for years during a lecture while I was in a business school at Stanford. He was asked how he made decisions and responded, "It's important to make good decisions. But I spend much less time and energy worrying about making the right decision and much more time and energy ensuring that any decision I make turns out right."

In fact, before we make any decisions, particularly those difficult ones, we're anxious to focus on identifying the "best" option because of the risk of being "wrong". But a side effect

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of that mindset (观念模式) is that we pay too much attention to the moment of choice and lose sight of everything that follows. It's what happens next that finally determines whether a given decision was "right".

Another aspect of this mindset is that our focus on making the "right" decision can easily lead to paralysis (麻痹), because the options we're choosing among are so difficult to rank in the first place. How can we definitively determine in advance what career path will be "the best", or what job offer we should accept? Obviously, we can't.

Focusing on the effort after our decision not only helps us succeed, but also reminds us that we play a role in every outcome. Our control should be in our day-to- day activities rather than in our one-time decision.

- 27. Which of the following about Scott McNealy is TRUE?
 - A. He doesn't think making good decisions is very important for him.
 - B. He tries his best to make his decision turn out right in the end.
 - C. He never cares about whether his decision is good or not.
 - D. He only focuses on the process rather than the outcome.
- 28. Most people feel anxious when making an important decision because they . . .
 - A. worry about the undesired result it may bring about
 - B. can't find a good coach to give them advice
 - C. have no idea of what to expect.
 - D. don't know what to do next
- 29. What is the text mainly about?
 - A. Believe in yourself and choose what you want.
 - B. Stop worrying about making the right decision.
 - C. Making the right decision is very important.
 - D. Never help others make the right decision.

D

The Stanford marshmallow (棉花糖) test was originally done by psychologist Walter Mischel in the late 1960s. Children aged four to six at a nursery school were placed in a room. A single sugary treat (甜食), selected by the child, was placed on a table. Each child was told if they waited for 15 minutes before eating the treat, they would be given a second treat. Then they were left alone in the room. Follow-up studies with the children later in life showed a connection between an ability to wait long enough to get a second treat and various forms of success.

As adults, in fact, we face "the marshmallow test" every day. We're not tempted (诱惑) by sugary treats, but by our computers, phones, and tablets — all the devices that connect us to the global delivery system for various types of information that do to us what marshmallows do to preschoolers.

We are tempted by sugary treats because our ancestors lived in a calorie-poor world, and our brains developed an ability to respond to these treats that reflected their value — a feeling of reward and satisfaction. But as we've reshaped the world around us, greatly reducing the

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cost and effort involved in getting calories, we still have the same brains we had thousands of years ago, and this mismatch is at the heart of why so many of us struggle to resist (抑制) tempting foods that we know we shouldn't eat.

A similar process is at work in our response to information. Our formative (发展的) environment as a species was information-poor, so our brains developed a system that **prized** new information. But global connectivity has greatly changed our information environment. We are now constantly bombarded (轰炸) with new information. Therefore, just as we need to be more thoughtful about our intake of calories, we also need to be more thoughtful about our intake of information, and refuse to accept the temptation of the mental "junk food" in order to manage our time most effectively.

manage our time n	lost circuivery.		
30. According to p	aragraph 3, there is a n	nismatch betwe	en
A. the calorie-po	oor world and our own	desire for food	
B. the shortage of	of sugar and our nutriti	onal needs	
C. the world wit	h rich food and our und	changed brains	
D. the attractive	foods and our efforts t	o keep fit	
31. The word " pri	zed" in Paragraph 4 pro	obably means "	,,,,,
A. valued	B. got	C. gave	D. processed
32. What does the	author suggest readers	do?	
A. Use diverse i	nformation sources.	B. Be selecti	ve information consumers.
C. Absorb new i	nformation readily.	D. Protect th	e information environment.
33. Which of the fo	ollowing is the best title	e for the text?	
A. The Later, the	e Better	B. The Sad T	Fruth about Early Humans

第二部分

D. The Marshmallow Test for Adults

本部分共5题,共20分。根据题目要求,完成相应任务。

四、阅读表达(第 34-36 每题 2 分,第 37 题 4 分,共 10 分)

阅读短文,根据短文内容回答问题。

C. Eat Less, Read More

On August 24, 17-year-old Mack Rutherford landed his microlight airplane safely back in Bulgaria, completing a five-month effort to fly around the world. He has now set the record as the youngest person to fly around the world alone.

Mack's flight began in Bulgaria, where he took off on March 23. He was 16 at the time, but celebrated his birthday during his trip around the world.

He flew in a small, two-seater microlight airplane, able to fly at speeds of about 186 mph (300 kph). One of the plane's seats was replaced with an extra gas tank (油箱), which allowed Mack to cover longer distances. The plane also had satellite communications that let Mack stay in touch with people on the ground.

Mack's route took him over Europe, Africa, Asia, and North America. He visited 30 countries in all, covered 33,630 miles.

Though Mack expected his trip to take two to three months, he had to change his ideas. In some places, he had to wait long for getting permission to fly. Other problems required major

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changes to his flight plan.

Mack also faced lots of other challenges, many of them related to extreme weather. In Sudan, Mack had to deal with sandstorms. He had to fly through heavy rain in India, and ended up with water in his gas tanks.

He said crossing the Pacific Ocean was the most difficult part of the trip. After a 10-hour flight from Japan, he had to land — just as it was getting dark — on an island with no one else on it. He spent the night in the open air.

In spite of all the difficult times, Mack described the trip as "amazing".

Now Mack has set the record for the youngest person to fly around the world alone, beating 18-year-old English pilot, Travis Ludlow, who set the record last year.

Mack says he hopes his trip will show young people they can make a difference. "You don't need to be 18 to do something special. Just follow your dreams and they will eventually come true," he said.

34.	How long did it take Mack to fly around the world?
35.	How did Mack stay in touch with people on the ground?
36.	What did many of Mack's other challenges relate to?
37.	Do you think Mack is a role model for young people? Why or why not? (Give at least two reasons)

五、文段表达(10分)

38. 从下面两个题目中任选一题,根据中文和英文提示,完成一篇不少于 50 词的文段写作。文中已给出内容不计入总词数。所给提示词语仅供选用。请不要写出你的真实校名和姓名。

题目①

假如你是李华,你们学校准备组织参观首都博物馆(the Capital Museum)的活动。 你打算邀请交换生 Peter 参加。请用英语写一封信,告诉他集合的时间和地点、参观内 容、以及在博物馆需要遵守的规则。

提示词语: local culture, traditional art, keep quiet, wait in line

提示问题: 1. When and where are you going to meet?

- 2. What are you going to see and do during the visit?
- 3. What rules should you follow in the museum?

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Dear Peter,
How is it going? I am writing to invite you to visit the Capital Museum with my
class.
I'm looking forward to your early reply.
Yours,
Li Hua
题目②
生活充满不确定性,每个人在成长过程中都会遇到各种各样的问题,如何正确面对解决这些问题,是我们成长的必修课。
校报正在开展以"成长"为主题的征文活动。假如你是李华,请用英文写一篇短文
谈谈你在生活中曾经遇到的一个问题,你是如何面对并解决这个问题的,以及这次经
给你带来的收获。
提示词语: fail, upset, turn to for help, grow
提示问题: 1. What was the problem?
2. How did you deal with it?
3. What have you learned from the experience?
Life is full of uncertainties and we may meet various kinds of problems. I'm no exception